Collaborative Approach to Better Respond to Sexual Violence of Individuals with I/DD

Selected Applicant: UA Sonoran Center; \$75,000

Background on RFGA:

Since 2018, ADDPC and its statewide network of collaborators have worked to improve awareness of and response to sexual violence against the I/DD population, as well as to identify effective means of preventing incidents of sexual violence from occurring. Still, national and local studies reveal significant gaps that undermine the health and safety of the I/DD population. More must be done to provide a clear understanding of how the state's legislation, regulations, and network of services and support can prevent and respond to sexual violence toward people with I/DD. In addition, more information regarding supportive services must be made available to individuals with I/DD who are actual or potential victims of the epidemic of sexual violence.

As reference to this grant solicitation, the Applicant is encouraged to download and read the report: https://sonorancenter.arizona.edu/research/untold-stories-about-sexual-violence

"Sexual Violence Told Through Lived Experiences of Survivors, Families, and Professionals: The Impact of Sexual Violence on People with I/DD". The report is released by the Sonoran Center for Excellence in Disabilities; Prepared by Lynne Tomasa, PhD, MSW, FAAIDD, from the University of Arizona Department of Family and Community Medicine Sonoran Center for Excellence in Disabilities.

There are four required objectives, developed to be a system change project, and the applicant can be renewed upon successful completion of four key objectives:

- 1. Create a committee that will develop a strategic plan to coordinate a sexual violence awareness campaign. Members should be from a diverse group of stakeholders, to include, but not limited to, self-advocates, family members, Arizona's Protection & Advocacy organization (Disability Rights Arizona), Adult Protective Services, Division of Developmental Disabilities, law enforcement and judicial systems, healthcare (behavioral and physical), educational institutions and IDD advocacy organizations.
- 2. Review existing resources developed by the Arizona Sexual Violence and Disability Network, Arizona Coalition to End Sexual and Domestic Violence (ACESDV), and other entities. Then, create an inventory of updated and new resources that can be adapted for specific audiences. All resources shall be created in plain language and culturally appropriate for the audience, including resources in both English and Spanish.
- 3. Identify and address, at the systems level, at least two policies that need to be developed (new) and/or enhanced to support individuals with I/DD who have been victims of sexual violence. Policies should also address impacts on victims'/survivors' families.
- 4. Engage with policymakers and elected officials to propose new policy changes that will strengthen existing laws for the prevention of abuse and neglect, proper reporting, and investigating allegations of sexual violence toward individuals with I/DD. Legislation need not be enacted by the end of the contract period, but effort must be shown that the Applicant is actively pursuing policy change.

Objective 1:

The Sonoran Center submitted a comprehensive proposal that addressed the four requirements. In year one, they will organize, facilitate, and work closely with the committee to develop a strategic plan. This committee will focus on the development of a sexual violence awareness campaign that can lead to the next step of an action campaign. The committee will review successful and unsuccessful campaigns, take a multi-layered approach, understand the audience targeted, and collaborate with embedded networks and community partnerships.

By November 2024, a 26-member committee will be formed, and members will be selected based on their expertise, experience, and commitment to the cause. The Sonoran Center provided a criteria list to be on the committee, which includes:

- Demonstrated experience or commitment to disability advocacy and/or sexual violence risk reduction.
- Professional or personal background in relevant fields.
- Lived experience as a victim/survivor of abuse, exploitation, and neglect.
- Commitment to diversity, equity, and inclusion principles.
- Ability to contribute time and resources to committee activities. The committee is expected to meet monthly over Zoom.

The committee will be tasked with several responsibilities, to include Campaign Development; Reviewing and Creating New Materials; Community Engagement/Partnerships; and Organizing Events and Activities to share information; and Evaluating Progress. The Sonoran Center staff have been identified in key roles to work with the committee and several working groups and have responsibility for monitoring and documenting all work.

Objective 2:

The Sonoran Center will maintain all resources in a centralized, online repository hosted on their website. This repository will be easily navigable and searchable. They will also incorporate user feedback through online surveys, feedback forms at events, focus groups, and direct outreach to stakeholders. This will allow the identification of common themes, suggestions, and areas for improvement. Materials will also be developed in plain language and are culturally appropriate and understandable. The Sonoran Center will conduct focus groups with target audiences to test the clarity and cultural appropriateness of materials before finalizing them. Employ professional translators and cultural consultants to create resources in Spanish and adapt them to be culturally relevant.

Objective 3:

In Dr. Tomasa's research report, it was clear that the identification, reporting, and response to sexual violence was severely inadequate and there was a lack of information and training on multiple levels. The Sonoran Center's proposal identified two policies.

- 1) Mandatory and optional training for DDD vendors and staff, support coordinators, and IOC committee members, and community organizations.
- 2) AHCCCS and DDD Incident Flowchart Assessment.

The policies were chosen because they represent significant processes that systems use to measure performance. The impact and outcomes for the individuals served may not be clearly defined. The community may not fully understand where gaps and improvements can be made.

Systems and administrators understand what works with their available resources but may not be asking the questions that can lead to improvements. An outside review may be helpful.

Training in foundational principles and skills is necessary for all staff and organizations that provide support to individuals with I/DD and families. Specific competencies need to be identified, tracked, and evaluated. Regular training on broader but related topics is necessary. Training must be engaging and provide opportunities for feedback. Some examples of additional training include how to engage in conversations that build trust, adverse childhood experiences (ACEs), how past and current trauma is expressed behaviorally and verbally.

Objective 4:

As lobbying is prohibited by ADDPC contractors, the primary role that the Sonoran Center can assume is to support the statewide efforts of organizations whose expertise lies in these areas. They include ADDPC, ACESDV, DRAZ, The Arc of Arizona, Southwest Institute for Families and Children, and the Arizona Sexual Violence and Disability Network. They can provide support through researching relevant background information, examining successful strategies and outcomes, and identification of useful resources to support the efforts of these organizations.

Objective 5:

The Sonoran Center identified a fifth objective to ensure expansion and training to students. They will collaborate with academic programs and colleges and universities that train future behavioral health, public health policy, and direct service providers in integrating sexual violence and I/DD into existing curriculum. By partnering with staff and faculty within the University, the Sonoran Center has the potential to reach hundreds of students who can utilize this knowledge in their future careers. This could make a significant impact on the future of how individuals with I/DD are treated, educated, and protected from sexual violence.

The proposal had minor clarifications to respond to. The budget supports the activities, and key staff are experienced in this work. If approved, the project will begin October 1, 2024 – September 30, 2025.

The evaluation committee approved the proposal with the clarification to the ADDPC.

August 27, 2024

To: Marcela Crane, ADDPC

From: Lynne Tomasa Re: RFGA FFY24-SVC-0200

Questions:

1. Objective 4, engaging with policymakers and elected officials. ADDPC funds are prohibited for lobbying. Therefore, how will UA Sonoran Center proceed, who will UA Sonoran Center partner with, if legislation is proposed that will affect the topic/issues that UA will address as proposed?

As mentioned in the proposal, there are other community agencies that have the experience and knowledge about legal processes and the legislative bodies. The Sonoran Center will reach out to and meet with ADDPC, ACESDV, DRAZ, The Arc of Arizona, Southwest Institute for Families and Children, and the Arizona Sexual Violence and Disability Network to seek guidance on lessons learned, identify key personnel and champions, and develop a collaborative plan. A community forum will be established with the listed parties to encourage further discussion and to understand current efforts on topics and issues already being addressed. The goal is to build on the energy and processes in place.

2. Timeline, Activity 5 is left blank. Clarify if additional tasks will be under Activity 5 and update a timeline.

There are no additional tasks under Activity 5. An updated timeline is provided as an attachment.

3. With many potential committee members to join, will standing committees be created to carry out the work responsibilities? If so, how will the work be tracked? Who will have primary responsibility for communicating and documenting the work to ensure work is being completed on schedule.

Standing committees will be created to carry out the work. Each committee will be chaired by one of the following team members: Lynne Tomasa, Celina Urquidez, Barbara Brent, and Lorie Sandaine. Each member will be responsible to communicate and document the work based on an agreed upon template that will be created. All meetings using Zoom and its Al feature will be recorded. Lynne Tomasa will hold regular team meetings with all staff to ensure that work is being completed on schedule.

4. Budget question. Clarify the requested funds in the budget under travel for ground transportation to/from the airport.

There was an error in the budget that identified travel for transportation to/from the airport. This has been corrected.

