

## **Scope of Work:**

### Identification of Self-Advocacy (SA) Groups in Arizona

IHD will develop and conduct a survey to identify SA groups in Arizona. With emphasis on local, statewide, and national groups, the IHD-AzUCD will categorize groups in each county of Arizona and survey SA groups about active membership, products, community partnerships, impact, structure, and resources. After collecting the data from the survey, the IHD-AzUCD will compile and complete a report for the ADDPC.

**Timeline:** January 1, 2013 – May 31, 2013

#### PHASE 1

##### **January 2013**

- 1) Develop and Finalize SA Survey

##### **February 2013**

- 2) Present and get approval for the survey from the ADDPC

#### PHASE 2

##### **February 2013 – April 2013**

- 3) Conduct the survey and collect the data
- 4) Compile and categorize data for reporting purposes

##### **April 2013**

- 5) Present preliminary data to the ADDPC

#### PHASE 3

##### **May 2013**

- 6) Develop draft of the report for ADDPC feedback
- 7) Present the Final report to the ADDPC
- 8) Close the project

**2013 IHD-ADDPC - Identification of Self-Advocacy Groups in Arizona**  
**The Institute for Human Development**  
**Arizona Developmental Disabilities Planning Council**

**PERSONNEL (\$6,958)**

**Principal Investigator (1,475) (0.05 FTE) (Cost-Share)**

Tom Uno will be the PI for this project. He has direct supervisory responsibility for the Project Coordinator and will assist with overall program evaluation. His time with the project will be contributed and supported by NAU.

**Project Coordinator (\$2,813) (.15 FTE)**

***John McDermott***

John McDermott will be the Project Coordinator for this project. His duties will include the supervision of a student employee in the development and conducting of a survey of self-advocacy groups in Arizona. After collecting the data, John will write a final report to be presented to the Arizona Developmental Disabilities Planning Council. (ADDPC). John will schedule three different trips to Phoenix to appraise the ADDPC on the finalized survey, the collected data, and the final report.

**Student Worker (\$4,145)**

**These funds support the student worker's activities in assisting the Project Coordinator in conducting the finalized survey for the ADDPC.**

**FRINGE BENEFITS (\$ 2,468)**

The Employee Related Expense (ERE) total is based on projected cost of health, dental, life, disability, FICA and medicare, unemployment, and retirement benefits relative to each employee's salary and/or wages, FTE, and election of benefits. The ERE rate for an employee is calculated by dividing his/her salary by the total cost of his/her benefit package. FICA 6.20%; Workmen's Comp 0.71% of salary; Unemployment 1%; Retirement 9.870%; Disability 0.25% of salary; Dental \$60/yr/single; \$164/yr/family; Health \$6,506/yr/single; \$16,980/yr/family; Life \$25.48/yr.

- Principal Investigator (\$605 cost-share)
- Project Coordinator (\$2,082)
- Student Worker (\$386)

**TRAVEL (\$219)**

Funds are requested to support staff travel for the three administrative meetings with the funding source.

**OTHER (\$600)**

Funds are requested to cover the cost of long distance phone calls, printing, and postage related to this project.

**Indirect Cost (10%)**

Agency's indirect cost rate is 10% of TDC. Indirect Cost for cost share was calculated based on the difference between MTDC28.2% that is the federal negotiated rate at NAU and the 10% of the agency's indirect cost.

## **Background:**

The Institute for Human Development (IHD)-Arizona University Center on Disabilities (AzUCD) is an interdisciplinary disability center located on the campus of Northern Arizona University. It is one of a national network of University Centers authorized and funded by the Developmental Disabilities Assistance and Bill of Rights Act. IHD-AzUCD involves self-advocates and family members in designing and managing programs. The IHD-AzUCD operates program sites in Flagstaff, Phoenix, and Tucson. The IHD-AzUCD strives to ensure that individuals with disabilities of all racial, ethnic, cultural and linguistic backgrounds are fully included and valued in society. The IHD-AzUCD's vision is that people with disabilities participate in all of life's experiences. IHD-AzUCD's vision is achieved through the conduct of four core functions: (1) interdisciplinary education, (2) community service, (3) research and program evaluation, and (4) information dissemination.

Self-advocacy is based on the premise that people with intellectual and developmental disabilities integration in society is dependent on their active participation on issues related to their civil rights and their responsibilities in society. By supporting self-advocates through training, logistical, administrative, and financial support, the Arizona Developmental Disabilities Network programs provide an infrastructural support to allow for choice and control in the lives of individuals with intellectual and developmental disabilities. With the identification and development of a resource of self-advocacy groups in Arizona, the Arizona Developmental Disabilities Planning Council will further their goal of "building a self-advocacy alliance comprised of diverse advocacy organizations that is led by persons with developmental disabilities".

