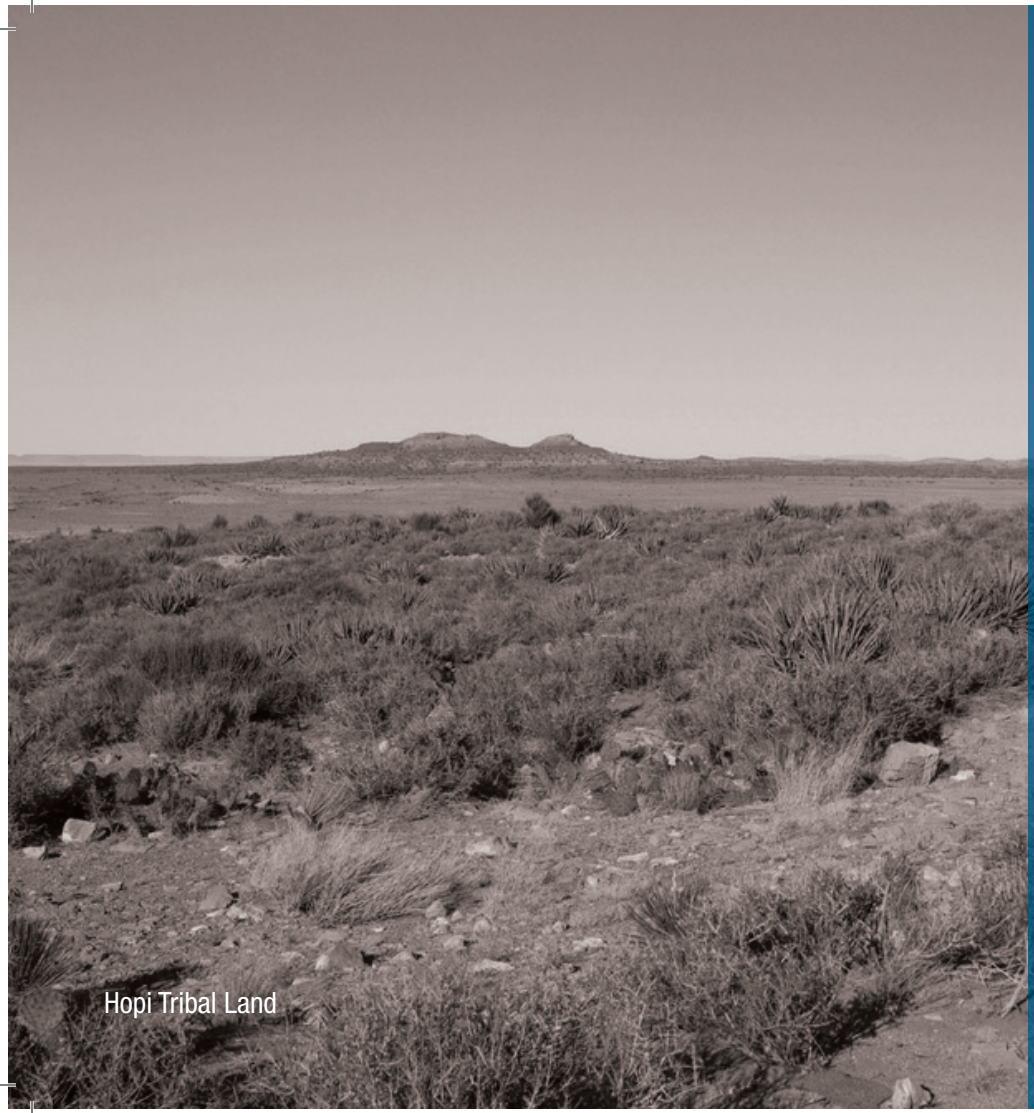
2012 ANNUAL REPORT

ARIZONA DEVELOPMENTAL DISABILITIES PLANNING COUNCIL℠



Hopi Tribal Land

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Cover Picture –
Student Interns, Project SEARCH Maricopa

Introduction

The Arizona Developmental Disabilities Planning Council (ADDPC) is a 23 member body appointed by the Governor of Arizona. Established and authorized by The Developmental Disabilities and Bill of Rights Act of 2000, and Arizona Executive Order 2009-08, the ADDPC serves the needs and interests of persons with developmental disabilities and their families in the State of Arizona.

