

BEST BUDDIES ARIZONA

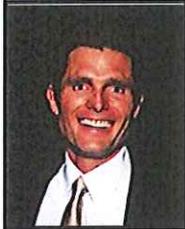
Our Mission

| | | |
|--|-------------------------------------|--|
| | | |
| <p>One-to-One Friendships Schools Citizens Events</p> | <p>Integrated Employment</p> | <p>Leadership Development Ambassadors LC Local Leadership Day</p> |

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BEST BUDDIES INTERNATIONAL

History



- Anthony Kennedy Shriver
- Inspired by his Aunt Rosemary
- Her life without friendship
- Founded in 1989
- Georgetown University

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Need

CHALLENGES

- Social Isolation
- Employment Discrimination
- Lack of Acknowledgement
- Ignorance
- Self Worth

SOLUTIONS

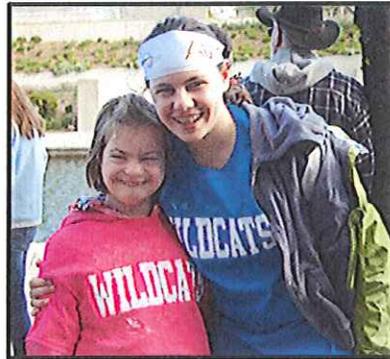
- Social Inclusion
- Equal Employment Opportunities
- Self Advocacy and Leadership Development
- Abilities –vs Disabilities
- Value to ones self and to others

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BEST BUDDIES ARIZONA-INTERNATIONAL

Our Programs



Middle Schools
High Schools
Colleges
Citizens
e-Buddies®
Jobs
Ambassadors

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BEST BUDDIES ARIZONA

Programs

36 High School Chapters
8 Middle School Chapters
3 College Chapters
82 e-Buddies®
39 Ambassadors (without
funding)
1 Job (without funding)

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WHO WE ARE & WHAT WE FACE

BEST BUDDIES®



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INTELLECTUAL AND DEVELOPMENTAL DISABILITIES

Prevalence in the United States

- 7-8 million Americans of all ages (or 3% of general population)
- 1 in 10 Households are directly affected by someone with IDD
- 87% of total population have mild to moderate IDD, not severe
- **Current Day:** Basic human rights to equality and making choices is limited or denied
- **Result:** Difficulty in making choices, display characteristics of dependency and learned helplessness, loneliness
- **BB:** With adequate support, learning opportunities and experiences, people with IDD can improve the quality of their lives

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HISTORY OF & LEGISLATION FOR PEOPLE WITH IDD

Where does Best Buddies fit in?

STRUGGLES

- Institutionalization
- Discrimination
- Segregation
- Disrespect
- Without a voice

SUCCESSSES

- Post WWII → Special education first introduced to the school system
- 1962 → Eunice Kennedy Shriver starts Special Olympics
- 1963 → Community Mental Health Act (Deinstitutionalization)
- 1972 → Center for Independent Living founded
- 1975 → Individuals with Disabilities Education Act
- 1977 → Federal funding for special education begins

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HISTORY OF & LEGISLATION FOR PEOPLE WITH IDD

Where are we now?

STRUGGLES

- 80% global unemployment rate
- Lack of education, which creates stigmas about IDD community
- Many private & public facilities are still not ADA compliant
- Segregation still exists between people with and without IDD

SUCCESSSES

- 1989 → Best Buddies founded
- 1990 → Americans with Disabilities Act
- 1995 → Disability Discrimination Act
- 2002 → Help America Vote Act
- 2006 → Disability rights enters general education curriculum for first time
- 2010 → Rosa's Law (requiring the federal government to use the term "intellectual disability," instead of "mental retardation")

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HOW WE PROVIDE OPPORTUNITY

Where are we going?

GOALS

Improved Self Esteem, Self
Confidence, Social Skills,
Life Skills, & Job Skills

Leadership Development

Community Awareness of
the **Abilities** of People with
IDD

Inclusion & Acceptance

HOW?

Mutually enriching one-to-one
friendships & group activities

Leadership Conference, Local
Leadership Training Day, Ambassador
Trainings, & Officer Trainings

Intellectual Disabilities Training, Best
Buddies Friendship Walk, Spread the
Word to End the Word events, etc.

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SOCIETY'S STIGMAS

The **stigmas** we face with IDD?

- Helplessness
- Uneducated or cannot learn
- Unable to do the same things as those without IDD
- Unable to hold a loving relationship

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SOCIETY'S STIGMAS – BEST BUDDIES FOCUS

How can society overcome these stigmas?

- What will it take for society to change their views on people with IDD?
- Think about your own community, what will it take to change the stigmas your neighbors hold about people with IDD?
- What types of laws can be created to help protect the rights of inclusion & acceptance/uplift the lives of people with IDD?

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YOUR BEST BUDDIES FRIENDSHIP

Why does it matter?

A TIME OF MANY FIRSTS FOR YOUR BUDDY

- The first phone call...
- The first text...
- The first e-mail...
- The first hallway conversation with a friend...
- The first lunch with a friend...
- The first club meeting...
- The first public speaking opportunity...
- The first football game...
- The first school dance...



The first true friend.

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THE PERFECT BLEND

Mentor and Friend



Step 1: Mix a pinch of wisdom and trust, a dash of a counselor/teacher, and a hint of an influential supporter to create the base of a mentor.

Step 2: Combine a liter of feelings and affection, a quart of personal regard, and a cup of attachment to create the perfect combination of a friend.

Step 3: Blend mentor and friend together.

Voila! You have created the perfect best buddy!

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ONE WITHOUT THE OTHER

Empathy vs. Sympathy

Empathy

to co-experience
to relate

Sympathy

~~to feel sorry for~~
~~to feel pity for~~
~~to feel bad for~~

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TAKING IT ONE STEP FURTHER

The Importance of the One-to-One...

...in the community.



Why?

- Challenges society's views of people with IDD
- Illustrates true inclusion of people with IDD

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THE BIG PICTURE

Your friendship with your Buddy is an essential part of the **big picture**...



Universal Inclusion, Respect, and Opportunities
for people with disabilities starts with you and your buddy.

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BEST BUDDIES: A GLOBAL MOVEMENT



- 700,000 individuals impacted each year
- 1,500 chapters
- 50 states, 50 countries, six continents

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INSERT MAP/CHART/GLOBAL VIEWS

50 Countries



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BEST BUDDIES



Don't walk in front of me,
I may not follow.

Don't walk behind me,
I may not lead.

Just walk beside me
and **be my friend.**

Albert Camus

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Get Involved & Opportunities for Inclusion



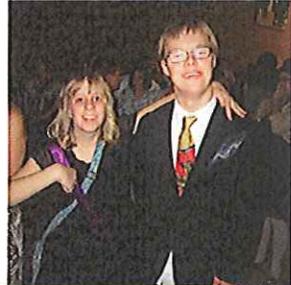
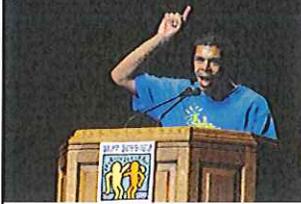
- Friendship Walk
- Chapter Awards
- Leadership Conference
- Golf for Inclusion
- BBAZ YBP
- Spread the Word
- Criterium Bike Event
- Friendship Gala
- Buddy Prom
- Wine & Cheese Tasting
- BBAZ -vs-SO Talent Show
- Rock & Roll Marathon

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MISSION IN ACTION

Events and Programs



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