	PROJEC October 1, 2024 – S			er 30	, 20	25							
Task	Responsible Party	0	N	D	J	F	м	Α	M	J	J	Α	S
Activity One													
Identify and recruit committee members	L Tomasa C Urquidez E Jeffrey-Franco B Brent L Sandaine A Milne P Madhivanan	Х	х										
Establish meeting schedule, distribute survey, define goals and objectives for campaign, identify action steps	L Tomasa C Urquidez	х	х	х	Х								
Identify additional partners, draft materials, obtain feedback, review for plain language and universal accessibility	L Tomasa C Urquidez E Jeffrey-Franco B Brent L Sandaine A Milne P Madhivanan			A LA	X	X	X	X					
Pilot test materials	L Tomasa C Urquidez E Jeffrey-Franco B Brent L Sandaine A Milne P Madhivanan							Х	X	Х			
Campaign planning that involves organizing events and forums to engage the public, provide education, and foster community	L Tomasa C Urquidez E Jeffrey-Franco B Brent L Sandaine A Milne P Madhivanan		And Annual Designation of the Control of the Contro							X	X	X	X
Activity Two Research and collect available resources. Create a checklist to review materials.	L Tomasa C Urquidez E Jeffrey-Franco B Brent L Sandaine	X	X	X	Х								

	A Milne P Madhivanan										~~		
Review for universal accessibility, cultural appropriateness, and availability in Spanish or other languages.	L Tomasa C Urquidez E Jeffrey-Franco B Brent L Sandaine A Milne P Madhivanan			Х	Х	X	X	Х	X				
Update resources and make recommendations to creators if appropriate.	L Tomasa C Urquidez E Jeffrey-Franco B Brent L Sandaine A Milne P Madhivanan				X	Х	X	X	х	X	Χ	X	
Upload materials to repository and share with community through various formats (social media, email, blogs, partner websites)	C Urquidez E Jeffrey-Franco L Sandaine A Milne P Madhivanan									Х	Х	Х	х
Activity Three Contact DDD to receive approval to collaborate together on policy review.	L Tomasa C Urquidez E Jeffrey-Franco B Brent L Sandaine	х	x										
Policy reviews with partners, establish mutual objectives, create workable timelines.	L Tomasa C Urquidez E Jeffrey-Franco B Brent L Sandaine			X	Х	X							
Obtain feedback and incorporate suggestions	L Tomasa C Urquidez E Jeffrey-Franco B Brent L Sandaine					X	X	X	Х	X			
Collate findings and create final report	L Tomasa C Urquidez E Jeffrey-Franco										Х	Х	X

	B Brent L Sandaine					,							
Activity Four													
Reach out to organizations and individuals actively involved with policy makers, elected official, and Legislature	L Tomasa C Urquidez B Brent	Х	х	Х									
Offer support and clarify roles and deliverables	L Tomasa C Urquidez B Brent		x	Х	Х								
Assist in creating information for the general public	L Tomasa C Urquidez E Jeffrey-Franco				Х	Х	х	Х	Х	Х	Х	Х	Х
Activity Five	***************************************												
Conduct a curriculum scan of existing courses.	L Tomasa C Urquidez	х	х										
Develop a proposal that identifies how course content can be integrated into existing and new courses and/or program	L Tomasa C Urquidez		X	X	Х								
Meet with academic programs, colleges, and universities to discuss collaboration and present a draft proposal	L Tomasa C Urquidez				Х	X	X						
Offer Sonoran Center staff to assist in teaching or developing course content to meet their course goals	L Tomasa C Urquidez						X	X	X	X	Х	X	х



THE UNIVERSITY
OF ARIZONA
Project Title: Investing in a Collaborative Approach to Better Respond to Sexual Violence of Individuals with I/DD Period of Performance: 10/01/24 - 09/30/25 [1 Year(s)]

	3	ear 1		Total
Direct Labor Lynne Tomasa, PD/PI ID# 04303365 HD# 0704 (partial cost match) 16.85% Avg. Fiscal Effort, 2.02 Avg. Calendar Months	\$	18,928	\$	18,928
Celina Urquidez, Senior Coordinator ID# 01843648 HD# 0704 20% Avg. Fiscal Effort, 2.4 Avg. Calendar Months	\$	12,600	\$	12,600
Elizabeth Jeffrey-Franco, Communications Director ID# 23263855 HD# 0704 5% Avg. Fiscal Effort, 0.6 Avg. Calendar Months	\$	3,588	\$	3,588
Barbara Brent, Systems Change Liaison ID# 22096386 HD# 0704 5% Avg. Fiscal Effort, 0.6 Avg. Calendar Months	\$	3,298	\$	3,298
Lorie Sandaine, Systems Change Liaison ID# 23511642 HD# 0704 10% Avg. Fiscal Effort, 1.2 Avg. Calendar Months	\$	6,802	\$	6,802
Andrew Milne, Content Creator/Peer Mentor ID# 23202950 HD# 0704 5% Avg. Fiscal Effort, 0.6 Avg. Calendar Months	\$	1,818	\$	1,818
Paavlena Madhivanan, Project Aid/Peer Mentor ID# 22098790 HD# 0704 3% Avg. Fiscal Effort, 0.36 Avg. Calendar Months	\$	1,134	\$	1,134
Subtotal-Direct Labor	\$	48,167	\$	48,167
Fringe Benefits UA Employees @ 32%	\$	8,994	\$	8,994
Ancillary Employees @ 17.1%	\$	3,431	\$	3,431
Subtotal-Fringe Benefits	\$	12,424	\$	12,424
Subtotal-Direct Labor & Fringe Benefits	\$	60,591	\$	60,591
Travel Domestic Travel (Ground Transportation to and from Phoenix)	\$	790	\$	790
Subtotal-Travel	\$	790	\$	790
0.1 - 11 - 10 - 1				
Other Direct Costs Other Costs (See "Other Costs" Tab)	\$	4,450	\$	4,450
Subtotal-Other Direct Costs	\$	4,450	\$	4,450
	Ashahat	055 000	•	75 000
Maximum Annual Costs Balance OVER/(UNDER)	S	\$75,000 (2,586)	\$ \$	75,000 (2,586)
	relation less	e en	0144504000	SERVICE AND COURT OF
Total Direct Costs (TDC)	\$	65,831	\$	65,831
Modified Total Direct Cost (MTDC) Base	\$	65,831	\$	65,831
Facilities & Administrative (F&A) Costs				
F&A Costs Stipulated/Waived @ 10% TDC	\$	6,583	\$	6,583
Subtotal-F&A Costs	\$	6,583	\$	6,583
TOTAL COSTS (TDC + F&A)	S	72,414	\$	72,414
COST SHARE		Year 1		Total
Subtotal -Direct Labor	\$	3,538	\$	3,538
Subtotal -Fringe Benefits	\$	605	\$	605
Subtotal -Foregone F&A	\$	20,007	\$	20,007
TOTAL COST SHARE	S	24,150	S	24,150
TOTAL PROGRAM COSTS			\$	96,564

Note: This budget has not been formally reviewed and approved by The University of Arizona. Rates and amounts included in this budget are subject to change.

Domestic Travel:

Year 1 Total											
	# of						Lodging Per	Ground	Cost per Traveler per	į	1
Purpose of Trip		# of Travelers	Destination	Nights Per Trip	Airfare	Per Diem	Night	Trans.	Trip	Total	
Phoenix Meetings	5	STANGE STREET	Phoenix	0	0	O	0	158	\$158	\$	790
								Year 1 T	otal for Domestic Travel	S	790

Project Total \$

790

BUDGET JUSTIFICATION

SENIOR/KEY PERSONNEL

Lynne Tomasa, PhD, Principal Investigator (2.40 Person Months). Dr. Tomasa is an Associate Professor at the University of Arizona's Department of Family and Community Medicine, Sonoran Center. She is an expert in the areas of community engagement, mixed methods research, curriculum development, program evaluation, and survey development. As an applied researcher, she has created four workbooks based on lived experiences of persons with disabilities, older adults, families, and professionals. At the University of Arizona for over 30 years, she continues to work with family physicians, residents, and allied professionals in the areas of behavioral health, disability, educational assessments, and research. She recently completed the ADDPC funded report, "Sexual Violence Told Through Lived Experiences, of Survivors, Families, and Professionals: The Impact of Sexual Violence on People with I/DD." As the author of this research-based report, she will apply the lessons learned through lived experiences to engage self-advocates, families, professionals, and community stakeholders, in finding solutions and complementing the work of the Arizona Sexual Violence Disability Network. As the Principal Investigator on this project, she is responsible for meeting all five objectives and will work closely with each team member to ensure the inclusiveness and quality of all completed tasks. To meet the required cost match, 0.38 PM of Dr. Tomasa's effort will be institutionally supported.

OTHER PERSONNEL

Celina Urquidez, MPH, Senior Coordinator (2.40 Person Months). Celina Urquidez is the Education and Training Senior Coordinator with the Sonoran Center. Celina serves as curriculum and course coordinator for the department of Family & Community Medicine at the University of Arizona, with experience coordinating the development and approval of undergraduate and graduate courses for the department, including Sonoran Center coursework. Celina helps to facilitate all Sonoran Center interdisciplinary training programs, including undergraduate and graduate level interns from programs such as public health, medicine, psychology, and Spanish translation. Her access to public health and disability interns will allow the Center to identify future leaders in the area of sexual violence policies, criminal justice, counseling, and risk reduction strategies. Her experience with ADDPC grant-funded projects include acting as coordinator in the development of a CME course for primary care providers, a self-advocacy video series on health care, and the current efforts in bridging the gaps for individuals with disabilities who are parents or wanting to be parents. Celina is bilingual in English and Spanish. For the proposed project, Celina Urquidez will be working closely with Dr. Tomasa as the Co-I on successful completion of all five objectives. She will apply her expertise to objectives Three, Four, and Five.

Elizabeth Jeffrey-Franco, MPH, Communications Director (0.60 Person Months). Elizabeth Jeffrey-Franco is the Director of Communications with the Sonoran Center. Elizabeth is a marketing professional with a successful history working with disability communities, healthcare industry, and education programs. She has expertise in written and digital accessibility, marketing strategies, plain language, web design, and institutional communication. Her expertise is valuable to this project as she will work closely will all members of the team to design and public awareness and education materials that are accessible using plain language principles. She will support all five objectives.