Developmental Disabilities are defined by federal law as any physical or mental impairment that occurs by the age of 22, are likely to continue indefinitely, and limit a person's ability to fully carry out major life activities such as:

- Self-care
- Learning
- Receptive and Expressive Language
- Mobility
- Self-direction
- Capacity for Independent Living

The ADDPC has created a five-year State Plan with Goals and Objectives to respond to assessed needs and issues among persons with developmental disabilities in Arizona. The Plan addresses three primary areas:

- Integrated Employment
- Self-Advocacy
- Empowerment through Information

The 2012 Annual Report describes the varied initiatives carried out as part of the State Plan as the ADDPC continues its involvement with Arizona consumers, family members, professionals and other stakeholders.

Council Chairperson, Will Humble

ARIZONA DEVELOPMENTAL DISABILITIES PLANNING COUNCIL℠

Greeting From Council Chairperson

Please take a few minutes to review the new 2012 Arizona Developmental Disabilities Planning Council (ADDPC) Annual Report. This year's report features many of the successful projects that were started as part of our new State Plan that runs from 2012 – 2016. The report shows how we've been able to kick start change - helping folks with developmental disabilities and their families in Arizona via initiatives on Integrated Employment, Self-Advocacy and Empowerment.

The Report shows how the Council has continued to be steadfast in its commitment to bring to life diverse and innovative projects throughout Arizona, especially in those areas of the state that are typically unserved or underserved. One of the ways we ensure that these projects are successful is by making sure they are developed in collaboration with consumers, families, service providers, policymakers and other professionals who through ongoing communication and dialogue bring forth concerns and ideas.

As Chairperson of the Council, I recognize that the work of the Council can't be carried forward without the full inclusion of those persons whom we support with our actions. In response to this charge, Council staff and members participated in extensive outreach in 2012, establishing various new partners who actively participated in shaping the vision of the Council and in the future will continue to influence our efforts.

I'm looking forward to the ADDPC continuing to move forward in 2013, working with those who have a vision for a bright future and who have a desire to embrace change leading to increased inclusion, self-determination and full participation for persons with developmental disabilities and their families.

Arizona Developmental Disabilities Network

The Developmental Disabilities Network (DDN) is established under the authority of the Developmental Disabilities and Bills of Rights Act of 2000, and defines two organizations besides State Councils as providers of supports to persons with developmental disabilities. These additional entities are listed as University Centers for Excellence in Developmental Disabilities (UCEDD) and Protection and Advocacy (P&A) organizations. These bodies form the DDN and include:

- Arizona Developmental Disabilities Planning Council
- Institute for Human Development, UCEDD, Northern Arizona University, and the Sonoran UCEDD, University of Arizona
- Arizona Center for Disability Law, Protection and Advocacy
- Native American Disability Law Center, Protection and Advocacy (an active partner but not a member of the DDN)

In 2012 the Arizona DDN worked together on these projects:

Annual Newsletter

Members of the DDN contributed information to an annual newsletter widely distributed across Arizona in printed and electronic formats. The newsletter highlights individual activities carried out by each member organization, along with emphasis on projects undertaken together by the DDN.

Educating Family Members & Caregivers on AZ Legal Rights

In collaboration with all members of the DDN and the Native American Disability Law Center a revised edition of the Legal Options Manual was published and posted electronically for consumers. The publication was paired with free, community trainings offered across Arizona.

Website and Social Media

With the activation of the new

ADDPC website and utilization of Facebook as means of delivering information to consumers, all members of the DDN were incorporated into the electronic format, carrying specific details about their organizations and events.

1st Annual African American Disabilities Conference

The Arizona DDN offered varying levels of support and participation in this event to support outreach and the development of meaningful content for the one-day event.

National Task Group on Intellectual Disabilities and Dementia Practices: Workshop on Early On-Set Dementia in Adults with Developmental Disabilities

This nationally sponsored seminar was held in Phoenix as part of a national conference. The DDN promoted the event through their specific communication networks, resulting in increased interest and a strong turn-out for the training.