### **Self-Advocacy (per DD Act)**

Activities related to leadership training, empowering self-advocates, promoting self-determination for individuals with developmental disabilities, their families, and their guardians that will result in improved and enhanced services, supports, and other assistance that contribute to and protect the self-determination, independence, productivity, and integration and inclusion in all facets of community life for individuals with developmental disabilities.

#### **Collective Impact for Advancing Self-Advocacy in Arizona**

The IHD-AzUCD has supported the development and operations of past self-advocacy organizations in Arizona. The IHD-AzUCD was an integral partner in the development of the Self-Advocacy Coalition of Arizona and its efforts in attempting to build a statewide regional network. In 2012, the IHD-AzUCD contributed personnel and materials for training to the Supporting People in Empowerment, Advocacy, and Knowledge (SPEAK) project, which is sponsored by the Arizona Developmental Disabilities Planning Council. Continuing in 2012, the Disability Experience, a presentation by self-advocates available to the general public that facilitates a frank, open conversation about disabilities, will continue its outreach in hopes that this approach instills positive attitudes and behaviors that result in welcoming, inclusive communities for individuals who have disabilities. Also, IHD-AzUCD offers an Introduction to Disability Studies course that is part of a program of studies (Disability Minor) for

undergraduates to examine the historical and legal treatment of those with disabilities, the role of disability in today's society, and the concept of normal and how it influences our understanding of disability- it is a challenge to change your perspective of persons with disabilities and think critically about social issues.

Recognizing the ADDPC as the **Backbone Support Organization**, the IHD-AzUCD will collect data through the **Common Agenda** presented in the Collective Impact for Advancing Self-Advocacy in Arizona document. The IHD-AzUCD's measurement system will consist of formats that include phone calls, emails, and video conferencing when available. The identification efforts will be approached through a list of statewide and county resources. The IHD-AzUCD will access resources identified through the following, available directories or agencies (Arizona Developmental Disabilities Network, Southwest Institute, Southwest Autism Research and Resource Center, Parent Information Network, Division of Developmental Disabilities, Department of Education, and the Arizona University System) and further compile data through our conducted surveys.

The Arizona Developmental Disabilities Network (ADDN) partners work collectively and collaboratively to foster the independence, advocacy, and community integration of individuals with developmental disabilities and their counsel will be sought to inquire about and discuss their efforts in self-advocacy in the state of Arizona. The ADDPC, Sonoran UCEDD, and the Arizona Center for Disability Law (ACDL) has had past efforts in the identifying and training of self-advocates, outreach into the disability community, and organization of conferences in issues on disability. The IHD-AzUCD will practice **Continuous Communication** with the ADDN identifying delegates within each ADDN partner to discuss efforts in identifying self-advocacy organizations in Arizona.

IHD - ADDPC			
Identification of Self Advocacy Groups	ADDPC	IHD/NAU Cost-Share	Total
January 1, 2013 - May 31, 2013			
<b>Personnel</b>		1,475	1,475
Tom Uno-Principal Investigator			
0.05 FTE(Jan-May)			
John McDermott - Project Coordinator			
.15 FTE (Jan - May)	2,813		2,813
Student Employee			
15 hours/week (Jan - May)	4,145		4,145
<b>Total Personnel</b>	<b>6,958</b>		<b>8,433</b>
<b>Fringe Benefits</b>			
Tom Uno-Principal Investigator			
0.04FTE(Jan-May)		605	605
John McDermott - Project Coordinator			
.15 FTE (Jan - May)	2,082		2,082
Student Employee	386		386
<b>Total Fringe Benefits</b>	<b>2,468</b>		<b>3,073</b>
<b>Travel</b>			
In State (3 trips to Phoenix)	219		219
Daily Rate: \$30.00 + mileage (282 x .15) = 73			
<b>Total Travel</b>	<b>219</b>		<b>219</b>
<b>Other</b>			
Telephone   Printing   Postage	600		600
<b>Total Other</b>	<b>600</b>		<b>600</b>
<b>TOTAL DIRECT</b>	<b>10,245</b>	<b>2,080</b>	<b>12,325</b>
<b>INDIRECT COST (10%)*</b>	<b>1,025</b>	<b>1,865</b>	<b>2,890</b>
<b>TOTAL COST</b>	<b>11,270</b>	<b>3,945</b>	<b>15,215</b>

\*Cost share for indirect cost was calculated based on the difference between MTDC 28.2% that is the federal negotiated rate at NAU and the 10% of agency's indirect cost.