



**SELF-ADVOCACY STANDING COMMITTEE
DRAFT MINUTES
November 4, 2015
3:00 p.m. - 3:30 p.m.
Arizona Developmental Disabilities Planning Council
1740 West Adams Street, Suite 410
Phoenix, Arizona 85007**

A standing committee meeting of the Arizona Developmental Disabilities Planning Council (ADDPC) was convened on November 4, 2015 at the ADDPC, 1740 West Adams, Suite 410, Phoenix, Arizona 85007. Notice having been duly given. Present and absent were the following members of the ADDPC.

Members Present

Tom Uno, Chair, teleconference
Monica Cooper, teleconference
Madeline Corzine, teleconference

George Garcia, teleconference
Angelina James, teleconference
Tim Martin, teleconference

Staff/Members of the Public	Members Regrets or Absent
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Larry Clausen, Executive Director,
Marcella Crane, Contracts Manager
Michael Leyva, Grants Coordinator
Lani St. Cyr, Fiscal Manager

Regret, David Copins

Deborah Schaus, Executive Director, Alzheimer's Association DS Chapter

A. Call to Order:

Tom Uno welcomed everyone to the Arizona Developmental Disabilities Planning Council (ADDPC) Self-Advocacy standing committee meeting. Meeting was called to order at 3:00 p.m. and introductions were made.

B. Minutes Approval

The Minutes from the September 22, 2015 committee meeting were approved with no changes.

- Motion by Monica Cooper to accept the Minutes.
- Motion was seconded by Angelina James.
- Motion carried.

C. Contract Renewal Review:

Marcella Crane, Contracts Manager, discussed the Year 2 renewal application by the Alzheimer's Association, Desert SW Chapter.

The application was first reviewed by the Executive Committee on October 19, 2015 and several members had questions that required staff to obtain a written clarification response. The Executive Committee also recommended that the Self-Advocacy Committee review the application and their response prior to any final funding decision.

The Year 2 renewal application by the Alzheimer's Association Desert SW Chapter supports their ongoing effort to provide educational trainings to family caregivers providing support to an adult with Down syndrome and who is experiencing concerns with Dementia. CarePRO is an evidence-based, educational skill building group based intervention. The program is designed for groups of 8-12 caregivers to participate in 10 weekly sessions, learn practical new skills to improve their ability to cope with the extreme stresses of caregiving resulting in enhanced physical health and emotional well-being for both the caregiver and the individual with Developmental Disability and Dementia. Caregivers are recruited, screened and must be caring for a loved ones at home, and receive 5 coach calls per session. At the conclusion of the 10 week session, caregivers are provided follow-up services for additional support, referral and information.

During the first year of funding, the Alzheimer's Association collaborated with the DES Aging and DDD, the Area Agencies on Aging, and other community organizations. Evaluation results for Year 1 showed one workshop was conducted for 10 individuals in the Phoenix-Metro area. The three other workshops that were scheduled (Yavapai, Pima and Maricopa) never took place due to difficulty in recruiting efforts in those counties. As a result of the barriers faced by the Alzheimer's Association DS Chapter in program implementation, they were unable to meet their program objectives.

Staff solicited additional information and presented an overview of their program going forward, highlighting the areas identified as barriers and how they will be addressed by the contractor. Deborah Schaus, Executive Director, attended the meeting by teleconference and clarified additional information for the committee members that were concerned about recruitment efforts and budget costs. She specifically stated that reducing the number of workshops from four to three, and targeting 24 caregivers from 44 would be a realistic program implementation that the Alzheimer's Association DS Chapter can achieve. They continue to establish relationships with various state agencies and community providers, and have added general workshops for caregivers that discuss basic information on Alzheimer's disease and other related Dementias. In addition, the decrease in funding for Year 2 is not directly related on a per-person cost, as some administrative costs are fixed. The reduced budget amount from \$ 40,840 to \$32,926 is based on the three

workshops that will be offered, one each in the counties of Yavapai, Pima and Maricopa. She also stated that by partnering with the ADDPC, she is cautiously optimistic that additional community partners can be identified to help with recruitment efforts and to spread the word about the CarePRO program.

With no further discussion by the committee members or staff, a motion was introduced.

- Motion by Monica Cooper to recommend to the Executive committee, Year 2 funding for the CarePRO program at \$32,926.
- Motion was seconded by Angelina James.
- Motion carried.

D. Call to the Public

No public attended the meeting.

E. Adjourn

The meeting was adjourned at 3:25 p.m.

- Motion by Angelina James to adjourn the meeting.
- Motion was seconded by Tom Uno.
- Motion carried.

Dated this 5th day of November, 2015
Arizona Developmental Disabilities Planning Council