Hopi 17th Annual Special Needs Activity Day

This annual event held in a northern tribal community, focused on bringing together consumers, family members, professionals and other stakeholders, often drawing over 1,000 participants, many with developmental and other disabilities. Fully supported by the DDN, the day incorporated multiple service and support organizations to provide current information to tribal members.

ASU Morrison Institute for Public Policy
ARIZONA STATE UNIVERSITY

Morrison Institute for Public Policy – Arizona State University

In 2011, the ADDPC began working with the Morrison Institute for Public Policy (Morrison Institute), Arizona State University, in carrying out two important components of Council activities. The first involved the Morrison Institute in developing a weekly legislative update that was produced and posted on the ADDPC website during the 2012 Arizona legislative session. The report tracked key issues, discussions and proposed bills pertaining to disabilities and spanned a large array of topics

and concerns. The Morrison Institute also collaborated with the ADDPC in researching and producing information briefs that were distributed to public policy makers, consumers, family members, professionals and other stakeholders. Seven briefs were created during the year and can be found on the ADDPC website:

- *Arizona Health Care Cost Containment System (AHCCCS) Reform: What People with Developmental Disabilities and Their Families Need to Know*
- *Simplifying Arizona Health Care Cost Containment (AHCCCS)… Arizona's Medicaid System*
- *Arizona Health Care Cost Containment System (AHCCCS) Medical Services and Arizona Long Term Care System (ALTCS): Defining the Difference for People with Developmental Disabilities and Their Families*
- *What is a Developmental Disability?*
- *How Many People in Arizona Have a Developmental Disability?*
- *Restraints and Seclusion*

Integrated Employment

Integrated Employment is a key goal of the ADDPC and represents a major activity of the Council by stating:

In partnership with individuals with developmental disabilities, their families, others who support them, and employers, advocate for and expand capacity for integrated employment.

The ADDPC defines "Integrated Employment" as paid employment that places workers into community involved, non-segregated environments, carrying out work that is done by both non-disabled and disabled persons, while receiving a competitive wage and benefits. Fully integrated work also provides an opportunity for self-determination in choosing a job and deciding on work that is of interest to the employee.

Project SEARCH at Medtronic

ADDPC supported a second year contract with the Sonoran University Center for Excellence in Developmental Disabilities (UCEDD), University of Arizona, for Project SEARCH Maricopa. The program based in Tempe, focused on the creation of on the job training for youth with developmental

disabilities, with the planned outcome resulting in employment with either the sponsoring employer or in another similar job environment. Each person involved in Project SEARCH worked as an intern and became immersed in a combination of classroom instruction, career exploration, and hands-on training through workplace rotations. Additional emphasis was also placed on the development of other abilities that support independent living such as using public transportation while also strengthening many of the "soft skills" necessary to become a successful employee.

Medtronic, a medical technology company located in Tempe, became a partner in supporting Project SEARCH. With a large campus and multiple departments, Medtronic was a perfect environment to

support the interests of interns as they learned the various functions related to development, production and distribution of sophisticated medical equipment.

The success of Project SEARCH was linked to various partnerships within the community as supports for interns were provided by varied organizations, including The Centers for Habilitation, Vocational Rehabilitation, Division of Developmental Disabilities, Sonoran UCEDD and Tempe, Mesa and Scottsdale school districts.

Work Incentive Information Network (WIIN)

The Work Incentive Information Network educated benefit specialists and employment service providers on how to support persons with developmental disabilities receiving public benefits (Social Security Disability & Supplemental Security Income) as they explored work options. Among the resources offered was Arizona Disability Benefits 101, an online service (www.az.db101.org) that provides details on how additional income earned from employment affects ongoing eligibility for benefits.

