



FULL COUNCIL MEETING MINUTES

Friday, May 29, 2020

10:00 a.m. – 12:00 p.m.

3839 North Third Street, Suite 306

Phoenix, Arizona 85012

Pursuant to A.R.S. § 38-431.01 (G), the Arizona Developmental Disabilities Planning Council and its standing and ad-hoc committees may obtain public comment if it so desires. A formal call to the public will take place at the end of the meeting. Members of the Board may not discuss items that are not specifically identified on the agenda. Meeting was conducted by teleconference.

Council Members Present

John Black, Chairperson

Melissa Van Hook, Vice Chair

Maureen Casey

Michael Coen

Monica Cooper

Meghan Cox

Bianca Demara

George Garcia

Wendy Parent-Johnson

Kathy Levandowsky

Scott Lindbloom

Kristen Mackey

Janna Murrell

J.J. Rico

James Rivera

Kelly Roberts

Jason Snead

Council Members Absent

Steve Freeman

Matthew Isiogu

Angelina James

Ray Morris

Council Staff

Erica McFadden, Executive Director

Marcella Crane

Michael Leyva

Sarah Ruf

Lani St. Cyr

Member of the Public

Leah Gibbs, Division of Developmental Disabilities

A. Welcome & Introductions:

Chairperson John Black welcomed everyone to the Arizona Developmental Disabilities Planning Council (ADDPC or Council) Full Council meeting. A quorum was established, and the meeting was called to order at 10:02 am. Roll call was completed, and three new Council members were introduced: Megan Cox, Bianca Demara, and Steve Freeman.

B. Minutes from January 17, 2020 Meeting:

Chairperson John Black asked members if they had a chance to review the minutes and if there were any changes. No changes were requested. John asked for a motion to accept the minutes as is. Motion was made by Scott Lindbloom; seconded by Monica Cooper. The motion carried.

C. Fiscal/Contract Update:

Lani St. Cyr notified the members the Administration for Community Living has issued a 12-month no cost award extensions for fiscal years (FY) 2018, 2019, and 2020 affecting the obligation, project period, liquidation and final reporting of these funds.

An overview was given of the three financial documents starting with the ADDPC Financial Update, which showed there is approximately \$311,500 in FY 2018 funds remaining to be spent by the end of September 2021. For FY 2019 the Council has fully obligated the funds by the original September 2020 deadline, but must ensure all work is completed by September 30, 2021. There is approximately \$812,200 remaining to be liquidated by September 30, 2022. The Council has received the entire allotment for FY 2020 in the amount of \$1,487,423 and has until September 30, 2022 to obligate these funds and complete the projects. The final liquidation period for FY 2020 is September 30, 2023. A correction was noted that under comment number four, the liquidation of funds should read September 30, 2023 rather than 2022.

The Council Funded Project document showed the addition of The Arc of Arizona Covid-19 Small Grants Project based on what was voted on during the last Full Council meeting. The Arc received over 60 proposals and was able to award 21 grants with the \$50,000 in funding approved by the Council. The Arizona Community Foundation was also able to contribute funding for this project to allow for another 7 grants to be awarded. Several current contracts have been extended due to Covid-19 and are listed below:

- ASU-Participatory Budgeting - 1 month no cost extension through July 2020
- Arizona Peer and Family- Leadership Trainings -3 month no cost extension through September 2020
- Autism Society of Greater Phoenix-Be SAFE Interactive Screenings-3 month no cost extensions through September 2020
- Sonoran UCEDD- Job Developer/Coach Training- 2 month no cost extension through December 2020
- Sonoran UCEDD-Conference Sponsorship- 3 month no cost extension through September 2020

Finally, the Budget Recommendation document showed items to be funded based on the workplan recommendations. Agenda items to be discussed were highlighted to show the availability of funds and the prior approval of the Council. Two new items were added, the Covid-19 Small Grants and 5-year State Plan Development and the ADA Anniversary has been removed. A column has been added to show FY 2021 funding, currently being estimated at level funding, and shows additional renewal projects reflected in the 2021 workplan.

