



Arizona Achieve

Self-Advocacy and Leadership





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What Is Arizona Achieve?



Project Purpose

To establish and grow a statewide coalition of self-advocates who work together and learn leadership development, speaking skills, peer-to-peer mentoring, partnership with local self-advocacy groups around the state, and participation with community groups.

What is Arizona Achieve?

4

Systems-Advocacy

3

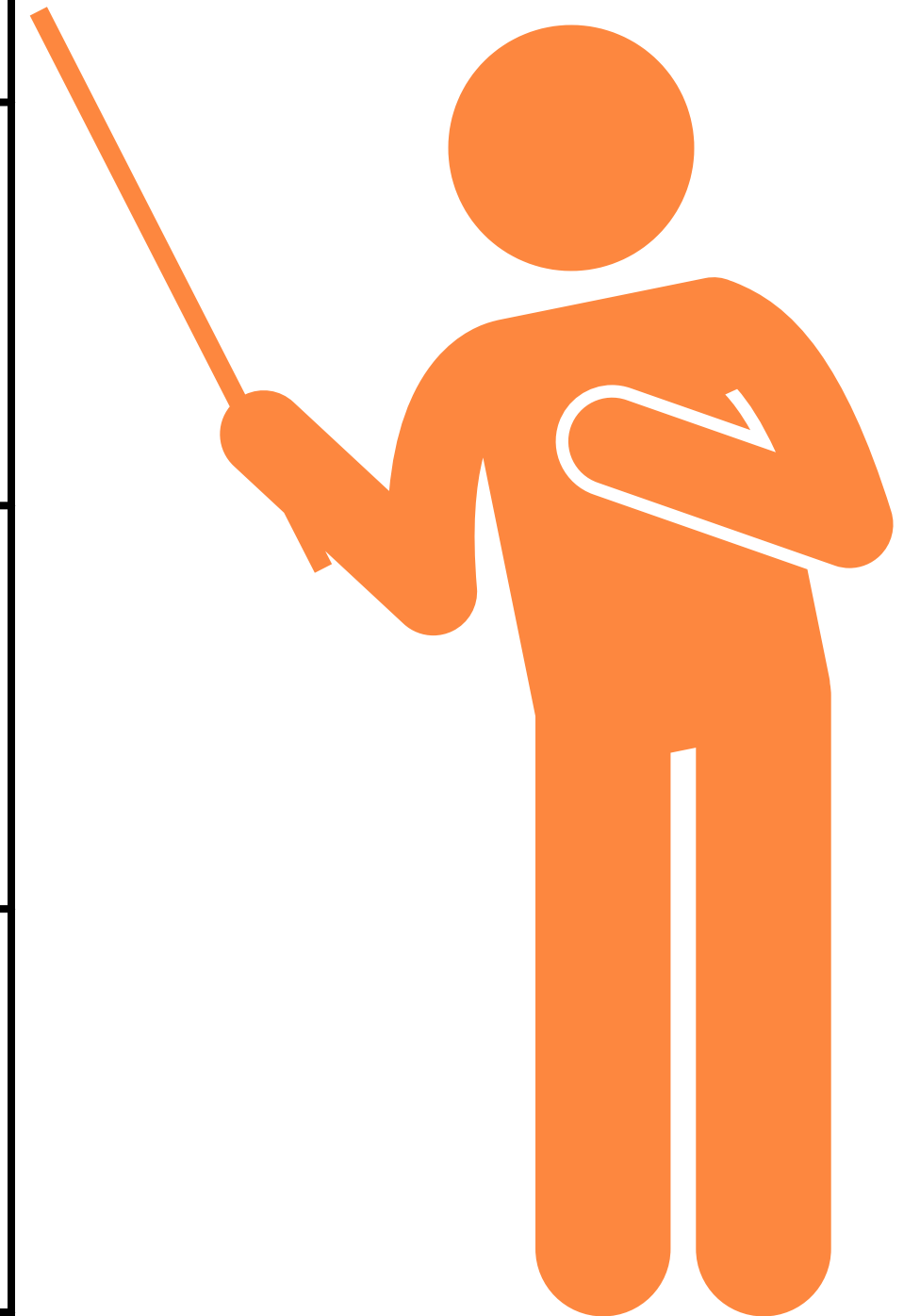
Group-Advocacy

2

Peer-Advocacy

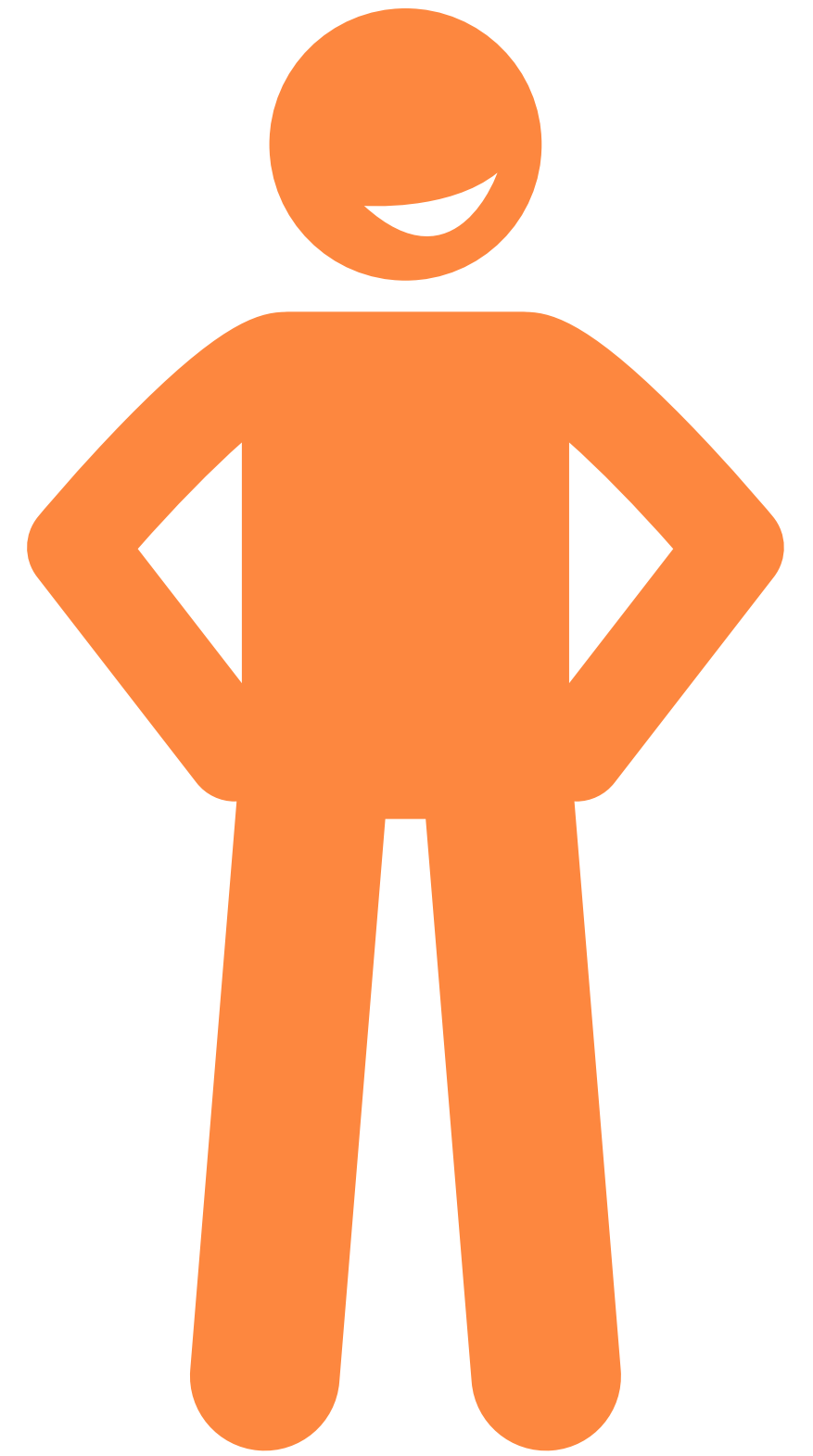
1

Self-Advocacy



Self-Advocacy

- **Speaking up for one's needs, preferences, and rights**
- **Restores individual agency**



Peer-Advocacy

- **Supporting others in advocating for their needs and rights**
- **Encourages individuals to share their stories and grow confidence**