State Employment Leadership Network (SELN)

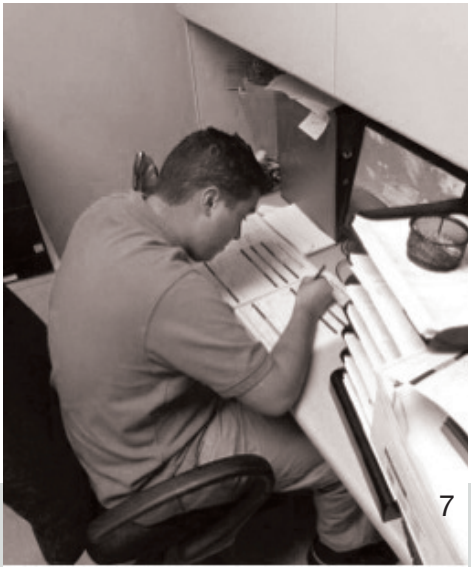
Recognizing that best practices to increase employment exist within many states when working with persons with developmental disabilities, the ADDPC partnered with the Division of Developmental Disabilities (DDD) to maintain membership in the State Employment Leadership Network (SELN). SELN is a consortium of state agencies from across the nation that met regularly to share concepts, develop strategies and implement evidence based programs that lead to increased employment opportunities. Out of this strategic relationship, DDD brought together a state interdisciplinary advisory council that continues to work on innovative ideas to address funding and programmatic issues that pose both opportunities and obstacles.

Pathways to Employment Videos

Understanding and accepting the value of diversity is often the first step in creating employment opportunities for persons with developmental disabilities. To provide meaningful messaging appropriate for potential employers and persons seeking employment alike, ADDPC created a series of videos that highlighted bottom-line success to business and emphasized that persons with disabilities possess job skills that can be transferred into existing positions to the mutual benefit of the employee and employer.

Public Policy Brief

In partnership with the Morrison Institute for Public Policy, Arizona State University, ADDPC created *Employment Options for People with Developmental Disabilities in Arizona,* which was used as an informational and educational tool in Council outreach to consumers, family members, professionals and public policy-makers.



Project SPEAK leaders, Teresa Moore, Juliana Huerena, George Garcia

Partners in Policymaking Graduates

Self-Advocacy

Self-advocacy is a principle that emphasizes the importance of the individual in understanding life-issues and making choices on how to respond to opportunities and barriers that exist. Self-advocacy places the decision-making process in the hands of the consumers and results in individuals attaining responsibility for their lives.

To provide supports and potentially add value to the self-advocacy process the ADDPC set the following goal:

Build a self-advocacy alliance comprised of diverse advocacy organizations that is led by persons with developmental disabilities.

In working toward this goal, the ADDPC was involved in funding and supporting the following Self-Advocacy activities in 2012:

Self-Advocacy Activities in 2012

Grantee	Project Title	Narrative
Pilot Parents of Southern Arizona	**Partners in Policymaking**	Using a national model of curriculum that is evidence based and a proven educational tool, Pilot Parents of Southern Arizona recruited parents, young adults with disabilities, and persons from rural communities interested in developing self-advocacy skills to participate in a free, multi-month program allowing graduates the opportunity to learn of best practices in the disability field and increase personal competencies in working with and influencing public officials.
Southwest Institute for Families & Children	**Supporting People in Empowerment, Advocacy & Knowledge (SPEAK!)**	As a new initiative led by persons with disabilities, SPEAK! worked in developing outreach to existing self-advocates that wished to strengthen their membership organizations to increase effectiveness. Using an innovative website, new curriculum, one-to-one support and education with self-advocates, SPEAK! established itself as a new community resource capable of increasing capacity among persons with developmental disabilities.

Self-Advocacy Activities in 2012 (continued)

Grantee	Project Title	Narrative
Pilot Parents of Southern Arizona	**Leadership Education Advocacy Partnership (LEAP)**	In responding to ongoing requests for financial support, the ADDPC in tandem with Pilot Parents of Southern Arizona, established Project LEAP. Designed to assist family members and persons with developmental disabilities in their quest to become more effective self-advocates, LEAP provided assistance in paying for tuition, registration and other costs associated with participating in self-advocacy educational conferences, seminars and workshops.
Arizona Center for Disability Law	**Project Vote**	As an election year approached, a continuing effort to register eligible voters with developmental disabilities was undertaken. Coinciding with this activity was the development of candidate forums where local candidates for public office met with members of the community, including those with developmental disabilities.