D. Grant Committee

Erica McFadden gave an overview of the sex abuse research proposal submitted by the Sonoran Center for Excellence in Disabilities (UCEDD). The purpose of the project is to conduct research into the ongoing crisis of sexual violence against children and adults with intellectual and developmental disabilities (I/DD) in Arizona and to raise awareness and understanding of the issues with their families and networks of support. Activities for this project include convening a 15-member advisory group, completing a literature review, conducting three different surveys, six focus groups, and six community forums. Registration is limited to 30 individuals for each community forum and 10 individuals for each focus group. The target for the six community forums 180 participants whether they held in-person or virtually. This project will work to integrate the data collected with that of the current research project being conducted by Improvement Assurance Group.

Following completion of the project a final report will be provided as well as new information for the *My House My Home: Real Homes for Real People* in both English and Spanish. In addition, a six-hour online training on sexual abuse and trauma will be developed and offered online for free.

Chairperson John Black called for a motion to approve the Sex Abuse Research proposal in the amount of \$99,829 with matching funds of 25%. Motion was made by Jason Snead; seconded by Monica Cooper. Wendy Parent-Johnson and J.J. Rico abstained from voting. The motion carried.

Marcella Crane gave an overview of the Therapeutic and Inclusive Recreation (TIRP) proposal submitted by Arizona State University. TIRP is an inclusive recreation program that provides students with knowledge and skills to effectively interact with one another through structured recreation-based interventions that promote social interaction skills, communication, problem solving, behavior regulation and physical health. All students engage with and without disabilities as they contribute to inclusive educational and recreation experiences, form friendships and develop a sense of belonging. It is currently focusing on fifth and sixth grade students and taking place at two Title 1 schools, Village Meadow and Madison School District.

The 'WOW Wednesdays' being conducted at Village Meadow consist of four 45-minute therapeutic/inclusive recreation programs provided once a week to 113 students. A total of 56 sessions were held and focused on building social skills, empathy and problem solving.

Madison school has had 37 'Rockin' Recess' sessions, which include 2 voluntary 20-minute inclusive recreation programs twice a week during recess and has had 469 participants. Data is being measured with both programs for school connectedness, social and emotional health, and self-determination.

The year two proposal for the project includes continuation of the inclusive recreation program at Village Meadow for fifth and sixth grade students and the training of teachers and staff at Madison School District. They will implement a systematic observation of social interaction

and physical activity, conduct pre and post assessments measuring school connectedness, social-emotional health and self-determination of students and streamline surveys for teachers, staff and administration. A toolkit will be developed for sustainable implementation and they will prepare for virtual breakout session as backup plan for Village Meadow. They also intend to publish a book chapter and the interprofessional therapeutic and inclusive recreation service-learning course with be repeated and refined.

Chairperson John Black called for a motion to approve the Therapeutic and Inclusive Recreation renewal proposal in the amount of \$120,000. Motion was made by George Garcia; seconded by J.J. Rico. The motion carried.

Marcella Crane gave an overview of the School Participatory Budgeting proposal submitted by The Center for the Future of Arizona at Arizona State University. The purpose of participatory budgeting is to increase student voice, collaboration and critical thinking while helping youth develop the tools, pathways, and opportunities to contribute to their communities and civic life. It builds cohesion, trust, communication, and solidarity between students, teachers, and school leaders while providing a meaningful democratic process to improve school campus.

In the first year of the project special education (SPED) students at Carson Junior High School, in Mesa, were involved in every aspect of the participatory budgeting process, including forming a steering committee, process design, idea collection, proposal development, deliberation, campus-wide voting and evaluation distribution and collection. There were 281 initial ideas to improve the school which were then categorized and prioritized by the steering committee based on cost, policy, adherence, projected timeline and campus inclusivity and sustainability. The number was then reduced to 21 for a primary vote, which provided meaningful information on common mistakes with the ballot and voting process. The primary vote left five final projects to be campaigned for and voted on. These included a school therapy dog, better bell music, microwaves for student use in the cafeteria, bathroom renovation and filtered water stations. On the day of the final vote, the Maricopa County Recorder's Office provided voting tabulation machines and sample ballots, and the school therapy dog won the final vote, with 328 total votes (303 votes by students).

