



Adulthood:

What It Means to Me and My Future

SATURDAY, MARCH 21, 2020

Adulthood means to “act like an adult” and to be part of decisions and activities that involve daily life. It is about planning for today and the future. Making decisions and talking about what is important to the individual with a disability is part of person-centered planning, community life and inclusion.

Who Should Come:

Youth and young adults (ages 14 and above) with intellectual and developmental disabilities, family members, professionals and other people who support the youth/young adult coming to the workshop.

8:30 am to 5:30 pm

The University of Arizona Health Sciences Health Sciences Innovation Building (HSIB), Room 305/306
1670 E Drachman, Tucson, AZ 85721

Cost:

Youth and Young Adults: Free
Family and Caregivers: \$10
Professionals: \$25

Travel scholarships are available for youth/young adults and family/caregivers.

Register by March 14:

<https://tinyurl.com/Adulthood2020>

Contact:

Melissa Kushner
melissakushner@email.arizona.edu
520-603-3051



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