Empowerment Through Information

In 2011, while conducting public forums across the state to prepare for the 2012-16 State Plan, a common theme voiced by participants was the need for current, updated information relevant to the multitude of issues revolving around developmental disabilities. A request was made for easy and reliable access to information, as well as on-going education addressing important issues. Consumers also stated the need for collaborative ventures, resulting in the best and most thorough information available reducing the need to go to multiple sources for supplemental details. To address this area, the ADDPC constructed the following Goal:

Day for Special Smiles

Empower persons with developmental disabilities, their families, and others who support them, by linking them to information that promotes informed decision-making about their choices and quality of life.

Following is a summary of projects funded by the ADDPC during 2012:

New Website and Social Media Application

Over the previous two years, the Council tried several mediums to communicate information, including the tried and true methods of printing publications and distributing directly to consumers or mailing them to recipients. However, this approach only represented one

facet of effective communication, so in 2012 a new website was launched by the ADDPC. Designed to be visually appealing, user friendly and appropriate for all ranges of competencies, the site became the centerpiece of ADDPC's communication model. To supplement the website, social media utilization was also developed with the introduction of a Facebook page. Both methods have increased the numbers of visitors to the respective sites, increasing access to useable information.

A Day for Special Smiles

This project developed to align with recommendations made in the ADDPC 2011 *Adult Oral Health Care Study*, included "A Day for Special Smiles" held in November 2012. The project not only supported free dental care, but also included an education program for dentists by providing training on how to support persons with special needs. In addition, printed guidebooks listing dental professionals available to provide specialized dentistry to persons with developmental disabilities, were developed for distribution statewide.

Legal Options Manual & Training

Working with the Arizona Center for Disability Law, the ADDPC provided funding for publication of the Legal Options Manual, which was designed to inform family members, consumers and professionals of rights ascribed to young adults reaching 18, and the options available for providing legal supports. The project not only created free technical manuals but also provided community training at no cost across several locations in the state.

Healthy Athletes Program

The Special Olympics Arizona (SOAZ) is recognized nationally for their involvement in introducing and sustaining athletic opportunities developed with persons with developmental disabilities. Building upon the capacity of SOAZ, the Council funded a Healthy Athletes program that featured several outreach activities such as medical and dental assessments at scheduled athletic events and classroom-based health/wellness training occurring across a variety of public school settings.

1st Annual African American Disabilities Conference

In early 2012, the ADDPC was approached by the Arizona Bridge for Independent Living and the Arizona Center for Disability Law with a proposal to participate in the development of a disability conference specifically designed for the African American community. A collaboration developed and in February 2012, the 1st Annual African Disability Conference was held at the Disability Empowerment Center. The response by participants was positive and focused on the need for continuing information unique to cultural interests and needs.

Housing Project

As demographic and other indicators in Arizona pointed toward an increasing need for housing alternatives, ADDPC continued its partnership in working with the Sonoran University Center for Excellence in Developmental Disabilities (UCEDD) in providing training and supports for consumers with developmental disabilities seeking information on housing options. A variety of educational sessions examining different housing topics were held, with the UCEDD developing printed and electronic versions of a resource guide for use by consumers when seeking different housing options.

Building Accessible and Sustainable Transportation for Increased Independence

Transportation is intrinsically linked to most areas of community involvement including employment, education, medical care, shopping

Day for Special Smiles

Arizona Developmental Disabilities Planning Council℠

and recreation. For persons lacking the capacity to drive, dependence on reliable sources of transportation in their community becomes a paramount concern. In small communities with limited infrastructure, this issue takes on even greater dimensions and can often result in the isolation of persons with developmental disabilities. To address this concern, the ADDPC embarked on a transportation project with the Sonoran University Center for Excellence in Developmental Disabilities to develop a model of transportation that could take advantage of existing resources. Nogales, Arizona was selected as the site of the project, and in 2012, several steps were taken to achieve effective community organization aimed at marshaling resources and the development of linkages between community members, consumers and public officials.

Emergency Preparedness

To enhance the levels of preparedness in emergencies, the ADDPC developed a collaboration with a community non-profit organization known as *Dads 4 Special Kids*. Led by a Scottsdale firefighter and parent of a young adult with a developmental disability, the organization provided free training to consumers living independently and in group settings to enhance their knowledge of how to respond to emergency situations and minimize injury and the loss of life.

Arizona Tribal Relationships

- **Hopi Disability Advocacy Group** – On a monthly basis, ADDPC participated in meetings held in Kykotsmovi and provided assistance with formation of bylaws, mentoring, and organizational development.