The second year of the project will continue at Carson Middle School. They will refine and improve the model to increase the impact of inclusive school participatory budgeting. They would like to further empower special education students through offering mentoring roles, ensuring they are part of the steering committee and giving them more opportunity to present and facilitate discussions. The group would like to disseminate the lessons learned statewide, nationally and internationally through conferences and publications. They also plan on evaluating the program to better understand the impact of school participatory budgeting on students and overall school climate with a focus on inclusivity measures.

Chairperson John Black called for a motion to approve the School Participatory Budgeting renewal proposal in the amount of \$60,000. Motion was made by Jason Snead; seconded by George Garcia. The motion carried.

Lani St. Cyr gave an overview of the Equal Native Youth Voices Self-Advocacy Leadership project renewal submitted by Native American Disability Law Center. The purpose of the project is to increase the understanding of legal rights and develop the skills of Native American youths with Intellectual and Developmental Disabilities to speak for themselves, make their own decisions, and advocate within their communities.

In year one, they worked with 26 students in grades 9-12. The focus has been on students in the Exceptional Student Services Program at Greyhills High School and Equal Native Youth Voices in Tuba City, Arizona. Twelve of the 26 students in the fall semester had previously participated in self-advocacy sessions and decided to continue. Four students from the Equal native Youth Voices attended the National Congress of American Indians Annual Conference in Albuquerque, New Mexico where they presented to 45 peers and they created a video that was shared with other native groups from across the country. They were able to reach a total of 124 self-advocates, family members, peers and professionals.

The curriculum includes self-advocacy, employment and community inclusion, as well as others and is culturally sensitive. Students report increased comfort level in talking about their disability, talking about their IEPs and formulating goals, as well as accommodations. Last November six students were able to attend and speak at the Navajo Nation Advisory Council on Disabilities and in January, five students attended another advisory council meeting. Students have researched colleges and their accommodation policy as well as the disability resource center. There is incomplete data due to Covid-19, but the fall semester demonstrated the project's ongoing success and they have shifted to producing short videos that can be shared with students and their parents to bridge the gap in previously identified services. The videos will include contact and support information, post-secondary education and employment opportunities, and other transition and legal rights information.

In year two, the project lead will change to Annette Yazzie, a new advocate with the law center based in Flagstaff who is closer to Tuba City and has been working with the current project lead. Another staff member, Hoskie Benally will also be more active in year two of the project and attend classroom sessions. Other staff and support will remain the same. Students will be involved in any changes to curriculum and partnerships. They will continue their relationship with the Navajo Nation Advisory Council on Disabilities, attend national or regional conferences, and continue to encourage outreach to institutions of higher learning. The project will target 20 students and the evaluation will remain consistent.

Chairperson John Black called for a motion to approve the Equal Native Youth Voices Self-Advocacy Leadership project renewal in the amount of \$37,933. Motion was made by Melissa Van Hook; seconded by Maureen Casey. The motion carried.

Lani St. Cyr gave an overview of the Civic Leadership Training renewal proposal submitted by the Arizona Peer and Family Coalition. The goal of this project is to expand the availability of the Civic Leadership Training to persons with intellectual and developmental disabilities throughout Arizona, specifically with behavioral health care. Participants learn how to share

their stories identify issues that need reform and strategize to impact change. This coalition is led by individuals with lived experience.

In the first year of the project they updated the Civic Leadership Training curriculum based on feedback shared by presenters and participants. They trained 26 individuals in four trainings in three locations, Maricopa, Mohave, and Navajo Counties. Of the 26 who participated in the training, two have gone on to be instructors. They created pre and post tests to evaluate the training and respond to ideas and feedback. They also organized a statewide coalition list with organizations that impact healthcare delivery in Arizona and provided it to those being trained, to help connect and encourage them to participate on a disability coalition, policy board or governing body. A March training was canceled due to COVID-19, but there is a Zoom meeting scheduled in Coconino County with a physical room as well for those that do not have access. They have translated the curriculum into Spanish and will have their first Spanish training via Zoom in Cochise County in June. This contract has been extended to September 30, 2020 to allow the grant deliverables to be completed.

In year two, they plan on developing and publishing a 'Committee Work and Meeting Rules 101' training that will give participants a greater understanding of how committees work. They will continue to work with their many community partners to recruit participants. The goal is to serve 120-150 individuals with intellectual and developmental disabilities. They will conduct at least two Spanish trainings, one in Pima County, the other in Maricopa. They will host three additional trainings in Maricopa County. Each participant will receive a pre and post-test survey 6 months following the training to identify any self-advocacy efforts.