Barbara Brent, MS, Systems Change Liaison (0.60 Person Months). Barbara Brent is a Systems Change Liaison with the Sonoran Center. She has extensive experience in the field of Public Administration and has a long history of service as the Assistant Director with the Arizona Division of Developmental Disabilities and the Director of State Policy with the National Association of State Directors of Developmental Disabilities Services. Barbara's expertise will help to guide the project team in understanding legislative processes and policy development. Her experience is instrumental to engaging community partners, conducting collaborative problem-solving, and enhancing policy recommendation and change. She will work with Dr. Tomasa on

developing a strategic action plan to engage self-advocates, families, and professionals in all five proposed objectives.

Lorie Sandaine, CESP, CWIC, Systems Change Liaison (1.20 Person Months). Lorie Sandaine is a Systems Change Liaison with extensive experience in advancing inclusive employment and sexual violence. Lorie leads initiatives like the Customized Employment Pilot Project, focusing on creating opportunities for individuals with disabilities. Previously, she played a pivotal role in transitioning The Opportunity Tree from center-based to competitive integrated employment. Lorie worked at End Violence Against Women International, where she contributed to the "Start by Believing" campaign. Lorie serves on the Board of the Arizona Association of People Supporting Employment First (APSE), advocating for Employment First policies and the abolition of subminimum wages. Her extensive experience will guide the project team in developing closer collaboration with Vocational Rehabilitation, employers, service providers, and vendors in the identification of mutual priorities and solutions. Lorie will apply her expertise to all objectives with a primary focus on objective One and Two.

Andrew Milne, BA, Content Creator/Peer Mentor (0.60 Person Months). Drew Milne is a Content Coordinator and Peer Mentor with the Sonoran Center. Drew works on multiple projects in the communications department with Elizabeth Jeffrey-Franco. His Center contributions include but is not limited to social media posts and the CACTI Blog. Drew also works collaboratively with the Center for Youth Voice and Youth Choice, the Link Center, and Self Advocates Becoming Empowered/Self Advocacy Resource and Technical Assistance Center. He is the co-chair of the Center's Community Advisory Council. As a person with ADHD and autism, he shares his experience as a peer mentor. His expertise with plain language will support all activities and as a self-advocate he will ensure that project objectives are inclusive and accessible.

Paavlena Madhivanan, Project Aid/Peer Mentor (0.36 Person Months). Paavlena Madhivanan is a Project Aid and Peer Mentor with the Sonoran Center. Paavlena actively participates as a self-advocate in the Center's Disability Interprofessional Activity in collaboration with the Center for Transformative Interprofessional Healthcare. She enjoys multitasking and is skilled at asking questions that lead to clearer communication, increased inclusion, and self-reflection. She will work closely with of the project team on all objectives.

FRINGE BENEFITS

The University of Arizona defines fringe benefits as direct costs, estimates benefits as a standard percent of salary applied uniformly to all types sponsored activities, and charges benefits to sponsors in accordance with the Federally-negotiated rates in effect at the time salaries are incurred. The rates used in the proposal budget are based on the current Federally-negotiated Rate Agreement as follows: UA Employees @ 32.0%, Ancillary Employees @ 17.10%. Current DHHS-approved rates for faculty, research staff and students are publicly available online.

TRAVEL

Domestic

<u>Phoenix Meetings</u>: Funds in the amount of \$790 is requested for 1 project personnel to attend 5 domestic meetings to present and disseminate results. Travel costs were estimated as follows:

Description	Cost Per Unit	Units Per Traveler	Number of Travelers	Total
Ground	\$.			\$
Transportation	158	5	1	790
			TOTAL	\$ 790

The travel budget was estimated using historical data of air fares, per diem rates, airport shuttle services, and and/or car rental.

OTHER DIRECT COSTS

Materials and Supplies

<u>Copies</u>: \$300 is requested for to print resource materials for committee members, families, and the broader community.

Other Costs

<u>Laptop</u>: \$2,000 is requested for one laptop.

<u>Stipends</u>: \$500 is requested for 20, \$25 stipends for individuals with disabilities who join the committees to share their lived experiences and help coordinate a sexual violence campaign with other community stakeholders.

Interpretation: \$1,650 is requested to cover interpretation costs.

Administrative/Indirect Costs

In accordance with the original RFGA, indirect costs are budgeted at a stipulated rate of 10% of total direct costs.

Cost Match

In accordance with the RFGA, cost match of \$24,150 meets the ADDPC-stipulated rate 25% of total project costs (\$24,138) which will be provided as partial PI effort and indirect costs foregone.

State of Arizona
AZ Developmental Disabilities Planning Council
3839 N. Third Street, Ste. 306
Phoenix, AZ 85012



Request for Grant Application No: FFY24-SVC-0200

Title of RFGA: Collaborative Approach to Better Respond to Sexual Violence of Individuals with I/DD

Page 1

Jon Meyers, Executive Director

OFFER AND ACCEPTANCE FORM (SPO FORM 203)

TO THE STATE OF ARIZONA, ARIZONA DEVELOPMENTAL DISABILITIES PLANNING COUNCIL:

The Undersigned hereby agrees, if awarded a grant, to all terms, conditions, requirements, and amendments in this Request for Grant Application ("RFGA") solicitation and any written exceptions, as accepted by the Arizona Developmental Disabilities Planning Council, in the Application.

	Meissa Rina 2024.07.22 14:24:14 - 07'00'
The Arizona Board of Regents for the University of Arizona	Signature of Person Authorized to Sign Offer
Name of Applicant Organization	Signature of the erapti Variouse of the Albu Auer
Sponsored Projects Services	
845 N. Park Ave., Rm 538	Melissa Gaye Riha
Address	Printed Name
Tucson, AZ 85721-0158	
	Director, Office of Research Contracts
City State Zip	Title
Phone: 520-626-6000	
E-Mail: sponson@email.arizona.edu	
By signature in the Offer section, the Applicant certifies:	
discount, trip, favor, or service to a public servant in connection with the submitted offe this clause shall result in rejection of the offer. Signing the offer with a false statement remedies provided by law. 4. The Offerer certifies that the above referenced organization_ is XIS NOT a smallion or less. 5. The Offeror is not debarred from, or otherwise prohibited from participating in any p	t shall vote the offer, any resulting contract and may be subject to legal all business with less than 100 employees or has gross revenues of \$4
ACCEPTANCE O	FOFFER
The Application is hereby accepted.	
The Applicant is now bound to perform as stated in the attached grant Application and terms, conditions, requirements, amendments, etc., and the Applications.	cation, and based upon the RFGA Solicitation documents, pplicant's grant Application as accepted by the State.
This grant shall henceforth be referred to as Contract No.	
The effective date of the Contract is	
The Contractor is cautioned not to commence any billable work or to Applicant receives purchase order, contract release document or wr	provide any material or service under this contract until ritten notice to proceed.
State of Arizona, Awarded thisDay of	2023.
Jon Meyers, Executive Director	

RFGA FFY24-SVC-0200: Collaborative Approach to Better Respond to Sexual Violence of Individuals with I/DD

This proposal is being submitted by the University of Arizona Sonoran Center of Excellence in Disabilities. It will address four mandatory activities and one optional activity.

Introduction

This proposal is based on the following principles that are embedded in each activity.

- 1. Engage persons with disabilities and families during all stages and processes.
- 2. Listen authentically to diverse perspectives.
- 3. Utilize and learn from existing systems.
- 4. Base future success on the past and current success of organizations.
- 5. Recognize and respect incremental change.
- 6. Participate with a collaborative and educational perspective.
- 7. Communicate respectfully with clear intentions.

The target audience will include but is not limited to those identified in the RFGA. Four additional groups are added (*).

- Individuals with Intellectual and/or Developmental Disabilities (I/DD)
- Family members/Caregivers
- Providers that serve the I/DD community
- Trauma-informed professionals
- Behavioral health professionals
- Healthcare professionals
- Legal community
- Law enforcement
- Tribal communities, and other Un/Underserved communities
- Academic community *
- School teachers and staff *
- · Religious and spiritual leaders *
- Program evaluators and system administrators *

Required Activities

Objective One

Create a committee that will develop a strategic plan to coordinate a sexual violence awareness campaign. Members should be from a diverse group of stakeholders, to include, but not limited to, self-advocates, family members, Arizona's Protection & Advocacy organization (Disability Rights Arizona), Adult Protective Services, Division of Developmental Disabilities, law enforcement and judicial systems, healthcare (behavioral and physical), educational institutions and IDD advocacy organizations.

The Sonoran Center will organize, facilitate, and work closely with the committee to develop a strategic plan. This committee will focus on the development of a sexual

violence awareness campaign that can lead to the next step of an action campaign. Research has shown that child sexual abuse public awareness campaigns have a long history and yet continues to be a major social problem. It will be important for the committee to review successful and unsuccessful campaigns, take a multi-layered approach, understand the audience targeted, and collaborate with embedded networks and community partnerships (Kemshall, 2017). Campaigns cannot be used in isolation so combining it with other initiatives can gain attention and publicity (McGuire, 2021).

