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## Scope of Work for Self-Advocacy Alliance

### I. Introduction:

The Arizona Developmental Disabilities Planning Council (ADDPC) in developing its 2012-16 Five Year State Plan, noted that multiple organizations and groups exist in Arizona to represent the interests of persons with developmental disabilities. The organizations range in size from large, nationally represented agencies to mid-sized and smaller groups that work at a grass-roots level. Many of the existing organizations represent a specific constituent base addressing varied physical, intellectual or behavioral health issues.

### II. Goal:

The activities of this project will be specifically related to Council's Goal of the ADDPC 2012-16 Five Year State Plan, which states:

***Build a self-advocacy alliance comprised of diverse advocacy organizations that is led by persons with developmental disabilities.***

The Objectives to support the Goal are:

1. Provide and/or link the Alliance to training, technical assistance, and other resources, including community partners, to meet identified self-advocacy needs.
2. Strengthen and pilot a Self-Advocacy Alliance in at least one urban county (Maricopa or Pima county) or in one rural county, in Arizona.

The total amount of funding available for this Scope of Work is \$300,000 for one year. Applicants shall only apply for the dollar amount that is necessary to carry out the activities to meet the Council's Goal and Objectives for establishing a Self-Advocacy Alliance.

### III. Tasks:

In seeking grant applications for this project, the ADDPC will fulfill the purpose of its 2012-2016 State Plan, Self-Advocacy Alliance Goal. Applicants shall provide a Methodology for the following tasks:

Tasks for Objective 1:

1. Applicant shall utilize the following strategies to meet the training and technical assistance needs of the Alliance. Each of these strategies shall be utilized by the Alliance in order to strengthen and grow self-advocacy skills, in the first year of funding. The following includes:
  - a. Outreach efforts using social media and other internet capabilities
  - b. Outreach efforts to include face-to-face trainings and meetings
  - c. Supporting and educating communities
  - d. Alliance development and citizen participation
  - e. Development of written curriculums and training
  - f. Training and technical assistance to include the following:
    - i. Self-advocacy organizational structure and sustainability efforts
    - ii. Increasing the effectiveness of verbal and written communication
    - iii. Marketing strategies to increase public awareness
    - iv. Building relationships with community stakeholders and public policy makers
    - v. Resource and grant writing development
2. Applicant shall describe each partner involved in Task #8, and briefly describe their experience in providing the strategies and/or activities chosen by the Alliance.
3. Applicant shall describe how the strategies and/or activities will be culturally competent, age and disability appropriate, and gender responsive.

Tasks for Objective 2:

4. Applicant shall describe how a Self-Advocacy Alliance will be identified and developed, either in an urban (Maricopa or Pima County only) or rural county. The applicant shall only choose one Urban or rural county in their application.
5. Applicant shall describe how identified self-advocacy groups (large or small) will be asked to participate and form an Alliance.
6. Applicant shall describe how the Alliance will be financially sustained beyond ADDPC funding. What methods of securing other resources and funding will be developed and utilized?
7. Applicant shall describe the structure of the Alliance. Include the types of positions, job tasks and other related responsibilities of the Alliance

members that pertains to promoting the Alliance in the target community and promoting self-advocacy efforts.

8. Applicant shall describe the types of inclusive methods that will be utilized with self-advocates to have their input and ideas into the development of the Alliance and the promotion of self-advocacy activities.
9. Applicant shall describe why the chosen target urban or rural county was selected and describe the community need. Provide demographic details of population, including the number of persons with developmental disabilities living in the identified target area, services provided, gaps in services, and the types of community supports available to persons with developmental disabilities and their families.
10. The Applicant shall conduct a needs assessment in the chosen urban or rural county that documents the strengths and weaknesses of self-advocacy groups, capacity for forming and sustaining relationships, availability of resources and training, and the number of small group self-advocacy groups that are ready for organizational capacity.
11. Applicant shall describe outreach methods to underserved and unserved populations will be conducted, including to tribal communities, ethnic populations not normally served, and other disability groups (such as sickle cell anemia, sensory disabilities, physical disabilities).

Task for Evaluation Plan:

12. Applicant shall develop an evaluation tool that will document each task related to Objective One and Objective Two. Measurements shall incorporate both process and outcome measurements that will lead to successfully meeting the Goal and Objectives of the ADDPC State Plan.

## Terminology:

### **Developmental Disability (per DD Act)**

A severe, chronic disability of an individual that is attributable to a mental or physical impairment or combination of mental and physical impairments; is manifested before the individual attains the age of 22; is likely to continue indefinitely; results in substantial functional limitations in 3 or more of the following areas of major life activity:

1. Self-care
2. Receptive and expressive language
3. Learning
4. Mobility
5. Self-direction
6. Capacity for independent living
7. Economic self-sufficiency;

and reflects the individual's need for a combination and sequence of special, interdisciplinary, or generic services, individualized supports, or other forms of assistance that are lifelong or extended duration and are individually planned and coordinated.

### **Self-Advocacy (per DD Act)**

Activities related to leadership training, empowering self-advocates, promoting self-determination for individuals with developmental disabilities, their families, and their guardians that will result in improved and enhanced services, supports, and other assistance that contribute to and protect the self-determination, independence, productivity, and integration and inclusion in all facets of community life for individuals with developmental disabilities.

### **Capacity Building**

Refers to the intentional, coordinated and mission-driven efforts aimed at strengthening the management and governance of non-profits to improve their performance and impact. This occurs through organization development activities, such as leadership development, strategic planning, program design and evaluation, board development, financial planning and management.

### **Systems Change**

Refers to the outcome efforts that result in a systems change in either state, budget, or legislative policies that will enhance or hamper a particular issue. Example, the Affordable Health Care Act is a national legislative policy that will impact the current health care system.

**Process Evaluation**

Refers to the process of delivering the program, or tracking the number of activities conducted, or tracking the number of participants that attended an event. Example: The number of trainings conducted in a classroom.

**Outcome Evaluation**

Refers to impacts/benefits/changes to the participants as a result of the program activity and efforts they engaged in. Outcome evaluation can be measured in short term, intermediate term, and long-term. Measurements tell you if the program caused demonstrable effects on specifically defined target outcomes. (Outcome Evaluation answers the question "So What?")

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