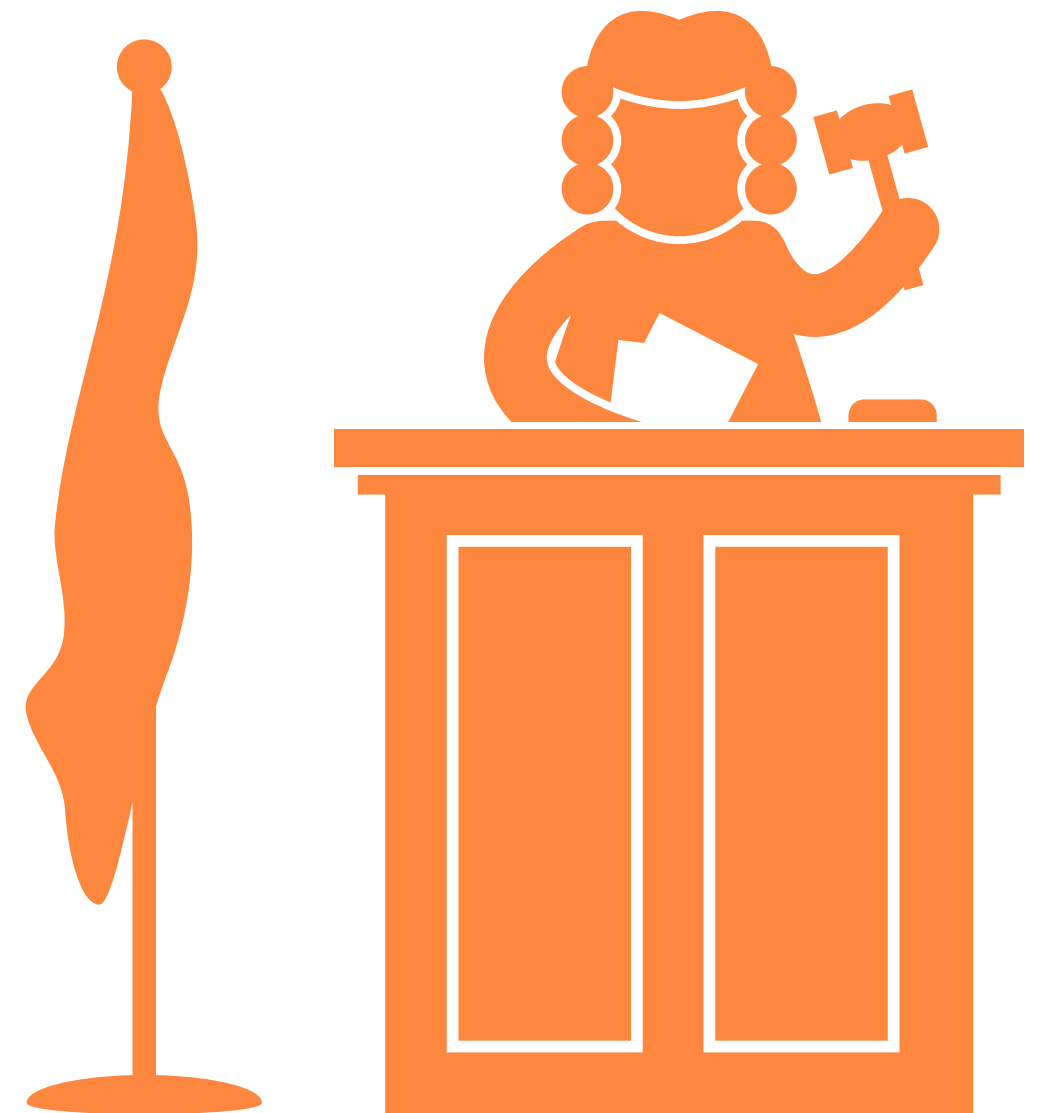
Group-Advocacy

- **Taking collective action as a group to advocate for shared needs and rights**
- **Forms a sense of belonging and familiarity**