Committee members will be selected based on their expertise, experience, and commitment to the cause. Criteria will include:

- Demonstrated experience or commitment to disability advocacy and/or sexual violence risk reduction.
- Professional or personal background in relevant fields.
- Lived experience as a victim/survivor of abuse, exploitation, and neglect.
- Commitment to diversity, equity, and inclusion principles.
- Ability to contribute time and resources to committee activities.
- A. The full committee membership will be in place by November 15, 2024. The Sonoran Center will invite further input from their Community Advisory Committee, community partners, and self-advocacy groups to assist in potential members from the disability and non-disability communities. The Sonoran Center has identified potential organizations and individuals that will be encouraged to participate. Organization may recommend an alternate person.
 - a. Raising Special Kids (RSK), Christopher Tiffany, Executive Director
 - b. Diverse Ability Incorporated, Susan Voirol, Executive Director
 - c. Ability 360, Lynn Black, Program Manager & Advocacy Special Projects Coordinator
 - d. Southwest Institute for Families & Children, George Garcia, Director
 - e. Arizona Association of Providers for People with Disabilities (AAPPD)
 - f. Arizona Down Syndrome Network
 - g. Autism Society and Arizona Autism Coalition Members
 - h. Arizona Achieve, and other self-advocacy and leadership groups
 - i. Deaf Abuse Network and Education (DANE) Advocacy, Amy Badami
 - j. AZ Council for Exceptional Children (AzCEC)
 - k. Arizona Developmental Disabilities Planning Council, Jon Meyers, Executive Director
 - AZ Department of Economic Security (AZ DES) Assistant Directors that include Zane Garcia Ramadan (DDD), Molly Bright (DCAD/DCC/AzEIP), Rebecca Clayton (Division of Aging and Adult Services/DAAS)
 - m. Division of Developmental Disabilities (DDD) Independent Oversight Committee Members (IOC)
 - n. Arizona Health Care Cost Containment System (AHCCCS), Arizona Long Term Care System (ALTCS) Advisory Council Member
 - o. AHCCCS Office of Individual and Family Affairs (OIFA)
 - p. The Arc of Arizona, Melanie Soto, State Director
 - q. Arizona Sexual Violence & Disability Network, workgroup leaders

- r. Arizona Coalition to End Sexual and Domestic Violence (ACESDV), Carrie Eutizi, Sexual Violence Response Coordinator
- s. Southern Arizona Center Against Sexual Assault (SACASA)
- t. AZ Department of Child Services (DCS)
- u. AZ Adult Protective Services (APS)
- v. Disability Rights Arizona (DRÀZ)
- w. Arizona Community Health Workers Association (AzCHOW), Floribella Redondo-Martinez, President & CEO,
- x. DD Safety Coalition and Members, Nancy Martinez, Chandler Police Dept.
- y. Arizona's Area Agencies on Aging (AZ Aging)
- z. Dementia Capable Southern Arizona Aging Network
- B. The role of committee members will be a) to educate each other about their organizations' mission and vision, b) define their interpretation of a sexual violence campaign, c) assist each other in identifying important components of a campaign, d) ensure clear and culturally appropriate terminology, e) discuss potential barriers to educating communities beyond the disability community, f) assist with technology assistance, and g) identify strategies and partners. Each member of the committee brings representation and expertise in the areas of disability services, aging services, legal and law enforcement, self-advocacy, Tribal communities, Latinx/Latine communities, state agencies, deaf communities, Autism networks, Down Syndrome networks, and dementia network. This committee serves as an opportunity to learn more about each other, clarify roles and responsibilities of organizations, improve coordination, prevent misunderstandings, and identify important and appropriate communication strategies for the sexual violence campaign.

In summary, the committee tasks include coordination of a comprehensive Sexual Violence Awareness Campaign. This will involve:

- 1. Campaign Planning: Developing a detailed campaign plan that outlines objectives, target audiences, key messages, and strategies for raising awareness about sexual violence against individuals with disabilities.
- 2. Materials Development: Creating educational and promotional materials, such as brochures, posters, social media content, and public service announcements, to disseminate information about sexual violence prevention and support resources.
- 3. Partnerships: Collaborating with local organizations, schools, healthcare providers, and media outlets to amplify the reach and impact of the awareness campaign.
- 4. Events and Activities: Organizing events such as workshops, seminars, and community forums to engage the public, provide education, and foster a supportive community environment.

- Evaluation: Assessing the effectiveness of the campaign through surveys, feedback forms, and participation metrics, and making adjustments as needed to improve outcomes.
- C. The committee will meet monthly via Zoom to discuss goals and objectives, review activities, discuss progress and plan upcoming initiatives. Each meeting will be recorded and transcribed and distributed to all members. Meetings notes will also be included in the distribution. Quarterly reports will be available online on the Sonoran Center website for public viewing. Meeting notes will also be available for individuals who were not able to attend or who would like more information on a discussed topic. Committee members will be asked to send a replacement if they are unable to make a meeting. Before the first meeting, members will be required to complete a brief online survey that will facilitate understanding of project goals, brief introduction to members and organizations, areas of interests and strength, and a pledge to engage actively in the committee. In summary, meetings will include progress reports, open forums for discussion, and invited guest speakers to inform the committee's work.
- D. All activities and progress will be tracked on a spreadsheet and made available to committee members and individuals who requests the information. Continuous feedback will be evident at each meeting and within notes. The Sonoran Center staff will review topics discussed at the beginning of each meeting so that members can be kept up to date if they were unable to make a specific meeting. Spreadsheets and checklists will be developed to monitor and implement feedback actions. To facilitate feedback, project plans will outline the steps, timelines, and responsibilities for each initiative. Standardized feedback forms will be used to gather input from members to ensure that all voices are heard.
- E. Lynne Tomasa (PI) and Celina Urquidez will be responsible to monitor and document progress.

Objective Two

Review existing resources developed by the Arizona Sexual Violence and Disability Network, Arizona Coalition to End Sexual and Domestic Violence (ACESDV), and other entities. Then, create an inventory of updated and new resources that can be adapted for specific audiences. All resources shall be created in plain language and culturally appropriate for the audience, including resources in both English and Spanish.

- 1. The maintenance and sharing of resources will be accomplished by the following:
 - Centralized Repository: Maintain all resources in a centralized, online repository
 hosted on the Sonoran Center for Excellence in Disabilities' website. This
 repository will be easily navigable and searchable.
 - Partnerships: Share resources through partnerships with local organizations, schools, healthcare providers, and media outlets to maximize reach.

- Community Engagement: Conduct community outreach events, workshops, and webinars to distribute resources and raise awareness.
- 2. User feedback will be captured by the following:
 - Feedback Mechanisms: Implement multiple feedback mechanisms, including online surveys, feedback forms at events, focus groups, and direct outreach to stakeholders.
 - Feedback Review: Regularly review feedback to identify common themes, suggestions, and areas for improvement.
 - Continuous Improvement: Use feedback to make continuous improvements to resources. Establish a feedback loop where users can see how their input has influenced changes.
- 3. Methods for developing resources in plain language and are culturally appropriate will be addressed by the following:
 - Plain Language Guidelines: Adhere to plain language guidelines such as those provided by the Plain Language Action and Information Network (PLAIN) to ensure materials are easily understandable.
 - Cultural Competence: Collaborate with cultural competence experts and community representatives to ensure resources respect and reflect the cultural contexts of the target audiences.
 - Focus Groups and Testing: Conduct focus groups with target audiences to test the clarity and cultural appropriateness of materials before finalizing them.
 - Translation and Adaptation: Employ professional translators and cultural consultants to create resources in Spanish and adapt them to be culturally relevant.
- 4. Format and Accommodations of Resources will be assessed and evaluated by the following:
 - Video Resources: Develop video resources that provide information in a visual and auditory format, making them accessible to individuals with different learning preferences and disabilities.
 - Spanish Resources: Ensure that all written and video materials are available in Spanish. Use culturally relevant examples and language that resonate with Spanish-speaking communities.
 - Other Accommodations: Address additional accessibility needs by providing resources in braille, large print, and audio formats. Ensure that online materials are compatible with screen readers and other assistive technologies.

Objective Three

Identify and address, at the systems level, at least two policies that need to be developed (new) and/or enhanced to support individuals with I/DD who have been victims of sexual violence. Policies should also address impacts on victims'/survivors' families.

In the research report (written by Lynne Tomasa) "Sexual Violence Told Through Lives Experiences of Survivors, Families, and Professionals: The Impact of Sexual Violence on People with I/DD," it was clear that the identification, reporting, and response to sexual violence was severely inadequate and there was a lack of information and training on multiple levels.

These following policies were chosen to gain a deeper understanding of these issues.

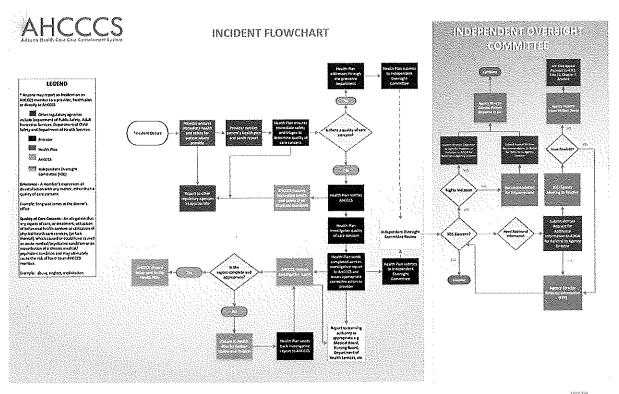
- 1) Mandatory and optional trainings for DDD vendors and staff, support coordinators, and IOC committee members, and community organizations.
- 2) AHCCCS and DDD Incident Flowchart Assessment. The included flowcharts were available online.

