

#### **FULL COUNCIL MEETING MINUTES**

Friday, November 15, 2019 10:00 a.m. – 12:00 p.m. 3839 North 3<sup>rd</sup> Street, Suite 306 Phoenix, Arizona 85012

Pursuant to A.R.S. § 38-431.01 (G), the Arizona Developmental Disabilities Planning Council and its standing and ad-hoc committees may obtain public comment if it so desires. A formal call to the public will take place at the end of the meeting. Members of the Board may not discuss items that are not specifically identified on the agenda.

## **COUNCIL MEMBERS PRESENT**

John Black, Chairperson

Melissa Van Hook, Vice Chair

Monica Cooper Michael Coen

Maureen Casey

James Rivera

Jason Snead

Kathy Levandowsky

Wendy Parent-Johnson (Phone)

Kelly Roberts (Phone)

Kathy Levandowsky

George Garcia (Phone)

Matthew Isiogu (Phone)

J.J. Rico (Phone)

Scott Lindbloom (Phone)

## **COUNCIL MEMBERS ABSENT**

Angelina James Meghan Cox

Kristen Mackey Traci Gruenberger

Ray Morris

## **COUNCIL STAFF**

Erica McFadden, Executive Director

Mike Leyva

Julie Whitaker

Marcy Crane,
Lani St. Cyr
Sarah Ruf

## A. Welcome & Introductions

Chair John Black called the meeting to order at 10:04 a.m.

# B. Minutes from Sept. 20, 2019 Meeting

Staff notated that a change was made to Agenda item C, the Fiscal Update from the September meeting, and minutes were amended. Monica Cooper motioned to approve the amended minutes. Jason Snead seconded the motion. Motion carried.

# C. Fiscal/Contract Update

Lani St. Cyr gave an overview of three financial documents. The ADDPC Financial Update showed the Council was able to fully liquidate FY2017 funds and fully obligate FY2018 funds by the September 30, 2019 deadline. There is approximately \$709,000 in FY2018 funds to liquidate by the end of September 2020. There is approximately \$262,200 in FY2019 to obligate by September 2020. The Council has already identified projects for these funds.

The Council is currently operating under a continuing resolution that will run through November 21; however, there is the possibility of another continuing resolution or government shutdown after that date. Also, since the document was created, the Council received its first allotment for FY2020 in the amount of \$203,270. It is unknown what the full award amount will be for the year.

The Council Funded Project document showed the following changes, based on what was voted on during the September meetings:

- 2 Renewal Projects (Southwest Institute for Families- Supported Decision Making and City of Tempe's BEST project)
- 1 project that received additional dollars (ASU's Inclusive Recreation project)
- 4 new projects (NAU/IHD-Post-Secondary Think College, City of Nogales-Inclusive Recreation, Sonoran UCEDD-Job Developer, and Community Options-Meaningful Life Meaningful Love project)

The contract periods for the A.T. Still University conference sponsorship grant, and NAU/IHD's Post-Secondary Think College project were extended.

Finally, the Budget Recommendation document showed items to be funded in the next year with FY2018, FY2019, and FY2020 funds. Workplan items were highlighted to show the availability of funds and the prior approval of the Council. The Transition in Action Clinic has moved from the Employment Goal area to Self-Advocacy and the budgeted amount is less than what is being proposed; depending on the future allotment, there may be 2020 funds available. It was noted the FY2020 amount is an estimate based on level funding.

## D. Executive Order Update

Erica McFadden and Marcella Crane attended a meeting on Nov. 14 with the Governor's Office to discuss reauthorization of the executive order. It was stated that the executive order will be

reauthorized for 10 years. The Governor's Office staff may change the required number of Council members from 23 to 21, though total number of members can exceed that number if needed. When the official authorization is received, staff will reach out to the Council to let them know.

# E. National Association of Councils on Developmental Disabilities (NACDD) Annual Renewal - \$11,865

NACDD is the national organization that represents all state Council's, provides training and technical assistance to the Council's and informs the Council's on federal funding from Congress. Maureen Casey motioned to approve this membership renewal. It was seconded by Jason Snead. Motion carried.