- **Hopi 17th Annual Special Needs Activity Day** – ADDPC served on the planning committee, sponsored printed and collateral materials and presented resources and information during the event.

- **Salt River Pima Maricopa Indian Community** – ADDPC participated in 2 special events for the developmental disability community and exhibited at the Salt River Pima Maricopa 5th Annual Disabilities Conference.

- **Fort Mohave** – ADDPC presented *Supporting Persons with Developmental Disabilities During an Emergency* at the InterTribal Leadership Conference hosted by the Fort Mohave Indian Tribe.

- **Arizona Native American Quarterly Vocational Rehabilitation Directors Meeting** – ADDPC provided information on employment initiatives for Arizona Tribal Vocational Rehabilitation representatives at the Salt River Pima Maricopa Indian Community.

- **2-Day Grant Writing Workshop in Flagstaff for Northern Arizona and Tribal Communities** – This program was designed to support potential grantees interested in applying for funding from ADDPC. The free Workshop provided hands-on instruction and individual/small group support, offered in a computer lab setting. Representatives from the Hopi and White Mountain Apache Tribe participated.

- **Native American Disability Law Center** – This project centered on providing the Hopi and Navajo tribes with detailed information on public housing while advocating for development of more accessible processes so that persons with developmental disabilities and their families could actively participate in fully utilizing public housing resources.

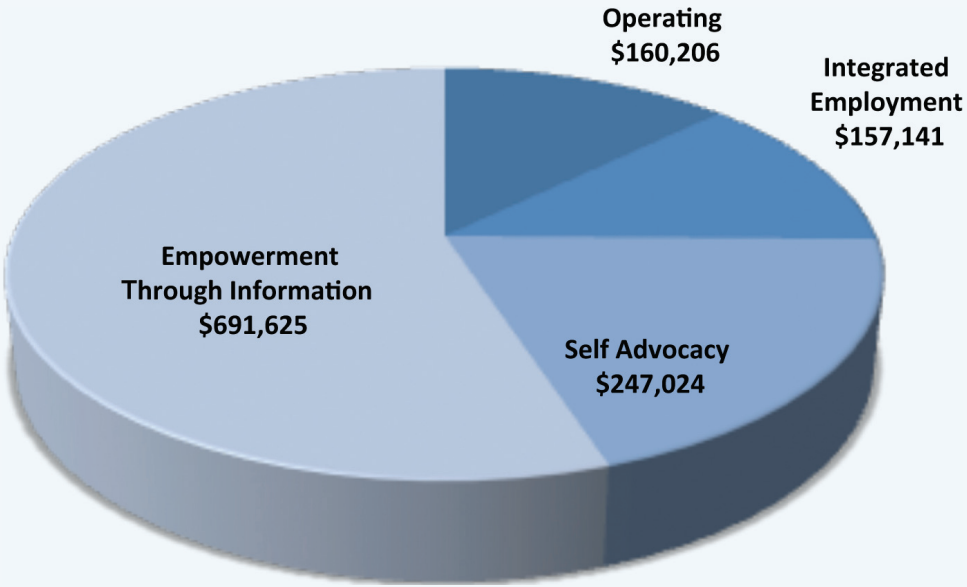
Financial Report

2012 Fiscal Summary

October 2011-September 2012

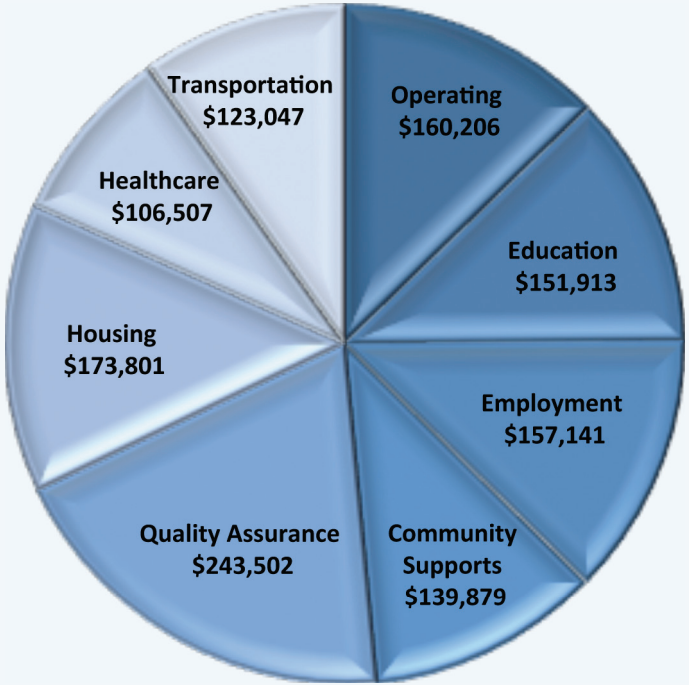
The Council was awarded $1,476,807 for fiscal year 2012. There were federal expenditures of $1,255,996, with the remaining funds to be spent in future years.