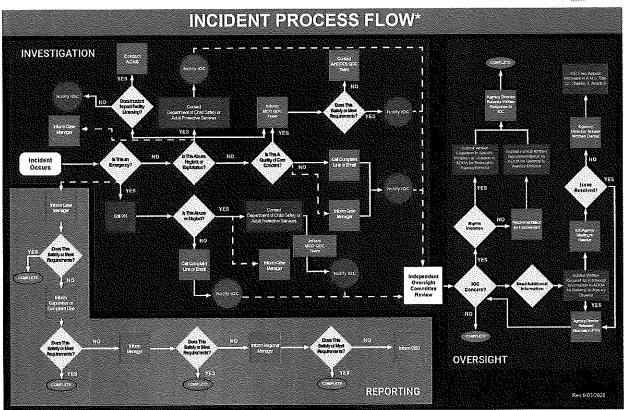
The policies were chosen because

They represent significant processes that systems use to measure performance. The impact and outcomes for the individuals served may not be clearly defined. The community may not fully understand where gaps and improvements can be made.
Systems and administrators understand what works with their available resources but may not be asking the questions that can lead to improvements. An outside review may be helpful.
Training on foundational principles and skills are necessary for all staff and organizations that provide support to individuals with I/DD and families. Specific competencies need to be identified, tracked, and evaluated. Regular training on broader but related topics are necessary. Trainings must be engaging and provide opportunities for feedback. Some examples of additional trainings include how to engage in conversations that build trust, adverse childhood experiences (ACEs), how past and current trauma is expressed behaviorally and verbally.
Available flowcharts (see below) are useful for systems but may need more explanation. Two examples are presented below.

- A. If these policies are not changed, the reasons should be clearly identified and explained so that individuals with I/DD, families, and interested stakeholders will understand why.
- B. If these policies are implemented it will lead to increased transparency and trust between and among organizations. It will also a) identify information that other systems or individuals can improve to enhance reporting mechanisms and support services, b) avoid confusion on who does what, c) prevent misunderstandings and

improve coordination, d) identify resources needed, and e) support legislative changes.





Objective Four

Engage with policymakers and elected officials to propose new policy changes that will strengthen existing laws for the prevention of abuse and neglect, proper reporting, and investigating allegations of sexual violence toward individuals with I/DD. Legislation need not be enacted by the end of the contract period, but effort must be shown that the Applicant is actively pursuing policy change.

The Sonoran Center does not actively interact with elected officials to propose new policy changes. We do participate on committees and workgroups whose strengths include understanding Legislative bodies, legal processes, funding streams, and political power structures. The primary role that the Sonoran Center can assume is to support the statewide efforts of organizations whose expertise lies in these areas. They include ADDPC, ACESDV, DRAZ, The Arc of Arizona, Southwest Institute for Families and Children, and the Arizona Sexual Violence and Disability Network. The Center can provide support through researching relevant background information, examining successful strategies and outcomes, and identification of useful resources to support the efforts of these organizations.

Objective Five

Collaborate with academic programs and colleges and universities that train future behavioral health, public health policy, and direct service providers in integrating sexual violence and I/DD into existing curriculum.

The Sonoran Center is "dedicated to ensuring that future and current professionals working with individuals with disabilities and their families have the skills and training needed in order to provide quality services and support." The programs include:

- 1) Undergraduate Certificate in Developmental Disabilities
- 2) Internship, Research & Volunteer Opportunities
- 3) DISCAPAZ: Disability Experiences in the Borderlands
- 4) Diversity Fellowship
- 5) Disability Policy Fellowship
- 6) Undergraduate and Graduate Courses
- 7) Interprofessional Exercise in Disability
- 8) Family Medicine Residency Training
- 9) MedCats for Developmental Medicine

Student interns represent public health, education, political science, neuroscience & cognitive scient, psychology, medicine, human development, rehabilitation counseling, family science, and social work.

The Sonoran Center is housed within the Department of Family & Community Medicine (FCM), in the University of Arizona College of Medicine-Tucson. FCM is host to various health-related coursework, including undergraduate coursework for students who have an interest in careers in healthcare. There are 3 already existing courses that we will

encourage to expand a portion of their curricula to integrate some of this content, or even an entire unit, related to sexual violence against those with I/DD.

- 1. FCM 202: Health, Sex, and Boundaries
 - a. This introductory course reviews primary health and legal issues as they pertain to sexuality, sexually transmitted diseases and sexual health. Students will learn best practices while learning self-improvement, self-advocacy and practical strategies to engage in inclusive and culturally responsible health and sexual behavior.
- 2. FCM 408/508: Disability and Public Health
 - a. This course gives the students an experiential exposure to a wide variety of disabilities from early childhood to the aging population. It first discusses how those with disabilities have been treated in the past and how that has changed in some societies but not in others. The curriculum emphasizes gaining respect for self and respect from others. Health and wellness disparities in this community are discussed.
- 3. FCM 496D/596D: Disability Perspectives
 - a. This course provides an introduction to how the lives of people with disabilities are framed by society through research, policy, and practice. Areas of focus include: 1) How disability is conceptualized by society historically and in policy and practice today; 2) Current research on specific disabilities aimed at maximizing opportunities and abilities; 3) Health care access and disparities; and 4) Use of evidence based practices in providing services and supports. Course instructors offer perspectives from a variety of professions and leadership positions (i.e., medicine, law, public health, social work, family studies, disability studies, education, psychology, administration, advocacy).

These courses are open to all students, regardless of their discipline. However, FCM 408/508 and FCM 496D/596D are approved courses for the university's Bachelor of Medicine program as well as the Sonoran Center's Undergraduate Certificate in Developmental Disabilities. FCM 202 is currently being reviewed for inclusion in the university's general education curriculum, allowing more students to receive credit towards graduation.

By partnering with staff and faculty within the University, the Sonoran Center has the potential to reach hundreds of students who can utilize this knowledge in their future careers. This could make a significant impact on the future of how individuals with I/DD are treated, educated, and protected from sexual violence.

References

- 1. McGuire, J., Evans, E., Kane, E. (2021). What Works in Public Awareness Campaigns? A Scoping Review. In: Evidence-Based Policing and Community Crime Prevention. Advances in Preventing and Treating Violence and Aggression. Springer, Cham. https://doi.org/10.1007/978-3-030-76363-3 11
- 2. Kemshall, H., & Moulden, H. M. (2016). Communicating about child sexual abuse with the public: learning the lessons from public awareness campaigns. Journal of Sexual Agression 23(2), 124-138. https://doi.org/10.1080/13552600.2016.1222004

	PROJEC October 1, 2024 – 9			er 30), 20	25							
Task	Responsible Party	l o	N	D	J		м	Α	М	J	J	Α	S
Activity One													
Identify and recruit committee members	L Tomasa C Urquidez E Jeffrey-Franco B Brent L Sandaine A Milne P Madhivanan	X	X			instanta and an analysis and a	The second secon		- CANADANA			or control con	
Establish meeting schedule, distribute survey, define goals and objectives for campaign, identify action steps	L Tomasa C Urquidez	Х	Х	Х	х				100000000000000000000000000000000000000			- Control de Address	
Identify additional partners, draft materials, obtain feedback, review for plain language and universal accessibility	L Tomasa C Urquidez E Jeffrey-Franco B Brent L Sandaine A Milne P Madhivanan		. POSMOVENSON T		х	X	Х	Х	- CANADOMANIA	maner-v			
Pilot test materials	L Tomasa C Urquidez E Jeffrey-Franco B Brent L Sandaine A Milne P Madhivanan		THE CONTRACT OF THE CONTRACT O					Х	X	X		- Company	TANGET TO THE TA
Campaign planning that involves organizing events and forums to engage the public, provide education, and foster community	L Tomasa C Urquidez E Jeffrey-Franco B Brent L Sandaine A Milne P Madhivanan					TO STATE OF THE PARTY OF THE PA				X	Х	X)
Activity Two													
Research and collect available resources. Create a	L Tomasa C Urquidez	х	х	х	х							-	-

E Jeffrey-Franco B Brent

checklist to review

materials.

