



SELF-ADVOCACY STANDING COMMITTEE

DRAFT MINUTES

October 27, 2014

11:00 a.m. - 12:00 p.m.

Arizona Developmental Disabilities Planning Council

1740 West Adams Street, Suite 410

Phoenix, Arizona 85007

A standing committee meeting of the Arizona Developmental Disabilities Planning Council (ADDPC) was convened on October 27, 2014 at the ADDPC, 1740 West Adams, Suite 410, Phoenix, Arizona 85007. Notice having been duly given. Present and absent were the following members of the ADDPC.

Members Present	
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Tom Uno, Chair, Teleconference Monica Cooper, Teleconference	George Garcia, Teleconference Tim Martin, Teleconference
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Staff/Members of the Public	Members Regrets or Absent
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Marcella Crane, Contracts Manager Larry Clausen, Executive Director Lani St. Cyr, Fiscal Manager Michael Leyva, Grants Coordinator	Regrets - David Copins Regrets - Madeline Corzine
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Karen Kelsch, Pilot Parents of S. Arizona (PPSA)

Greg Boone, Southwest Autism Research & Resource Center (SARRC)

A. Call to Order:

Tom Uno welcomed everyone to the Arizona Developmental Disabilities Planning Council (ADDPC) Self-Advocacy standing committee meeting. Meeting was called to order at 11:05 a.m. and introductions were made. Guest Karen Kelsch was welcomed to the committee.

B. Minutes Approval

The Minutes from the June 5, 2014 committee meeting were approved with no changes.

- Motion by Tim Martin to accept the Minutes.
- Motion was seconded by Monica Cooper.
- Motion carried.

C. Approval of Applications from RFGA: Comprehensive Education Projects to Promote Self-Advocacy and Information

Marcella Crane provided an overview of the competitive grant solicitation to support comprehensive education projects that will promote self-advocacy and information sharing. The RFGA was released in July with applications due on August 28, 2014. Eleven applications were submitted, competing for a total amount of \$300,000 to award. Per State Procurement rules, an outside evaluation committee was established to independently review and score each application, and to make a recommendation to the ADDPC. Of the eleven submitted, four applications are recommended to the Self-Advocacy standing committee for approval. The total amount of funding is \$233,117 with contracts to be in place for one year. The four applications, summary and motion are as follows:

1. Alzheimer's Association Desert Southwest Chapter - \$40,840

Alzheimer's Association will implement *CarePRO* Workshops for caregivers of Individuals with Developmental Disabilities and Alzheimer's disease. *CarePro* is an evidence-based, educational skill building group based intervention. Groups of 8-12 caregivers will be recruited to participate in 10 weekly sessions, to develop and use practical new skills to improve their ability to cope with the extreme stresses of caregiving resulting in enhanced physical health and emotional well-being for both the caregiver and the individual with Developmental Disability and Alzheimer's disease. Caregivers will be recruited, screened and must be caring for a loved ones at home, and will receive 5 coach calls per session. Alzheimer's Association plans on conducting four (4) *CarePRO* Workshops in Arizona communities – Phoenix, Prescott, and Tucson. After the conclusion of the 10 week session, participants will be provided follow-up services for additional support, referral and information. Alzheimer's Association will collaborate with DES Aging and DDD, the Area Agencies on Aging, assisted living and care facilities, faith communities, and other nonprofits that provide services to specific underserved communities such as DUET, Jewish Community Services, the Foundation for Senior Living Adult Day Services, and Gompers Habilitation Center.

With no further discussion, the Chair moved for motion to approve.

- Motion was made by Monica Cooper to approve the application by Alzheimer's Association Desert Southwest Chapter for \$40,840.
- Motion was seconded by George Garcia.
- Motion carried.