## F. Grant Renewal Update

Two grants were up for renewal that have been previously discussed and approved through Grants and Executive Committee meetings.

1) ADE Preschool Inclusion Classroom Profile: Contract expires on December 19, 2019

Erica McFadden gave an overview of the proposal submitted by the Arizona Department of Education. The profile is an observation tool for classrooms serving children ages 2-5 and used to evaluate the inclusive experience of children with disabilities. It assesses current inclusive practices and establishes a baseline for measuring future progress and can be tailored to the teacher's needs. Prior to this program there was no Arizona initiative to measure inclusive practices in preschool age children with disabilities.

In the first year, there was difficulty in securing trainers and a two-month delay in launching the project due to the timing of the award. However, ADE was able to secure trainers and deliver the inperson face-to-face inclusion classroom profile training to at least 20 educators during a 5-day intensive training workshop in January, during which 5 out of 6 intended school leaders were able to meet the criteria from the Brookes trainers (the only organization approved to provide the training). This took place in 5 different school districts and 25 observations of the preschool children were completed in the second quarter. Also, a survey tool has been used to capture raw data from participants and the data has been analyzed to identify any gaps. In the fourth quarter, ADE will be able to capture additional data on perceptions of inclusiveness and the quality of inclusion based on self-evaluations.

In year two, ADE plans on scaling up these efforts to train more leaders so they can participate in the existing schools that have been identified. The project will be educating on how to: properly code least restrictive environment placement data, use the inclusion classroom profile data to provide guidance to the field through the Early Childhood Task Force on Inclusion and operate cohorts on the

Early Childhood Special Education Itinerant Service Model. They also plan to continue their partnership with First Things First to ensure that programs participating are Quality First programs and are receiving the coaching supports to use the Inclusion Classroom Profile data to make informed decisions. They would like to fund a partial FTE to provide administrative oversight. Finally, ADE wants to host additional ICP training for 25 teachers.

ADE has provided quarterly narrative reports that summarize the first year of the project, to date. The last narrative report will be submitted by the end of January 2020. During the ADDPC Executive Committee meeting, Council members stated that the narrative reports do not state the names of the schools, only the 5 school districts that are participating and approximately 63 preschool youth are participants. The 63 children are broken out by the disability and show the following - 32 have a developmental delay, 30 have a speech language impairment, 4 are preschool severe delay and there no children identified with hearing or visual impairments. During the Executive Committee, ADE representatives were present to address questions and will add the additional information in the final narrative report. For the full Council meeting, ADE representatives were not present and staff clarified, to the best of their knowledge, questions from the Council members.

Despite the updated information shared with Council members, concerns were raised that the types of disabilities being targeted may not include children with orthopedic impairments (OI) and other health impairments (OHI), which some Council members felt should be addressed by this project. In their view, if children with OI and OHI are not included, the project is just supporting children that are already getting special education services. The Council believes this is an important project to fund because children with disabilities should be included from the beginning of their school career and beyond. However, additional and specific data needs to be provided.

The Council agreed that the number of schools and the number of all children impacted must be reported. Also, the project leader needs to clarify whether the First Things First continues to support the project by providing matching dollars.

Maureen Casey motioned to approve the renewal and require ADE to provide the data requested. The motion called for ADE to also state how it's addressing children who have vision, hearing, OHI, OI, Au with a deadline of December 1, 2019 and with a plan for sustainability beyond the second year. The motion was seconded by Melissa Van Hook. James Rivera and George Garcia abstained, John Black voted nay. The motion carried with 11 votes in favor.