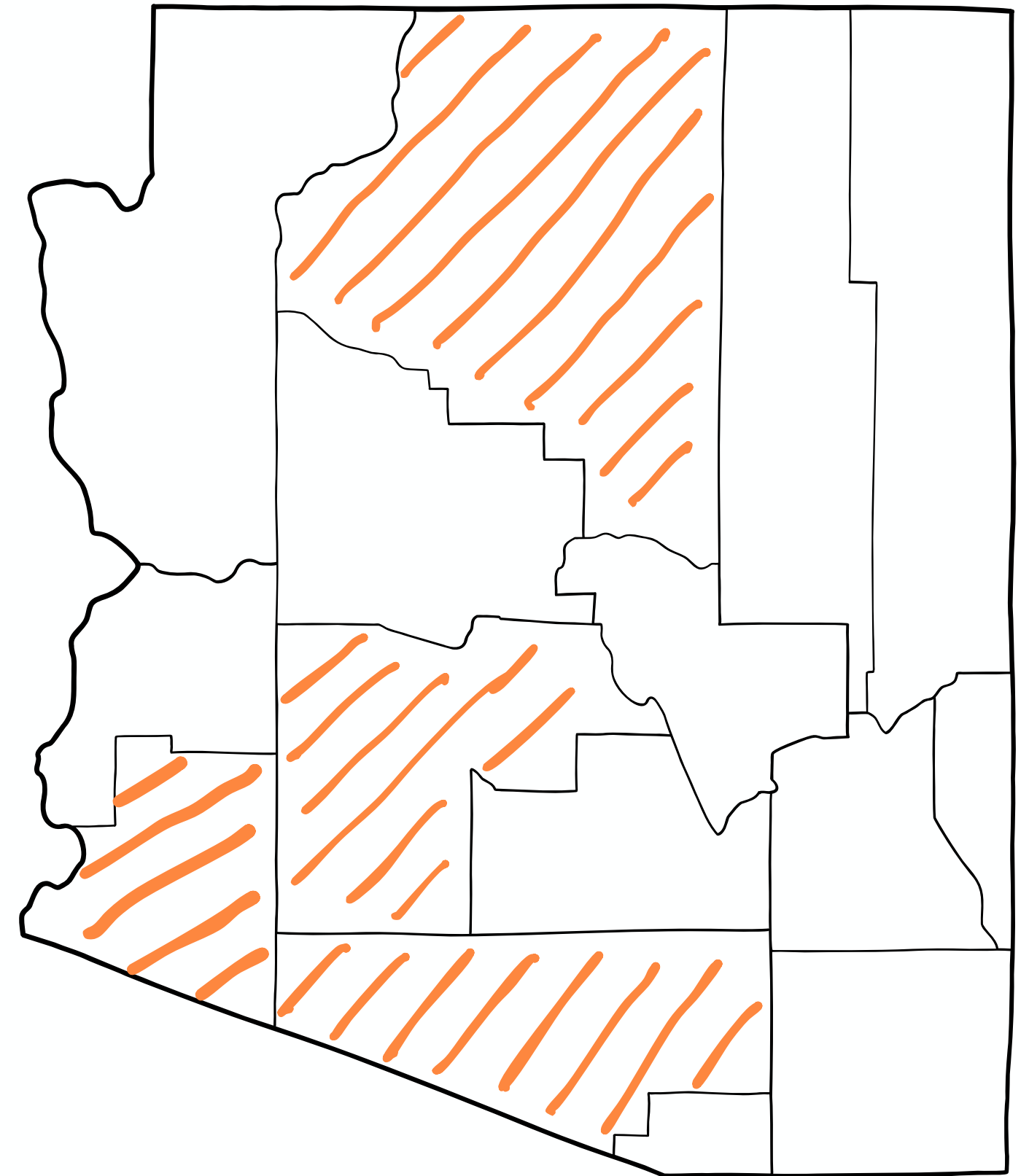
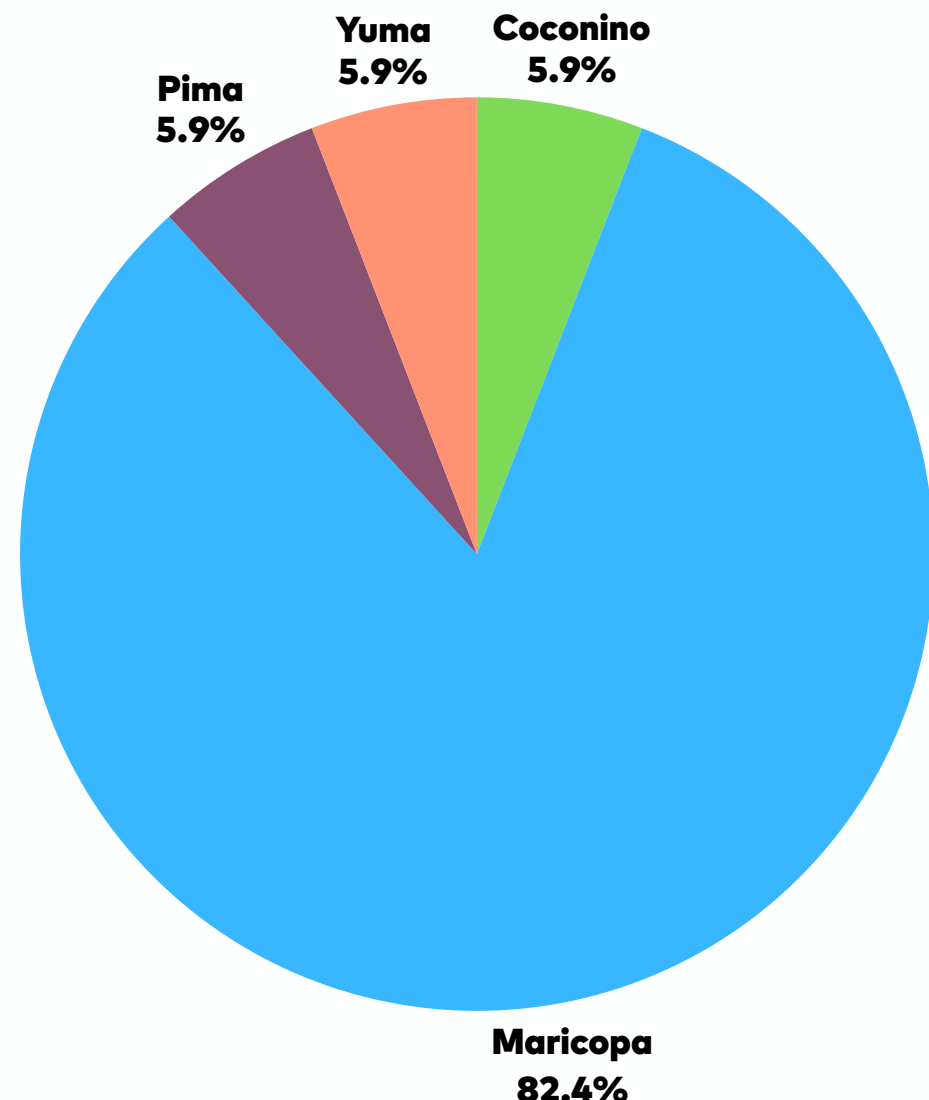
Systems-Advocacy