Federal 2012 Expenditures per Goal Area



Federal 2012 Expenditures per Area of Emphasis

The Council was able to address many of the areas of emphasis as part of the three goals that have been established under the 2012-2016 State Plan.



Mission & Values of the ADDPC

In 2012 the ADDPC brought together its values and core principles to move forward in the mission to bring opportunity for change. In the three areas of focus – Self-Advocacy, Integrated Employment and Empowerment Through Information, the ADDPC took steps to align its activities with its philosophical foundation to ensure continuity in all projects. This foundation acts as a roadmap and includes several important beliefs:

- A belief in full inclusion of persons with developmental disabilities in all aspects of community life, including but not limited to self-determination, quality of life, access to services, connections to human interactions that make life meaningful, and the opportunity to advocate for one's self;
- A belief in understanding the importance of diversity and embracing the investment of time and resources that manifest diversity in all facets of life;
- A belief that the ADDPC is accountable to persons with developmental disabilities, their families and stakeholders, and the importance of orienting our work to fulfill expectations and needs that are expressed;
- A belief that collaboration and unity - "One Community Working Together" – can lead to the outcomes of full inclusion and participation of persons with developmental disabilities.

Reynaldo Fowler, Arizona Center for Disability Law, Marcella Crane, Staff Member, ADDPC

Arizona Developmental Disabilities Planning Council℠

ADDPC Council Meeting

Council Members

Will Humble
Chairperson
Representative, Arizona Department of Health Services

Karla Phillips
Vice-Chair, Parent/Family Advocate

Lisa Ashton
Parent/Family Advocate

John Black
Representative, AHCCCS/ALTCS

Barbara Brent
Representative, Arizona Department of Economic Security/DDD

Susie Cannata
Parent/Family Advocate

Richard Carroll
Representative, Northern Arizona University

Institute for Human Development

University Center for Excellence in Developmental Disabilities

Leslie Cohen
Representative, University of Arizona

Sonoran University Center for Excellence in Developmental Disabilities

Monica Cooper
Consumer/Self-Advocate

David Copins
Consumer/Self-Advocate

Madeline Corzine
Consumer/Self-Advocate

Dave Cutty
Representative, Non-Government/ Non-Profit Agency

Greg Devorce
Consumer/Self-Advocate

John Eckhardt
Parent/Family Advocate

Joyce Millard-Hoie
Representative, Family Advocacy Organization

William Kirwan
Consumer/Self-Advocate

Sherry Klein
Representative, Arizona Department of Economic Security/DDD

Marv Lamer
Representative, Arizona Department of Education

Tim Martin
Representative, Non-Government/ Non-Profit Organization

Matt McMahon
Parent/Family Advocate

Ray Morris
Parent/Family Advocate

Ed Myers
Representative, Protection & Advocacy, Arizona Center for Disability Law

Charles Ryan
Parent/Family Advocate

Elmer Saufkie
Consumer/Self-Advocate

Rosemarie Strout
Parent/Family Advocate

Tom Uno
Representative, Northern Arizona University

Institute for Human Development

University Center for Excellence in Developmental Disabilities

Melissa Van Hook
Parent/Family Advocate

Rhonda Webb
Consumer/Self-Advocate

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Executive Secretary

Marcella Crane
Contracts Manager

Lani St. Cyr
Fiscal Manager

Michael Leyva
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ONE Community Working Together

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