2) NAU Autism Plays Project: Contract expires on December 31, 2019
Lani St. Cyr gave an overview of the renewal proposal submitted by Northern Arizona University/Institute for Human Development (NAU/IHD). The purpose of the program is to

implement an evidence-based intervention called teaching PLAY (Play and Language for Autistic Youngsters) for children diagnosed with Autism Spectrum Disorder (ASD). This program is being implemented in 2 school districts on the Navajo Nation (Chinle and Tuba City). The following are some of the outcomes from the first year of the program:

- Established Memorandums of Understanding (MOUs) with the school districts, which will need to be renewed for the second year.
- Recruited 6 children to participate: 5 preschoolers and 1 kindergarten student.
- Held two 90-minute introductory workshops and provided foundational information on teaching PLAY interventions.
- In total, 29 staff have been trained between the two school districts. Most were trained at the second workshop, including 19 classroom staff (7 teachers, 11 teaching assistants, 1 academic coach).
- Hired a Community Liaison—Lorrinda Tom from the Navajo Nation—that supports the participating families.
- Ms. Tom completed summer visits with 4 of 5 families participating in the program and assisted in completing the paperwork and arranging meeting for Social Security Insurance.

The program overcame barriers including a delayed start, opposition to being recorded on video, attrition, and readiness for the teaching PLAY intervention for the kindergarten student. Some of the outcomes include students demonstrating more focused behavior and taking more interest in activities, as well as the staff feeling they have new tools to help with interaction and have noticeably become more verbal with their students.

The second year of the program proposes to continue with the students from the first year as they progress to kindergarten and for the Community Liaison to continue work to find additional resources to benefit families both in-person and online or potentially through a support group.

The second year of this project has been previously approved by Grants and Executive committees. Melissa Van Hook expressed her support for this project. She said the team is trying to set a precedent and improve inclusion over the long term in a traditionally underserved area of the state. Jason Snead motioned to approve the project for a second year. Kathy Levandowsky seconded. Kelly Roberts abstained. The motion carried.

# G. NAU/IHD Inclusive Skiing Project - RFGA

NAU/IHD submitted a proposal through the competitive RFGA for Inclusive Recreation. Their proposal was revised to address the Grants and Executive Committee's concerns with the scope

of the project and overall costs. Submitted to the full Council is an amended proposal requesting \$104,312 for a one year project.

NAU/IHD is partnering with Northern Arizona Adaptive Sports Association (NAASA) to provide opportunities for people with I/DD to participate in adaptive alpine skiing and snowboarding activities. The partnership between NAU/IHD and NAASA offers a unique program design and experience to provide adaptive recreational activities to individuals with I/DD, which will allow them to experience a fun winter sport, gain confidence in learning a new skill, and increase in social and emotional outcomes.

The target number is 100 unique individuals with I/DD to experience adaptive alpine skiing and snowboarding activities during the 2019-2020 ski season in Snowbowl, AZ. The ski season is estimated to be from December through April. Participants will experience rehabilitative, therapeutic and whole life health that adaptive sports opportunities have to offer.

#### NAASA with NAU/IHD will:

- Assess each person with I/DD to determine necessary modifications to assure optimal access to the ski and snowboarding activities.
- Purchase the necessary ski and snowboarding activities; and make any modifications as necessary.
- Recruit to increase the number of Professional Ski Instructors of America certified as adaptive ski instructors in Snowbowl from six to eleven.
- NAU/IHD will evaluate the program and its impact on participants.
- NAU/IHD and NAASA will develop a sustainability plan to support the program long term, and proper storage and usage of the adaptive equipment.
- Post grant, the equipment will be available to individuals with I/DD for 10+ years at no cost, if they do not need a trained instructor.
- NAASA will assume ownership of all the equipment that will be purchased and will keep a
  detailed inventory and equipment will be stored at Snowbowl. Staff from NAASA and
  volunteers will maintain the adaptive equipment, to ensure it can be used for years to
  come.

Increasing adaptive ski instructors is key to making the program run smoothly. NAASA will recruit both locally and statewide. The executive director of NAASA will choose individuals who are most qualified to be adaptive ski instructors, which are then supported to attend training and be certified. Once an adaptive ski instructor has completed this process, they are required to stay at Snowbowl to teach adaptive lessons for the ski school for at least two years. This is an industry standard.