- **Advocating for changes to policies, laws, or systems to benefit the disability population**
- **Spreads disability awareness**
- **Creates long-term change**



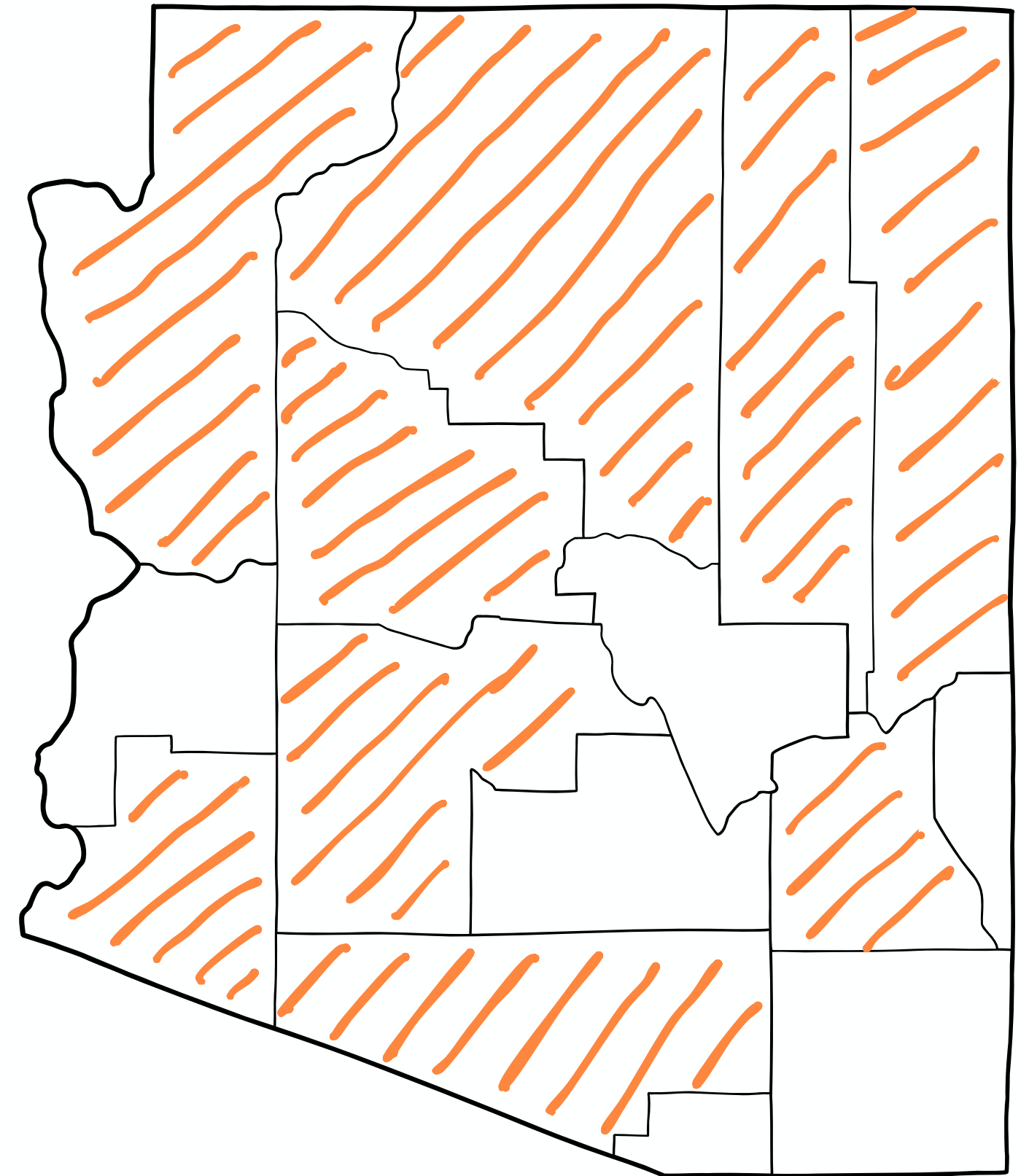
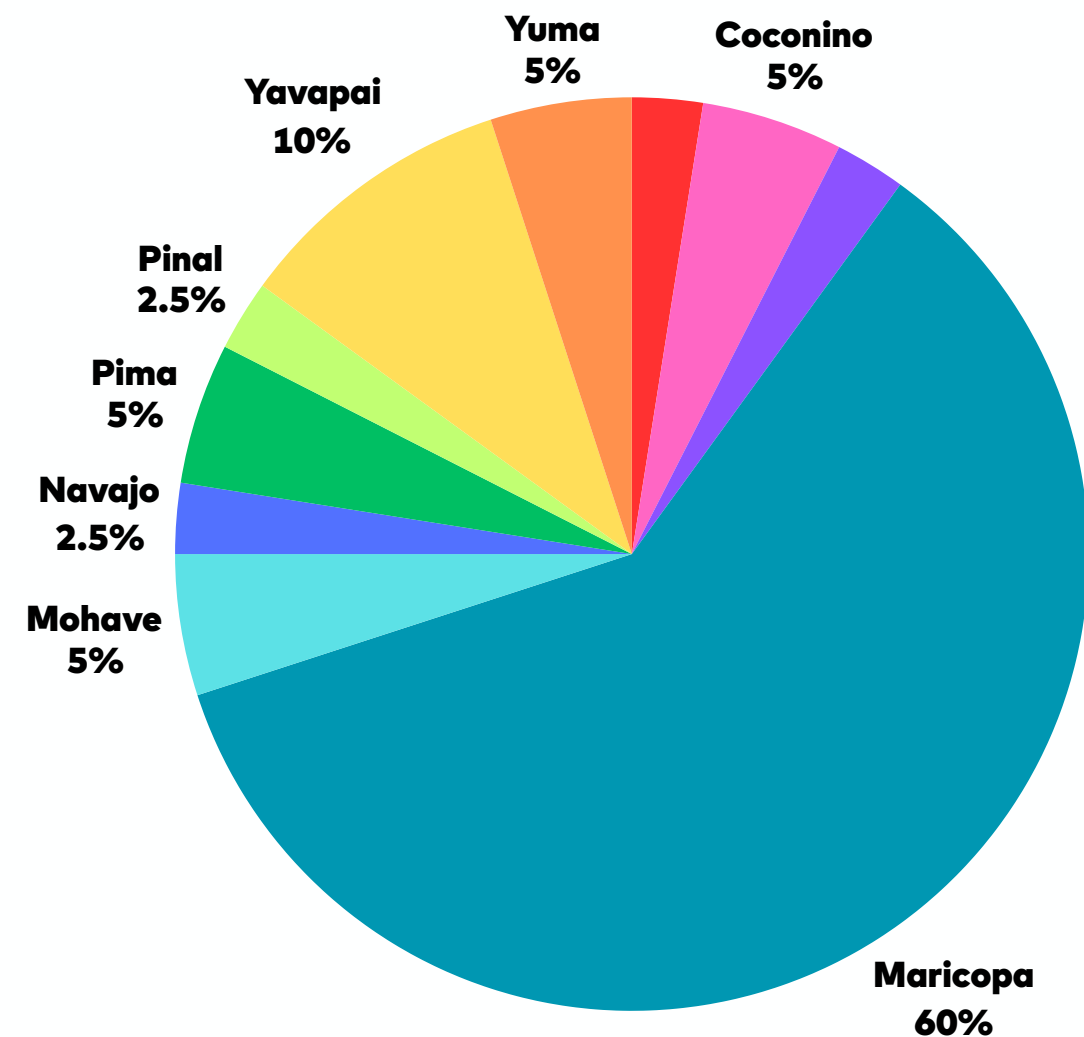
Where We Were