2. Pilot Parents of Southern Arizona - \$106,995

PPSA will provide the enhanced version of the Partners in Policymaking program, renamed as the *Arizona Partners in Leadership program*. With

previous ADDPC funding in Year 4, PPSA received year- long technical assistance with the University of New Hampshire, Institute for Disability to evaluate and enhance the Partners in Policymaking program. The culmination of this work led to a more focused effort on strengthening and incorporating more leadership training and practicing real life activities to assist current participants in their advocacy work once they graduate. In addition to the current topics addressed during the training, PPSA will provide training on collaboration, negotiation skills, conflict resolution, consensus building and group dynamics/processes. Also, another new component to the program is the implementation of Action Groups where each participant will work in small group settings, practice their leadership skills by addressing issues that impact families, and to work collaboratively to influence policy change. PPSA will seek participants statewide, and classes will begin in early 2015. The Self-Advocacy standing committee asked Karen Kelsch of PPSA to continue to track the previous class graduates on their advocacy work and to track the number of legislative contacts graduates have.

With no further discussion, the Chair moved for motion to approve.

- Motion was made by Monica Cooper to approve the application by Pilot Parents for Southern Arizona \$106,995.
- Motion was seconded by George Garcia.
- Motion carried.

3. Native American Disability Law Center - \$60,282

NADLC will work with both the Hopi and Navajo Tribes serve young adults with developmental disabilities and their families who identify as self-advocates. By working with young adults between the ages of 16-25, NADLC will increase self-advocacy skills of Native Americans through direct education and training. NADLC proposes the following types of activities: ongoing training and support on their rights, help in identifying issues that are of interest to them, role playing and practice, developing the parents' advocacy skills, nominating a young individual with developmental disabilities to the Navajo Nation Advisory Council on Disabilities, and coordinating panel discussion at the annual Navajo and Hopi conference. The Self-Advocacy standing committee asked staff to clarify the total number of self-advocates and families that will be served and o present additional information to the Executive Committee.

With no further discussion, the Chair moved for motion to approve.

- Motion was made by Tom Uno to seek additional clarification on the total number of participants that will be targeted and approve the application by the Native American Disability Law Center for \$60,282.
- Motion was seconded by Monica Cooper.
- Motion carried.

4. Southwest Autism Research & Resource Center - \$25,000

SARRC will provide young women with ASD with an educational foundation and support system to empower them in relationships, finances, and independent living and employment options. The Women's Empowerment Series is targeted to a minimum of 20 women, which will take place in two - 12-week sessions (10 women in each session). The program will also include 4 one-on-one sessions for each participant during their participation. The program uses scientific principles from psychology, counseling and applied behavioral analysis techniques, in an environment where women can openly discuss issues and feel empowered to self-advocate on their own behalf. This program was initially developed by SARRC in March 2013 and has been able to serve over 25 women since inception. Clarification was provided by Greg Boone of SARRC on the outcomes that project will track. SARRC will continue to track the progress of these women that participate in the program.

With no further discussion, the Chair moved for motion to approve.

- Motion was made by Monica Cooper to approve the application by Southwest Autism Research & Resource for \$25,000.
- Motion was seconded by Tom Uno.
- Motion carried.

D. RFGA Review of Applications Not Considered for an ADDPC Grant

Marcella Crane briefly stated that seven of the eleven applications submitted for the RFGA referenced in Agenda Item C were not recommended for an award to the Self-Advocacy Committee. The Evaluation Committee Consensus Report, details each applications strengths and weaknesses and provides final scores for each application. This document will be available for public review upon the Executive Committee's meeting that is scheduled for November.

E. Open Discussion for Committee Members

Tom Uno clarified that the remaining dollars (approx. \$66k) that were not awarded from the last RFGA be reserved for the Self-Advocacy standing committee to fund future projects related to the Council's Self-Advocacy Goal and Objectives. The standing committee will convene in January 2015 to discuss the dollars available, new projects to fund, and development of a scope of work to release in a competitive solicitation in March 2015. Suggestions for topics or ideas can be sent to the Chair or to staff. The Goal and Objectives for the Self-Advocacy standing committee will be sent out to the members.

F. Call to the Public

Karen Kelsch attended the meeting and asked when Council's Executive Committee will be scheduled. Larry Clausen responded that a meeting will be scheduled in November 2014.

G. Adjourn

The meeting was adjourned at 11:55 a.m.