PROJECT TITLE October 1, 2024 – September 30, 2025													
Task	Responsible Party	0	N	D	J	F	M	А	М	J	J	Α	S
Maria	L Sandaine					ļ							
	A Milne												
	P Madhivanan												
Review for universal	L Tomasa												
accessibility, cultural	C Urquidez												
appropriateness, and	E Jeffrey-Franco												
availability in Spanish or	B Brent			Х	Х	Х	Х	Х	Х				
other languages.	L Sandaine												
	A Milne										1		
	P Madhivanan							,					
Update resources and make	L Tomasa					1							
recommendations to	C Urquidez								**************************************				
creators if appropriate.	E Jeffrey-Franco	l											
•	B Brent				х	Х	X	Х	X	Х	Х	Х	
	L Sandaine												
	A Milne												1
	P Madhivanan												
Upload materials to	C Urquidez						ļ		-				
repository and share with	E Jeffrey-Franco	l											
community through various	L Sandaine									Х	х	X	x
formats (social media,	A Milne									^	^	^	^
email, blogs, partner	P Madhivanan												
websites)				-			ļ	 				-	-
Activity Three	L Tomasa	-					 	<u> </u>	ļ	ļ	 		1
Contact DDD to receive	C Urquidez												
approval to collaborate	E Jeffrey-Franco												
together on policy review.	B Brent	Х	Х				-	l					
	L Sandaine												
						ļ							
Policy reviews with	L Tomasa												
partners, establish mutual	C Urquidez												
objectives, create workable	E Jeffrey-Franco	ĺ		Х	Х	Х							
timelines.	B Brent												
	L Sandaine												
Obtain feedback and	L Tomasa				Ī	1		Γ				1	
incorporate suggestions	C Urquidez												
	E Jeffrey-Franco		Į			X	X	Х	Х	X			
	B Brent				1								
	L Sandaine							1		l		1	

PROJECT TITLE October 1, 2024 – September 30, 2025													
Task	Responsible Party	0	N	D	J	F	M	A	M	J	J	Α	S
Collate findings and create final report	L Tomasa C Urquidez E Jeffrey-Franco B Brent L Sandaine					AAAAA	- AVERAGE BETTY -				х	X	X
Activity Four													
Reach out to organizations and individuals actively involved with policy makers, elected official, and Legislature	L Tomasa C Urquidez B Brent	х	X	X		1944	- Hardway		And Andrews and An	- Angel Market			7.74
Offer support and clarify roles and deliverables	L Tomasa C Urquidez B Brent		х	х	х		The second secon		West from the second se	- Tradesparent			
Assist in creating information for the general public	L Tomasa C Urquidez E Jeffrey-Franco				Х	Х	х	Х	х	х	Х	X	Х
Activity Five													
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July 24, 2024

Arizona Developmental Disabilities Planning Council 3839 N. 3rd St. #306 Phoenix, AZ 85012

RE: Letter of Support

Dear Arizona Developmental Disabilities Planning Council Committee:

As the Director of Raising Special Kids, it is with pleasure that our organization provide enthusiastic support for the Sonoran Center's application to the ADDPC grant that calls for a "Collaborative Approach to Better Respond to Sexual Violence of Individuals with I/DD." The Sonoran Center's recent sexual violence report identified the challenging issues that individuals with I/DD, families, professionals, and systems face in finding solutions to reduce sexual violence. In the report, the recommendations identified through the voices of our communities, reflect the Sonoran Center's ability to synthesize complex ideas, identify needs and solutions, and communicate findings.

The mission of Raising Special Kids to strengthen families and systems of care to improve outcomes for children with disabilities and special health care needs closely aligns with the Sonoran Center's various projects. Increasing the safety of people with disabilities is critical to furthering our mission. I have worked with members of the Sonoran Center leadership and staff on different projects. Examples include a partnership on the Pregnancy and Parenting Support project and an external evaluation where they have asked thoughtful questions. Over the last three years, I have gotten to know Dr. Tomasa through our participation in the statewide DD Safety Coalition, led by Nancy Martinez of the Chandler Police Department. She presented updates to the committee on the progress of the Sonoran Center's sexual violence project. It was clear that she understood the issues and recognized the importance of collaboration.

The four mandatory activities identified by ADDPC will require a team effort and participation from a broad group of stakeholders, including self-advocates, families, professionals, and system leadership. I believe that the Sonoran Center will create a team that utilizes their strengths but will also call upon others who can fill the gaps. Their collaborative approach, extensive experience, and technical skills will help to meet all objectives.



Raising Special Kids is eager to participate in their project workgroups, assist in identifying additional stakeholders, share resources for families, discuss policies, and identify how legislation affects individuals with disabilities. Our organization will bring the family voice to all levels of the project. If funded, we look forward to working with the Sonoran Center's team.

Sincerely,

Christopher Tiffany Executive Director





7/24/24

Dear Arizona Developmental Disabilities Planning Council:

I am writing this letter of support for the Sonoran Center for Excellence in Disabilities to receive funding from the RFGA FFY24-SVC-0200: Collaborative Approach to Better Respond to Sexual Violence of Individuals with I/DD.

My experience with the project is through a collaboration between UCP of Southern AZ/WorkAbility and Lynne Tomasa's team that worked on the sexual violence project. I worked closely with Dr. Tomasa during the early years of the Untold Stories project as a University of Arizona student. She was a wonderful mentor, collaborator, and researcher who listened. She was skilled in communicating ideas clearly for diverse audiences. Her current team for the Center's proposal brings a wealth of experience, knowledge, and expertise to the project. The project will gather multiple community partners together to coalesce behind bringing awareness, education, resources, and tools to our communities about what sexual abuse and violence is, how abuse and violence impacts our disability communities, and how to support people who have witnessed or experienced sexual abuse and violence.

I feel funding for the project would enhance the progress being made by the various workgroups and stakeholders in the areas of public awareness, policy development, and legislative efforts. The review of existing resources and possible enhancements are skills that Dr. Tomasa's team bring to this project. Educational opportunities for organizations and their employees who provide support to individuals with disabilities in their homes, community, and during employment is needed. I see the project supporting self-advocates to expand their knowledge, gain additional tools for sexual health, and understanding of their rights so they can lead strong and healthy lives. I see the Sonoran Center proving ideas on policy and legislation, innovative solutions, and better services for adults receiving support. Please consider funding the Sonoran Center's efforts. We are committed to and support the project!

Sincerely,

Vanessa Zuber

Vanessa Zuber Statewide Director of Employment Services UCP of Southern AZ <u>www.ucpsa.org</u> 630 N Craycroft Rd. Tucson, AZ 85711

BUDGET JUSTIFICATION

SENIOR/KEY PERSONNEL

Lynne Tomasa, PhD, Principal Investigator (2.40 Person Months). Dr. Tomasa is an Associate Professor at the University of Arizona's Department of Family and Community Medicine, Sonoran Center. She is an expert in the areas of community engagement, mixed methods research, curriculum development, program evaluation, and survey development. As an applied researcher, she has created four workbooks based on lived experiences of persons with disabilities, older adults, families, and professionals. At the University of Arizona for over 30 years, she continues to work with family physicians, residents, and allied professionals in the areas of behavioral health, disability, educational assessments, and research. She recently completed the ADDPC funded report, "Sexual Violence Told Through Lived Experiences, of Survivors, Families, and Professionals: The Impact of Sexual Violence on People with I/DD." As the author of this research-based report, she will apply the lessons learned through lived experiences to engage self-advocates, families, professionals, and community stakeholders, in finding solutions and complementing the work of the Arizona Sexual Violence Disability Network. As the Principal Investigator on this project, she is responsible for meeting all five objectives and will work closely with each team member to ensure the inclusiveness and quality of all completed tasks. To meet the required cost match, 0.38 PM of Dr. Tomasa's effort will be institutionally supported.

OTHER PERSONNEL

Celina Urquidez, MPH, Senior Coordinator (2.40 Person Months). Celina Urquidez is the Education and Training Senior Coordinator with the Sonoran Center. Celina serves as curriculum and course coordinator for the department of Family & Community Medicine at the University of Arizona, with experience coordinating the development and approval of undergraduate and graduate courses for the department, including Sonoran Center coursework. Celina helps to facilitate all Sonoran Center interdisciplinary training programs, including undergraduate and graduate level interns from programs such as public health, medicine, psychology, and Spanish translation. Her access to public health and disability interns will allow the Center to identify future leaders in the area of sexual violence policies, criminal justice, counseling, and risk reduction strategies. Her experience with ADDPC grant-funded projects include acting as coordinator in the development of a CME course for primary care providers, a self-advocacy video series on health care, and the current efforts in bridging the gaps for individuals with disabilities who are parents or wanting to be parents. Celina is bilingual in English and Spanish. For the proposed project, Celina Urquidez will be working closely with Dr. Tomasa as the Co-I on successful completion of all five objectives. She will apply her expertise to objectives Three, Four, and Five.

Elizabeth Jeffrey-Franco, MPH, Communications Director (0.60 Person Months). Elizabeth Jeffrey-Franco is the Director of Communications with the Sonoran Center. Elizabeth is a marketing professional with a successful history working with disability communities, healthcare industry, and education programs. She has expertise in written and digital accessibility, marketing strategies, plain language, web design, and institutional communication. Her expertise is valuable to this project as she will work closely will all members of the team to design and public awareness and education materials that are accessible using plain language principles. She will support all five objectives.

Barbara Brent, MS, Systems Change Liaison (0.60 Person Months). Barbara Brent is a Systems Change Liaison with the Sonoran Center. She has extensive experience in the field of Public Administration and has a long history of service as the Assistant Director with the Arizona Division of Developmental Disabilities and the Director of State Policy with the National Association of State Directors of Developmental Disabilities Services. Barbara's expertise will help to guide the project team in understanding legislative processes and policy development. Her experience is instrumental to engaging community partners, conducting collaborative problem-solving, and enhancing policy recommendation and change. She will work with Dr. Tomasa on developing a strategic action plan to engage self-advocates, families, and professionals in all five proposed objectives.

Lorie Sandaine, CESP, CWIC, Systems Change Liaison (1.20 Person Months). Lorie Sandaine is a Systems Change Liaison with extensive experience in advancing inclusive employment and sexual violence. Lorie leads initiatives like the Customized Employment Pilot Project, focusing on creating opportunities for individuals with disabilities. Previously, she played a pivotal role in transitioning The Opportunity Tree from center-based to competitive integrated employment. Lorie worked at End Violence Against Women International, where she contributed to the "Start by Believing" campaign. Lorie serves on the Board of the Arizona Association of People Supporting Employment First (APSE), advocating for Employment First policies and the abolition of subminimum wages. Her extensive experience will guide the project team in developing closer collaboration with Vocational Rehabilitation, employers, service providers, and vendors in the identification of mutual priorities and solutions. Lorie will apply her expertise to all objectives with a primary focus on objective One and Two.

