

**Arizona Developmental Disabilities Planning Council  
Goal Worksheet**

**Goal Area:** Self-Determination

**Goal:** *Establish, strengthen, and expand self-advocacy activities so people who have developmental disabilities will become empowered to be self-determined.*

Objective	Key Activities	Outputs/Measures	Outcomes/Measures
<p>Support opportunities for people who have developmental disabilities to prepare and support their peers who wish to promote the positive perception and inclusion of people who have developmental disabilities, particularly those from unserved/underserved populations.</p>	<ul style="list-style-type: none"> <li>• Assess need and provide support for peer-led training, mentoring, and other activities that promote the acquisition of leadership skills and engagement in leadership activities among people who have developmental disabilities, particularly those from unserved/underserved populations.</li> <li>• Assess need and provide support for family education designed to promote family support for the acquisition of leadership skills and engagement in leadership activities among people who have developmental disabilities.</li> </ul>	<p>To be added when the goal is finalized</p>	<p>To be added when the goal is finalized</p>
<p>Support and expand participation of people who have developmental disabilities in cross-disability, culturally diverse leadership coalitions and groups that address</p>	<ul style="list-style-type: none"> <li>• Identify people who have developmental disabilities who wish to become engaged in leadership roles through outreach to self-advocacy organizations, programs,</li> </ul>	<p>To be added when the goal is finalized</p>	<p>To be added when the goal is finalized</p>

Objective	Key Activities	Outputs/Measures	Outcomes/Measures
<p>issues of importance to people who have developmental disabilities.</p>	<p>projects, service providers, and other means.</p> <ul style="list-style-type: none"> <li>• Identify cross-disability leadership coalitions and groups that address issues of importance to people who have developmental disabilities throughout their lifespans, based on data in the CRA.</li> <li>• Support the engagement of interested people who have developmental disabilities in cross-disability leadership coalitions and groups that address issues of importance to people who have developmental disabilities through matching, training and technical assistance for both people who have developmental disabilities and the groups they are to participate in, and other means.</li> <li>• Establish groups to address issues of importance to people who have developmental disabilities, if priority issues are not currently being addressed, e.g., aging caregivers.</li> </ul>		
<p>Establish and promote the success of a collaborative, culturally competent self-advocacy coalition that is led by people who have developmental disabilities and that includes representatives of</p>	<ul style="list-style-type: none"> <li>• Seek technical assistance from other states that have had success in establishing a self-advocacy organization led by people who have developmental disabilities.</li> </ul>	<p>To be added when the goal is finalized</p>	<p>To be added when the goal is finalized</p>

Objective	Key Activities	Outputs/Measures	Outcomes/Measures
<p>unserved/underserved populations, by providing funding, technical assistance, and supports.</p>	<ul style="list-style-type: none"> <li>• Provide/support outreach and marketing efforts to identify and engage self-advocates from diverse populations throughout the state, with an emphasis on peer-to-peer approaches.</li> <li>• Provide supports needed to facilitate bringing diverse self-advocates together, including but not limited to a meeting planning and facilitation, assistance with transportation, communication among members, and use of social media and technology.</li> </ul>		

**How can we address the following in this goal?**

- Diversity (goal, objectives, and key activities focus on lifespan, cross disability, and unserved/underserved populations)
- Access (this will be an outcome)
- Attitudes (this will be an outcome)
- Inclusion (this will be an outcome)
- Collaboration

**Criteria for Goal Selection (from 12/11/15 meeting):**

- Possible to have a significant impact with available resources within five years
- Matters to people who have disabilities and their families
- Matters to the public (can mobilize the public around the issue) (this is a possibility)
- Feasible to do
- Desired results attainable
- Measurable (both process and outcomes) (to be determined)
- Sustainable over the long term
- Offers opportunity for communication, cooperation, and collaboration
- Builds on prior successes (and what we have learned from our challenges)
- Impacts public perceptions, heightens expectations for people who have disabilities (now)
- Builds awareness among people who have disabilities and their families

- Builds capacity
- Results in positive system change
- Takes a long term perspective
- Reaches those who need it most
- Starts early
- Increases quality of life
- Focuses on those who will always be there for the person who has disabilities (i.e., family)
- Methods selected will:
  - Offer opportunity for a peer-to-peer approach
  - Offer opportunity for ADDPC to be the go-to agency for ideas, data, etc.
  - Address cultural issues, use a culturally competent approach (consider culturally competent ombudsman)
  - Allow for innovative, creative approaches
  - Influence leadership
  - Focus on communication

**Areas of emphasis:**

- Quality Assurance
- Education and Early Intervention (a possibility)
- Child Care (a possibility)
- Health (a possibility)
- Employment (a possibility)

**Activities to be used in achieving each goal:**

- Outreach
- Training
- Technical Assistance
- Supporting and Educating Communities
- Interagency Collaboration and Coordination
- Coordination with Related Councils, Committees and Programs

**This goal addresses:**

- Family/Individual Change
- System Change (a possibility)
- Self-Advocacy Requirement
- Targeted Disparity (may need to add more details on this)
- Collaboration

- Housing
- Transportation
- Recreation
- Formal and Informal Community Support

- Barrier Elimination
- Systems Design and Redesign (a possibility)
- Coalition Development and Citizen Participation
- Informing Policymakers (a possibility)
- Demonstration of New Approaches and Services and Support
- Other Activities

**Collaborators planned for this goal:**

- State Protection and Advocacy System
- University Center(s)
- State DD agency
- Other: See Employment First Plan, includes advocates, educators, employers, employment service providers, family members, State Agencies ( AHCCCS, DES, ADE, ADHS), youth and young adults