A standing committee meeting of the Arizona Developmental Disabilities Planning Council (ADDPC) was convened on August 27, 2012 at the ADDPC, 1740 West Adams Suite 410 Phoenix, Arizona 85007. Notice having been duly given. Present and absent were the following members of the ADDPC.

### Members Present
- Ed Myers, Chair, Teleconference
- John Eckhardt, Teleconference
- Rosemarie Strout, Teleconference
- Joyce Millard Hoie, Teleconference

### Staff Present
- Larry Clausen, Executive Director
- Marcella Crane, Contracts Manager
- Lani St. Cyr, Fiscal Manager
- Teri Traaen, CEO/Owner of Traaen & Associates, LLC.

### Members Absent
- Marv Lamer

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**A. Call to Order:**
Ed Myers welcomed everyone to the Arizona Developmental Disabilities Planning Council (ADDPC) Empowerment through Information standing committee meeting and introductions were made. Meeting was called to order at 10:01 a.m.

**B. Minutes Approval**
The Minutes from the August 10, 2012 committee meeting were reviewed with no changes.

- Motion to accept the Minutes made by John Eckhardt.
- Motion seconded by Rosemarie Strout.
- Motion carried.

**C. Government Liaison- Traaen & Associates, LLC.**
Lani St. Cyr explained that at the Council retreat some members voiced concerns that there was not enough presence at the legislature during the last session. In response to this, the staff identified a state contracted vendor experienced with public policy that would be able to increase the legislative presence of the Council during the next session. Teri Traaen, the current CEO/Owner of Traaen & Associates, LLC, joined the meeting over the phone to
discuss prior experience working with the legislature and the duties that will be expected under the contract including expanding the Council’s presence at the legislature and representing it on issues having an impact on the developmental or intellectual disability community. Other activities include reviewing and reporting on policy, procedure, rules, regulations, legislation and, reports presented during the session and tracking all pending or proposed legislation and communicating this back to the Council. There was discussion about developing a calendar specifically outlining the Council’s priorities and how the information would be communicated. A recommendation was made by Larry Clausen that voting for this item be postponed until the end of the meeting and that discussion continue with item G on the agenda regarding Public Policy Support and Consultation.

G. Public Policy Support and Consultation
Larry Clausen gave an overview of the work that the Morrison Institute has done for the Council under its current contract and had David Daugherty and Erica Edwards, both on the phone representing the Morrison Institute, discuss the three proposed projects under the new contract. The first project includes: research, writing and presenting abstracts, reports, and position papers. This project would also include translating public policy goals into policy statements and performance measures for the Five Year State Plan, at a cost of $45,000. The second project includes conducting 4 public forums to be held in various locations across Arizona, targeting un-served or underserved person with DD, at a cost of $54,000. The third project includes convening three focus groups in Arizona to address the issues identified in the public forums and developing written reports and data that analyze the findings, at a cost of $9,000. The cost for the three projects totaling $108,000. The vote for the Morrison Institute was held until the end of the public policy discussion.

Larry Clausen then gave an overview of the proposal submitted by the National Association of State Directors of Developmental Disabilities Services (NASDDDS). This contractor will be able to give a more national perspective on DD issues. This project is to include five 2 to 4 page brief fact sheets, four research papers of 15 to 25 pages in length, and working with the Morrison Institute regarding public policy. The cost for this project is $45,001. A recommendation was made that a motion be made combining Traaen & Associates, LLC, the Morrison Institute, and NASDDDS.

• A Motion was made by Rosemarie Strout to approve funding for Traaen & Associates, LLC in the amount of $49,000; NASDDDS in the amount of $45,001; and the Morrison Institute in the amount of $108,000.
• The Motion was seconded by John Eckhardt.
• The Motion carried.
Emergency Preparedness
Ed Myers gave an overview of the Emergency Preparedness project which will target the developmentally disabled population in Northern Arizona and will ensure the initial training of 10 persons with developmental disabilities, family members or caregivers who will then go on to train others through a train-the-trainer model. The expectation is that at least 100 people with DD in Northern Arizona will be trained. The project consists of three sections. The first section includes the creation of a training manual, a resource list and the development of a 72-hour safety kit model. The second section is the actual emergency preparedness training session utilizing a train-the-trainer model. The third section will break down the emergency preparedness training process and will also involve the evaluation of the project. The Arizona Center for Disability Law (ACDL) will be partnering with the State Independent Living Council (SILC) and the Native American Disability Law Center (NACDL) on the project and the Arizona Department of Health Services (ADHS) will be a pass through for funding.

- A Motion was made by Joyce Millard Hoie to approve funding for Emergency Preparedness in the amount of $56,095.
- The Motion was seconded by John Eckhardt.
- Ed Myers recused himself from voting due to a conflict of interest.
- The Motion carried.

D. Conference Sponsorship
Lani St. Cyr explained that the Council agreed to award conference sponsorships up to $100,000. Through the solicitation process only six applications were received and awarded at $10,000 each for a total of $60,000 in awards. This leaves the Council with $40,000 remaining for conference sponsorships. However, for the RFGA process to be completed again the amount for solicitation needs to be at least $50,000. The request is to have another $10,000 added to the conference sponsorships RFGA for a second solicitation to spend the funds.

- A Motion was made by John Eckhardt to approve $10,000 in additional funding for the Conference Sponsorship RFGA.
- The Motion was seconded by Rosemarie Strout.
- The Motion carried.

E. Wellness Education & Prevention Project
Lani St. Cyr explained that Special Olympics submitted a renewal application for the Wellness Education & Prevention Project. The second year of the project will provide 1,500 Healthy Athletes screenings during a 9 month period to 1,000 athletes. It will have 150 athletes receive free or reduced-cost follow up care based on the Healthy Athlete screenings and referrals. It will also train 20 educators to then teach the Health Promotions curriculum during the grant period with emphasis on rural areas. The project will continue to target elementary and high schools with Special Ed programs, community services for people with disabilities and
recreation providers who serve the target population. In the first year of the project 2,034 screenings have been provided to 988 youth and adults with intellectual disabilities in Maricopa and Pima Counties. Also, 153 free sports physicals have been provided, with 4 more free physical events scheduled in September in order to reach the 400 athlete goal. With the pre-and post-test data collected to date, participants in the ARCH class lost an average of 3.5 lbs. and lowered their BMI by an average of 2.42% showing that the 8 weeks of lessons have already been applied and were effective.

- A Motion was made by John Eckhardt to approve $82,142 to fund the renewal application for the Wellness Education & Prevention Project.
- The Motion was seconded by Rosemarie Strout.
- The Motion carried

H. Call to the Public
No public members were in attendance.

I. Adjourn
- A Motion to adjourn was made by John Eckhardt.
- The Motion was seconded by Ed Myers.
- The Meeting adjourned at 10:56 a.m.