- **20 Arizonans with disabilities**
 - **4 counties**



Where We Are Now

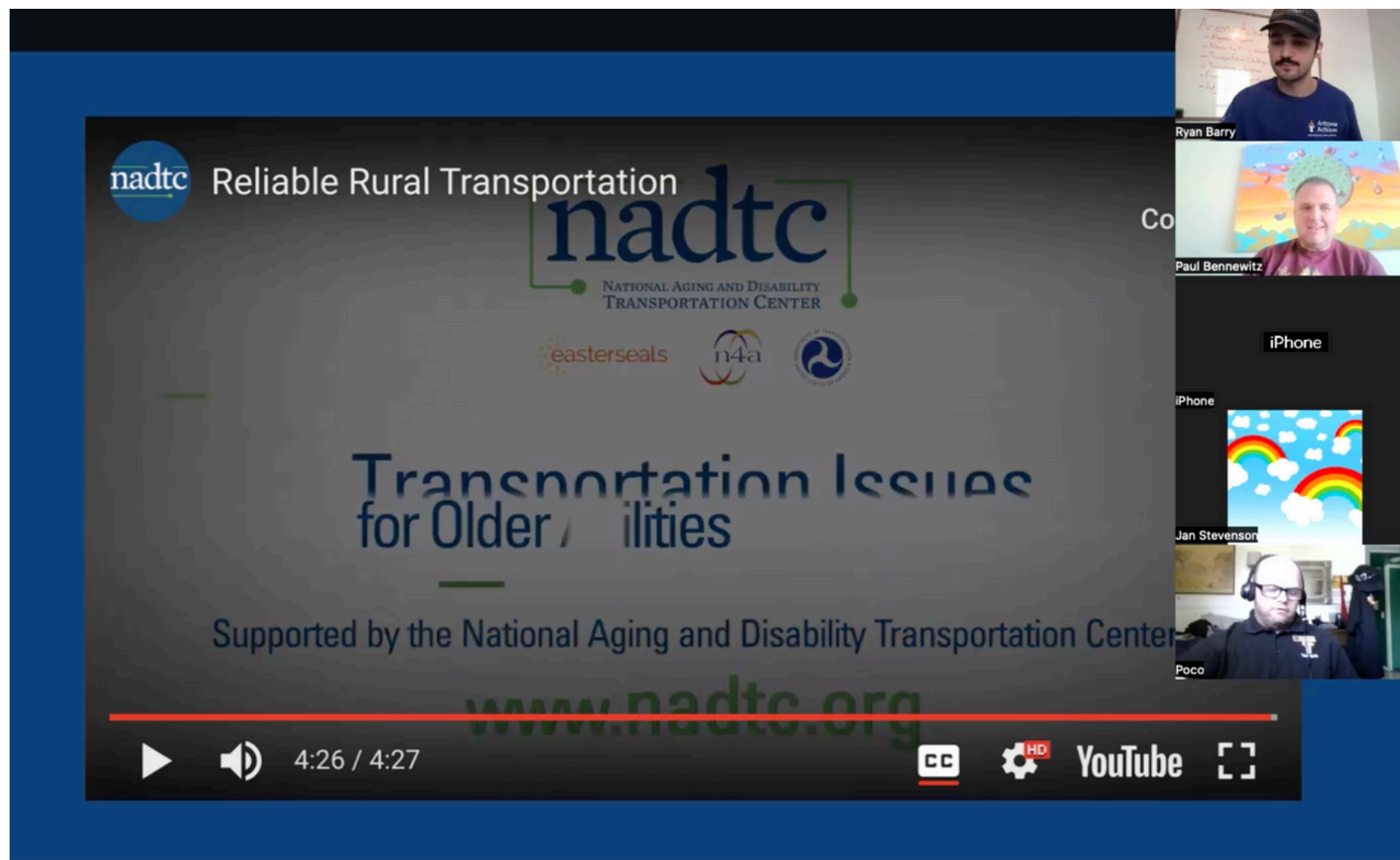
- **47 Arizonans with disabilities**
 - **9 counties**