Scott Lindbloom shared there is a similar program at Winter Park where he has skied. However, Jason Snead stated he had been there and that they were not able to accommodate his needs in order to ski. Scott also raised concerns about the City of Flagstaff not paying for this service.

Jason Snead supported the idea that trained instructors in adaptive skiing and he also praised this northern Arizona program as more inclusive and much closer than having to go elsewhere to ski.

In order to comply with the Executive Committee's request to amend their original proposal, the revised proposal now shows a revised, lower budget that includes NAASA's overall budget is less than originally asked. Mr. Davenport's salary has been reduced, as well as the equipment budget. NAASA will inventory all equipment purchased. Sustainability is built in with the trained instructors and the equipment that will be available to the public in perpetuity.

Maureen Casey motioned to approve the NAU Inclusive Ski Project. The motion was seconded by Jason Snead. Kelly Roberts abstained; Scott Lindbloom voted nay. The motion carried with 12 votes.

#### H. Sonoran UCEDD - Transition in Action

Erica McFadden gave an overview of the Transition in Action Clinic proposal submitted by the Sonoran UCEDD. The clinic was developed at the University of South Dakota, Center for Disabilities and provides much needed protocols and tools to facilitate care coordination across systems. The clinic is a day long, multi-disciplinary team experience designed to assess a young adult's current status and future goals in major life areas of health, education, employment, and independent living as they transition to adulthood. The clinic in Arizona would be conducted in Tucson for six youth and families. The Clinic will serve youth between 14 and 21 and their families. It empowers emerging adults with disabilities and/or chronic health care needs by helping them understand their needs and provides a plan to practice decision-making, to grow and learn from real-world opportunities and connections. Both the young adult and family participate in separate and together activities focused on allowing the team to get to know the young adult's strengths, interests and vision for the future. Together with the young adult and family member, the multidisciplinary Clinic team generates a comprehensive plan for transitions that is focused, coordinated and action oriented with specific recommendations for "next steps" as they relate to successful transitions. A Transition Engagement Guide (TEG) will be implemented and a validation study will be completed for the six youth and family members participating. This project was scaled down significantly from \$150,000 to \$49,297 to host one pilot project in Tucson.

Wendy Parent-Johnson provided more information about the project. She noted that Sonoran UCEDD staff would be donating a lot of their time in order to make the project happen. She shared

the Clinic was developed over five years with input from teachers, transition staff, doctors, genetics counselors, and others across the United States. Family input was solicited to identify their needs to navigate the transition to adulthood in the medical, education, and employment spheres.

Council members were curious about whether this effort is coordinated with schools and if it is meant to strengthen self-advocacy skills. Wendy Parent-Johnson explained that the Transition Clinic is separate from individuals' transition planning in school. It focuses on the individuals' dreams and aspirations and can be carried into other planning programs that are completed in the school setting. Council member James Rivera was formerly involved with Arizona Department of Education's ASPIRE program, which focused on transition, and the takeaway from the initiative was that families sometimes feel overwhelmed with too many plans that are siloed from one another. Other councilmembers echoed this concern. Wendy said the difference between the school plans and the Transition Clinic is active follow-up in the Transition Clinic model

Jason Snead motioned to approve the Transition in Action proposal as submitted. Maureen Casey seconded the motion. Wendy Parent-Johnson abstained. The motion carried.

# I. Request for Information (RFI) Update and Contingency Planning Projects

An RFI process was released by Council staff to generate ideas from the community on potential activities for the Council to consider. Erica shared 19 ideas submitted by the public. An evaluation committee reviewed each one. The committee thought a follow up with the foster youth project was needed to determine what was being done now and see what gaps should be moved upon. Staff will coordinate with Wendy Parent-Johnson as she does the transition research to see what opportunities in STEM, CTE programs and apprenticeships are available to students with I/DD. The two opportunities the evaluation committee advanced for consideration were building a self-advocacy coalition and determining what inclusion looks like from the perspective of the self-advocate, which is already planned for the next 5-year state plan. There was a proposal around special education training for foster parents of children with disabilities. Staff connected the person with Raising Special Kids.