Andrew Milne, BA, Content Creator/Peer Mentor (0.60 Person Months). Drew Milne is a Content Coordinator and Peer Mentor with the Sonoran Center. Drew works on multiple projects in the communications department with Elizabeth Jeffrey-Franco. His Center contributions include but is not limited to social media posts and the CACTI Blog. Drew also works collaboratively with the Center for Youth Voice and Youth Choice, the Link Center, and Self Advocates Becoming Empowered/Self Advocacy Resource and Technical Assistance Center. He is the co-chair of the Center's Community Advisory Council. As a person with ADHD and autism, he shares his experience as a peer mentor. His expertise with plain language will support all activities and as a self-advocate he will ensure that project objectives are inclusive and accessible.

Paavlena Madhivanan, Project Aid/Peer Mentor (0.36 Person Months). Paavlena Madhivanan is a Project Aid and Peer Mentor with the Sonoran Center. Paavlena actively participates as a self-advocate in the Center's Disability Interprofessional Activity in collaboration with the Center for Transformative Interprofessional Healthcare. She enjoys multitasking and is skilled at asking questions that lead to clearer communication, increased inclusion, and self-reflection. She will work closely with of the project team on all objectives.

FRINGE BENEFITS

The University of Arizona defines fringe benefits as direct costs, estimates benefits as a standard percent of salary applied uniformly to all types sponsored activities, and charges benefits to sponsors in accordance with the Federally-negotiated rates in effect at the time salaries are incurred. The rates used in the proposal budget are based on the current Federally-negotiated Rate Agreement as follows: UA Employees @ 32.0%, Ancillary Employees @ 17.10%. Current DHHS-approved rates for faculty, research staff and students are publicly available online.

TRAVEL

Domestic

<u>Phoenix Meetings</u>: Funds in the amount of \$790 is requested for 1 project personnel to attend 5 domestic meetings to present and disseminate results. Travel costs were estimated as follows:

Description	Cost F	er Unit	Units Per Traveler	Number of Travelers	 Total
Ground Transportation To/From Airport	\$	158	5	1	\$ 790
				TOTAL	\$ 790

The travel budget was estimated using historical data of air fares, per diem rates, airport shuttle services, and and/or car rental.

OTHER DIRECT COSTS

Materials and Supplies

<u>Copies</u>: \$300 is requested for to print resource materials for committee members, families, and the broader community.

Other Costs

<u>Laptop</u>: \$2,000 is requested for one laptop.

Stipends: \$500 is requested for 20, \$25 stipends for individuals with disabilities who join the committees to share their lived experiences and help coordinate a sexual violence campaign with other community stakeholders.

Interpretation: \$1,650 is requested to cover interpretation costs.

Administrative/Indirect Costs

In accordance with the original RFGA, indirect costs are budgeted at a stipulated rate of 10% of total direct costs.

Cost Match

In accordance with the RFGA, cost match of \$24,150 meets the ADDPC-stipulated rate 25% of total project costs (\$24,138) which will be provided as partial PI effort and indirect costs foregone.

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•	Arizona Board of Regents, University of Arizona	versity of Arizona		
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1	investing in a Collabo <u>rative Ap</u>	Investing in a Collaborative Approach to Better Respond to Sexual Violence of Individuals with I/DD	exual Violence of Individuals v	with I/DD
	Requested ADDPC Funds	Non-Federal Cash Match	Non-Federal In-Kind Match	Total Program Cost
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Administrative / Indirect Costs	6,583	20,007	ŧ	26,590
	72,414	24,150	1	96,564

It is understood that Non-Federal Funds identified in this budget will be used to match only ADDPC Federal Funds, and will not be used to match any other Federal Funds during the period of the ADDPC funded Project.

Additional description and background information shall be included as a budget narrative, including for match. The contractor agrees to submit additional background information to the ADDPC upon request.

ge, PhD, MBA		Operations		sponsor@arizona.edu	Email
For: Sangita Judge, PhD, MBA	Name of Certifying Official	Vice President, Operations	Title of Certifying Official	520,626.6000	Phone



THE UNIVERSITY
OF ARIZONA
Project Title: Investing in a Collaborative Approach to Better Respond to Sexual Violence of Individuals with I/DD Period of Performance: 10/01/24 - 09/30/25 [1 Year(s)]

		Year 1		Total
Direct Labor Lynne Tomasa, PD/PI D# 04303365 HD# 0704 (partial cost match) 16.85% Avg. Fiscal Effort, 2.02 Avg. Calendar Months	\$	18,928	\$	18,928
Celina Urquidez, Senior Coordinator ID# 01843648 HD# 0704 20% Avg. Fiscal Effort, 2.4 Avg. Calendar Months	\$	12,600	\$	12,600
Elizabeth Jeffrey-Franco, Communications Director ID# 23263855 HD# 0704 5% Avg. Fiscal Effort, 0.6 Avg. Calendar Months	\$	3,588	\$	3,588
Barbara Brent, Systems Change Liaison ID# 22096386 HD# 0704 5% Avg. Fiscal Effort, 0.6 Avg. Calendar Months	\$	3,298	\$	3,298
Lorie Sandaine, Systems Change Liaison ID# 23511642 HD# 0704 10% Avg. Fiscal Effort, 1.2 Avg. Calendar Months	\$	6,802	\$	6,802
Andrew Milne, Content Creator/Peer Mentor ID# 23202950 HD# 0704 5% Avg. Fiscal Effort, 0.6 Avg. Calendar Months	\$	1,818	\$	1,818
Paavlena Madhivanan, Project Aid/Peer Mentor ID# 22098790 HD# 0704 3% Avg. Fiscal Effort, 0.36 Avg. Calendar Months	\$	1,134	\$	1,134
Subtotal-Direct Labor	\$	48,167	\$	48,167
Fringe Benefits UA Employees @ 32%	\$	8,994	\$	8,994
Ancillary Employees @ 17.1% Subtotal-Fringe Benefits	\$ \$	3,431	<u>\$</u> \$	3,431 12,424
Subtotat-11 inge Denotits	•			
Subtotal-Direct Labor & Fringe Benefits	\$	60,591	\$	60,591
Travel				
Domestic Travel	\$	790	\$	790
Subtotal-Travel	\$	790	\$	790
Other Direct Costs	_		_	4 4=0
Other Costs (See "Other Costs" Tab) Subtotal-Other Direct Costs	\$ \$	4,450 4,450	<u>\$</u> \$	4,450 4,450
Sublictar-Other Direct Costs	Ψ	7,750		7,750
Maximum Annual Costs	2019GE-2013	\$75,000	\$	75,000
Balance OVER/(UNDER)	•	(2,586)	S	(2,586)
Total Direct Costs (TDC)	\$	65,831	\$	65,831
Modified Total Direct Cost (MTDC) Base	\$	65,831	\$	65,831
Facilities & Administrative (F&A) Costs				
F&A Costs Stipulated/Waived @ 10% TDC	\$	6,583	\$	6,583
Subtotal-F&A Costs	\$	6,583	\$	6,583
TOTAL COSTS (TDC + F&A)	\$	72,414	\$	72,414
COST SHARE		Year 1		Total
Subtotal -Direct Labor	\$	3,538	\$	3,538
Subtotal -Fringe Benefits	\$	605	\$	605
Subtotal -Foregone F&A	s	20,007	s	20,007
TOTAL COST SHARE	\$	24,150	\$	24,150
TOTAL PROGRAM COSTS			\$	96,564

Note: This budget has not been formally reviewed and approved by The University of Arizona. Rates and amounts included in this budget are subject to change.

Domestic Travel:

Year 1 Total									-	
	# of						Lodging Per	Ground	Cost per Traveler per	
Purpose of Trip	Trips	Trips # of Travelers	Destination	Nights Per Trip Airfare	Airfare	Per Diem	Night	Trans.	Trip	Total
Phoenix Meetings	. 5		Phoenix	0	0	0	0	158	\$158	\$ 790
								Year I T	ear I Total for Domestic Travel =	\$ 790

Project Total \$

790

Other Costs:

Year 1 Total				
Type of Item	Description of Item	# of Items	Cost Per Item	Total
Supplies	Copies	3	\$100 \$	300
Other Costs I	Laptop	1	\$2,000 \$	2,000
	Stipends	20	\$25 \$	500
	Interpretation	15	\$110 \$	1,650
			\$	-
			\$	-
			\$	-
			\$	
			\$	•
			\$	-
		Yea	Year 1 Total for Other Costs \$	4,450