Chairperson John Black called for a motion to approve the proposal in the amount \$10,390 with a revised match amount that meets the 25% requirement. Motion was made by Scott Lindbloom; seconded by Kathy Levandowsky. The motion carried.

E. Website Update & ADA Anniversary

Sarah Ruf shared Parsus was selected to be the contractor for the new ADDPC website. The initial meeting with the Parsus team will be Thursday, June 4, 2020, and one of first projects will be to delete dated pages and information.

Because of COVID-19 the ADA 30th Anniversary in-person plan will be cancelled. ADDPC will work with its community partners to develop a celebration program that will include a series of virtual events. One of the components will be a webinar on July 23th featuring the AZ ABLE program. A digital summit/press conference is being considered to share stories on how far the disability community has come, but how far we still need to go.

Erica McFadden asked Council members for ideas on what they would like to see included and addressed. Ideas ranged from developing a Public Service Announcement (PSA) for print and electronic media including pictures and messaging around ADA, benefits that have been implemented and how they provide a positive impact for the entire community, the impact COVID-19 has had on the workforce and workplace, impact of assistive technology, enhanced accessibility, positive impact of telemedicine and how it is changing culture in a positive manner.

Council members stressed employment and inclusion should be featured in the plan. Erica asked Council members to continue to share ideas with staff.

F. Review of Draft 2021 Workplan

Erica McFadden reviewed the draft 2021 workplan highlighting projects by goal area. Currently it is all in “pencil” since the Council does not know what will happen with COVID-19. At the previous Council meeting, staff shared some of their ideas and new projects are reflected in the draft workplan. Items highlighted in yellow are projects that require funding and items highlighted in red are new projects. The draft workplan will not be voted on today; staff just want you to be aware of what they are working on. Erica asked Council members to continue to share ideas for new projects.

G. COVID Updates & Feedback

Erica McFadden shared the Council is convening weekly *COVID-19 in Arizona: Supporting People with Disabilities* sessions in partnership with the DD Network (Arizona Center for Disability Law, Institute for Human Development, and the Sonoran UCEDD). Session attendance has been consistently high and includes participation of self-advocates, families, providers, professionals, nonprofits, and agency representatives. All sessions are recorded and the 10th Session will be June 2, and the topic will be *Staying Active, Staying Engaged: Recreation and Activities for the Summer*, speakers will be from ASU, Raising Special Kids, and Ability360 Sports & Fitness. The sessions will continue until attendance drops. A survey was conducted of participants and 299 responses were collected. One of the overriding comments was the need for more communication. Staff will share results of the survey with Council members.

H. Planning 2022-2026 Update

Erica McFadden shared Council staff are working on the Comprehensive Review & Analysis (CRA) of Arizona’s services, supports, other assistance, and unmet needs for individuals with I/DD and their families. The contents of the CRA document will help guide ADDPC in selecting its priorities, goals, and objectives for the 2022-2026 plan. There is a lot of information (the 2016 CRA was 173 pages) and staff believe it is too much to present to Council members in one presentation. Staff came up with an idea to highlight information in short videos of the major topic areas rather than one presentation. If Council members like the idea, videos will be created over the summer leading up to planning scheduled for September.

I. Announcements

Scott Lindbloom shared he has submitted his name for consideration for Chair or Vice Chair of the Arizona Behavioral Health Planning Council.

John Black praised and thanked the ADDPC staff for a remarkable job during COVID-19. John also wanted to share his concern for the social issues impacting the Minneapolis community. “There is racism in our society; and discrimination for people that are different. I ask that you say a prayer for people that are different. Different races, cultures, and abilities.”

J. Call to the Public

Leah Gibbs, Office of Individual & Family Affairs Administrator/Community Outreach Administrator with the Division of Developmental Disabilities, thanked the Council for the work it is doing and for sharing information and advocating for people with disabilities.

K. Adjourn

Chairperson John Black called for a motion to adjourn the meeting. Motion was made by Scott Lindbloom; seconded by George Garcia. The motion carried; meeting adjourned at 11:54 a.m.