What Have We Done

- **Hosted 15 coalition meetings**
- **Formed a peer-mentorship program**
- **Designed a website w/ 6 thousand visits**
- **Published multiple videos to our YouTube channel**
- **Conducted eight in-person workshops**
- **Met with national and state lawmakers**
- **Partnered with P&A agencies and U.S. Attorneys**
- **Created a 248 page leadership curriculum**

Coalition Meetings



The screenshot shows a video player with a presentation slide. The slide features the nadtc logo and the text "Reliable Rural Transportation" and "National Aging and Disability Transportation Center". Below this, it says "Transportation Issues for Older Adults" and "Supported by the National Aging and Disability Transportation Center". The website "www.nadtc.org" is visible at the bottom of the slide. The video player interface includes a play button, a volume icon, a progress bar showing 4:26 / 4:27, and a YouTube logo. On the right side of the video player, a Zoom meeting interface is visible, showing several participants: Ryan Barry, Paul Bennewitz, Jan Stevenson, and Pocco. There are also labels for "iPhone" and "Co".



Self-Advocacy Hypotheticals

Could you . . .

- Request your local election officials to tell you about any voting aids, voting assistance, and absentee voting procedures that are available?



The slide features a blue header with the title "Self-Advocacy Hypotheticals". Below the title, the text "Could you . . ." is written in orange. Underneath, a blue question is listed: "Request your local election officials to tell you about any voting aids, voting assistance, and absentee voting procedures that are available?". On the right side of the slide, there is a vertical stack of Zoom meeting thumbnails for participants: Ryan Barry, Holly, Lilia Alvarez - U.S. Attorney's Office, Elton, and Pocco. A stylized orange stick figure is positioned to the left of the bottom two thumbnails.

Self-Advocacy Workshops



Self-Advocacy Curriculum



Self-Advocacy Leadership Training

Write an introduction that summarizes the expected outcomes of this course.

[Continue Course](#)

50%

Progress

Peer-Mentorship Program



Legislative and Policy Change





Roads Less Accessible: Transportation on the Navajo Nation (Captions and Audio Desc...



Roads Less Accessible

Transportation on the Navajo Nation



Watch on  YouTube

Goals for the Future

- **Adapt the written curriculum into videos**
- **Empower members to advocate for and introduce public transit legislation**
- **Build a multi-issue, cross-community coalition**
- **Improving minority representation**
- **Streamline legislative and policy change**



Challenges We Face

- **Balancing advocacy across multiple issues**
- **Engaging rural communities continually**
- **Addressing minority underrepresentation**
- **Navigating inter-organizational dynamics**
- **Maintaining membership participation**
- **Operating without a community presence**



Key Takeaways

- **Prioritize individual members' needs and goals**
- **Focus on cross-disability coalition-building**
- **Bridge the urban-rural divide**
- **Uphold coalition non-partisanship**
- **Demystify the policy-making process**
- **Align local challenges with broader issues**
- **Ensure coalition materials, as well as spoken communication, are plain language**



Questions?



Thank You!



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