Project Total \$

4,450

VI-E-GTOOMMOODE ARRENT MANAGEMENT HIT TO THE PARTY AND AN ARRANT AND ARREST TO THE STATE OF THE	The state of the s		organical constant		Part Time Effort Calculator
THE UNIVERSITY	ENTER DATA IN HIGHLIGHTED CELLS	HLIGHTED CELLS	tla Postdoc Minimum Salary:	\$61.008	THE STATE OF THE S
		Start Date End Date		\$14,738 8%	< Annual Increase Appl.
Period of Performance: 10/01/24 - 09/36/25 [1 Year(s)]	Period of Performance	H	UA Minimum Wage (hourly):	\$14.50	of may be not A
Year 1 Total		# 01 Years % COLA 1.00 % 0%	Actusl Base Salary	Type Rate	Title Annualized % Effort: 09
Direct Labor Lyane Tornasa, PD/PI ID# 04503365 HD# 0704 (partial cost match) 3,538 \$ 3,538 3.15%, Avg. Fiscal Effort, 0.38 Avg. Calendar Months \$ 3,538 \$ 3,538	Total Person Months> % FY effort> Frince Benefits>	Year 1 0.38 Base Salary 3.15% \$112,330 \$ 605	\$112,330	F 17.10%	(7.10% Associate Professor, Family and Community Medicine - (Educator Scholar Track)
Celim Urquidez, Senior Coordinator D# 01843648 HD# 0704 20% Avg. Fiscal Effort, 2.4 Avg. Calendar Months \$ - \$ -	Total Person Months> % FY effort> Krines Resenfite>	2.40 Base Salary 20.00% \$63,000	\$63,000	F 32.00%	22.00% Servior Coordinator, Education and Training
Elizabeth Jeffrey-Franco, Communications Director D# 23263855 HD# 0704 5% Avg. Fixed Effort, 0.6 Avg. Calendar Months \$	Total Person Months —> % FY effort —> Frience Remedite —>	0.69 Base Salary 5.00% \$71,750	\$71.75		22.00% Director, Communication
Barbara Breat, Systems Change Liaison 10# 22096386 HD# 0704 5% Arg. Fixed Effort, 0.6 Arg. Calendar Months \$	Total Person Months> % FY effort> Frince Benefits>	0.60 Base Salary 5.00% \$65,960 S	096'598		22.00% Liaison, Community Informed Systems Change
Lorie Sandaine, Systems Change Liaison ID# 22511642 HD# 0704 . 10% Avg. Fixed Effort, 1.2 Avg. Calendar Months \$ - \$	Total Person Months> % FY effort> Fringe Benefits>	1.20 Base Salary 10.00% \$68.016 \$		F 32.00%	22,00% Systems Change Liaison.
Andrew Milns, Content Creaton/Poet Mentor ID# 23202950 HD# 0704 5% Avg. Fixed Effort, 0.6 Avg. Calendar Months \$	Tonl Person Months> % FY effort> Fringe Benefits>	0.60 Base Salary 5.00% \$36,352	Z5E,362	F 32,00%	33.00% Program Aide
roject AidPeer Mentor 'D# 22098790 HD# 0704 rt, 0.36 Avg. Calendar Months \$	Total Person Months> % FY effort> Fringe Benefits>	0.36 Base Salary 3.00% \$37,814 \$ -	537.814	F 17,10%	17.10% Program Aide
Subtotal-Direct Labor S,538 \$ 3,538					
Fringe Benefits \$ 605 S \$ 605 Facestry - Anaillary @ 17.1% \$ 605 S \$ 605 Subroral-Fringe Benefits \$ 605 S \$ 605	Faculty - Ancillary @ 17.10%	17.10%			
Subtoral-Direct Labor & Fringe Benefits \$ 4,143 \$ 4,143					
Equipment Subtoral-Equipment S - S -					
Travel Sabioni-Travel S		-			
Participant Support Sabtonal-Participant Support					
Other Direct Costs Subrotal-Other Direct Costs Subrotal-Other Direct Costs					
Total Direct Costs (TDC) \$ 4,143 \$ 4,143 \$ 4,143 Modified Total Direct Costs (MTDC) \$ 4,143 \$ 4,143 \$ 4,143					
Forgone F&A (Forgone IDC) \$ 20,007 \$ 20,007	Forgone F&A Rate: 38%	38%			
FOTAL COSTS COST SHARE \$ 24150 \$ 74150					

UA Procedures for Cost Share

Note: This budget has not been formally reviewed and approved by The University of

Entering Cost Sharing in UAceess Research.

Add standardness of what is being cost shared

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Written commitments for our Uacestyle depen, colleges, institutions

Written commitments for our Uacestyle depen, colleges, institutions

Written commitments for our Uacestyle depen, colleges, institutions

Written commitments for any Cale dependent cost sharing, non-UA employee volunteer time, external contribution of supplies, consultant waiving the manual total of cost share the sharing collement of the share share in the search for Sharenest share annual total of cost share on the sharenest share in the sharenest share annual total of the sharenest s

Applicant's Background Information Form

Complete each item, using attachments where necessary and label your response "Applicant's Background Information Form". Attachments shall indicate the item number and heading being referenced as it appears below.

Failure to make a full and complete disclosure may result in the rejection of your application as unresponsive. If awarded a Contract, the ADDPC will need to know who to contact for any questions.

Read each question carefully before responding.

1.	Contact Name for Project: Lynne Tomasa, PhD, MSW
	Organization Name: Arizona Board of Regents, University of Arizona
	Address: Department of Family and Community Medicine, 1501 N. Campbell Ave, PO Box 245017, Tucson, AZ 85724
	Phone Number: (520) 626-7823 Email: tomasa@arizona.edu

2. The Applicant is and was established when:

TYPE	YEAR ESTABLISHED
Corporation - Nonprofit	
Corporation - For Profit	
Unit of Local Government	N/A
Indian Tribal Government	N/A
Other	1885

3. As the lead applicant, read each statement carefully and mark Yes or No.	YES	NO
a. Has any Federal or State agency ever made a finding of noncompliance with any relevant civil rights requirements with respect to your business activities? If YES, please attach an explanation.		X
b. Has the Applicant, its major stockholders with a controlling interest, or its officers been the subject of criminal investigations or prosecutions or convicted of a felony? IF YES, please attach an explanation.		X
c. Does the Applicant have sufficient funds to meet obligations on time under the Contract while awaiting reimbursement from ADDPC? If NO, please attach an explanation.	X	

d. Have any licenses ever been denied, revoked or suspended or provisionally issued within the past five years? If YES, please attach an explanation.		Х
e. Have you or has your organization terminated any contracts, had any contracts terminated, had any liquidated damages assessed or been involved in contract lawsuits? If YES, please attach an explanation.		X
f. Do you, your staff, any of your relatives, or voting members of your Board of Directors maintain any ownerships, employments, public and private affiliations or relationships which may have substantial interest (as defined in A.R.S. §38-502, Conflict of Interest) in any contract, sale, purchase, or service involving the ADDPC? If YES, please attach an explanation.		х
g. Has your organization ever gone through bankruptcy? If YES, when? Include the State, District and case number.		Х
h. Does your organization have insurance and indemnification coverage to enter into a state contract? At a minimum a Certificate of insurance, for each, shall be provided to the ADDPC if a contract is awarded. This will include coverage for Commercial General Liability (CGL), Business Automobile Liability, Workers' Compensation and Employee Liability, and Professional Liability.	X	

4.	Authorized	Signatory
41 +	AUGUILLEU	Juliatory.

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(Name and Title of Authorized Signatory) is the signatory to this Contract on behalf of the Contractor and is responsible for the delivery of Contract Services during the term of this Contract.

Applicant's Qualification Form

Briefly provide an overview of the lead organization describing how the organization is involved in the developmental disability community and summarize the programs and services provided.

Information about the Sonoran Center for Excellence in Disability is available at https://sonorancenter.arizona.edu/

The Sonoran Center is a federally designated University Center for Excellence in Developmental Disabilities (UCEDD).

University Centers for Excellence in Developmental Disabilities exist in every state to serve as a resource for people in the areas of education, research, and service relative to the needs of people with developmental disabilities. Authorized by the Developmental Disabilities and Bill of Rights Act of 2000 and funded by the <u>Administration on Community Living</u> within the U.S. Department of Health and Human Services, there are 67 UCEDDs in the United States and its territories. To learn more about the network of UCEDDs, see the <u>Association of University Centers on Disabilities'</u> website.

Since 2006, the University of Arizona Sonoran Center for Excellence in Disabilities, part of the **Department of Family and Community Medicine** in the **College of Medicine** — **Tucson**, has been hard at work to make its vision a reality — to ensure individuals with intellectual and developmental disabilities have the supports they need to fully participate in the vibrant life of our community.

To accomplish this goal, the Sonoran Center has focused on capacity building, infrastructure development, and fostering leadership to establish itself as a recognized leader in disability within Arizona and across the nation.

We are working to ensure full community inclusion by individuals with disabilities by providing:

- Interdisciplinary training of students and service professionals on developmental disabilities
- Research and analysis aimed at developing new knowledge on disability which can be translated into model programs and public policy initiatives
- Technical assistance and information sharing for the community at large on disability best practices and new information
- Exemplary services and model program development to enhance and expand the systems of support for people with developmental disabilities

Briefly describe the lead organization's experience, expertise, qualifications, and outcomes that demonstrate the applicant's ability to successfully deliver the proposed project requirements ad describe in the Scope of Work.

In addition to student education, the Sonoran Center is actively involved with community programs that include:

- Access & Inclusion
- Employment
- Divers & Rural Communities
- Health & Wellness
- Transitions Across the Lifespan

Faculty and Staff are involved with research and program evaluation, with community partnership and state contracts. An extensive list of programs is available at https://sonorancenter.arizona.edu/research. Examples of program areas have included:

- Pregnancy and Parenting
- Homelessness
- Abuse and Neglect Prevention Surveys
- Sexual Violence Research
- Inclusive Research Strategies
- Kingman Prison Project
- Communities Where I Belong

The project team has expertise in the areas of mixed methods research, interview and data collection, program evaluation, survey development, universal accessibility, community outreach and partnerships.