Another idea that was shared during the RFI process was providing the Be Safe training in Spanish and disability training for rural police forces. Staff shared info about the upcoming conference and training solicitation. Erica stated a proposed sexual abuse risk screening tool and the assistive technology coordination, which was a good starting point, but may be too big of a project for the Council to tackle. There was an RFI submitted around training businesses about how to include individuals with disabilities. The evaluation committee thought the cost for businesses was too high,

but the idea has potential. Mike Leyva will connect Susan Voirol and Tim Stump with Ted Garland, who submitted the RFI, and plug him into Employment First efforts.

Another RFI that was submitted was a train the trainer model for exercise classes in Lake Havasu City. Council staff could provide technical assistance to help grow the program among people with DD who are adults. It's an important initiative, but not really a grant, Erica said. She asked for ideas on how the leader can connect with community leaders to enhance the program.

These ideas are important in case the Council has to develop a contingency plan in the event that 2020 funding is not fully allocated. If this occurs, the top choice is to fund a second project around collecting data about sex abuse of individuals with disabilities by the Sonoran UCEDD, which was a close second choice when staff put out the sexual abuse research solicitation last year. This solicitation would be different because it would take a bottom up approach, talking to individuals and families about sexual abuse.

# J. Update: Planning for the Next 5 years

The Council 5 Year Plan expires on September 30, 2021. A new 5 year plan is due to the federal Department of Health and Human Services August 15, 2021. Data collection will need to be completed to help set the plan for the next 5 years. After these are identified, the plan will go out for public comment and then any substantial comments will be discussed with the Council before finalizing the state plan. The Executive Committee will start to meet next month to lay out a plan.

#### K. Announcements

Scott Lindbloom stated an emergency management event will be hosted in the community of Taylor on Dec. 13 with cross-county emergency management teams. People are invited to attend the event.

Janna Murrell shared Raising Special Kids will present in Tucson to families about how to talk to your children about sexuality. Forty people have been registered for the training.

Melissa Van Hook hosted a meeting with Southwest Institute for Families, ACDL and the Arc of AZ, with staff from Maricopa County Attorney's Office regarding Supported Decision-Making. The meeting was excellent per Melissa and very MCAO was very engaged.

Kathy Levandowsky stated that her office, Office of Children with Special Health Care Needs, is conducting a needs assessment, done every five years. She is asking Council members to share it with their network

George Garcia reminded the group about the Council-sponsored Supported Decision-Making workshop at Ability360 on November 18, approximately 26 people have signed up.

Erica McFadden had several updates:

- A national group asked the Council to sign on to a letter to the Department of Labor advising not to open up a rulemaking process and keep the current Workforce Innovation and Opportunity Act (WIOA) definitions in place. The ADDPC council members agreed to this and Erica McFadden will be signing on to the petition.
- Erica asked Council members to sign a thank you card to John Eckhardt, a Council member who served for almost 10 years. A plaque was also be given to John.
- Erica also said the Council had participated in several media stories with KJZZ FM, KTAR FM,
  Arizona Capitol Times, and Channel 12 News. The council watched the Channel 12 news
  report which highlighted Jason Snead and the ICI employment report. Council staff also
  attended a breakfast on Wednesday where state Senator Navarrete cited the ICI study to
  justify why students with disabilities need to be included in vocational programs.

Kelly Roberts announced that Tom Uno's position (previous Council member) is available at the Institute of Human Development and posted on the NAU employment website.

John Black thanked the Council and staff for all the work of this year.

### L. Call to the Public

No public members attended the meeting.

## M. Adjourn

Monica Cooper motioned to end the meeting. It was seconded by everyone. All were in favor and the motion carried. The meeting adjourned at 11:55 a.m.

Meeting agendas for the Arizona Developmental Disabilities Planning Council (ADDPC) and its standing committees are subject to change up to 24 hours prior to the meeting. Supporting documentation related to agenda items can be found by on the ADDPC <a href="https://addpc.az.gov">https://addpc.az.gov</a> or by contacting ADDPC at (602) 542-8970.